



Council Meeting
June 6, 2023
Google Meet
Virtual Meeting

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UDDC Member Expectations

Welcome to the meeting today! We expect UDDC members to:

1. Feel safe to share.
2. Ask questions. Chances are good that someone else has a similar question.
3. Make comments.
4. Avoid acronyms. If you need to use one, say the words the letters represent before using it.

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Agenda Item 1

Welcome and introductions

- Public Meeting Address by UDDC Chair, Bryn Peterson
 - Member Introductions
 1. Tell us your name
 2. What is your membership role?
 3. In 3 sentences, why did you decide to serve on the Council?
 4. Interesting Fact about you: (suggestions could be: a hobby, vacation spot, talent, favorite movie)

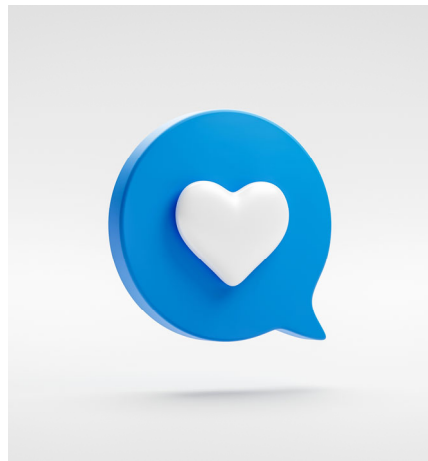


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Agenda Item 2

Public Comment

- Call for public comment



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3. Review and Approval of Minutes

Approve April 2023 Minutes

1. Call for discussion about April 2023 Meeting Minutes
2. Call for a motion to approve the minutes
3. Members **VOTE** 🗳️ to approve the minutes.



The minutes look like this.



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4. VOTE – Nominating Committee Recommendations

Member Nominating Committee

Reappointments for 2nd Term:

- Stephanie Hill
- Courtney Edgington
- Matthew Huskinson

New member appointment recommendations:

- Mindy Rivera
- Roger Downing
- Brady Hakes



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5. Committee Reports

Each Committee will share its Integrated Supports Star. Council members will add to each star after each committee presents.

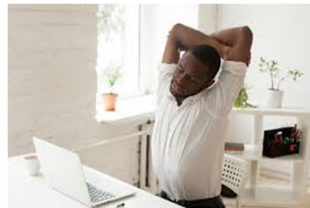
1. Health and Safety Committee
Council answers – what can you add to the star?
2. Leadership and Advocacy Committee
Council answers – what can you add to the star?
3. Transportation
Council answers – what can you add to the star?
4. Community Access and Supports
Council answers – what can you add to the star?

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6. Stand Up and Stretch!

Break:

Please return in 10 minutes.



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7. Mindful Moment

Practicing Forgiveness

- Mindful Moment

Mindful Moment: Practicing Forgiveness

A big part of being mindful is learning to let go. A good way to practice is by forgiving yourself when you make a mistake, either big or small.

Acknowledge the mistake and think about what you can do better in the future to prevent that mistake from happening again. Now forgive yourself for making the mistake and let it go. No matter how hard you try, you cannot change the past, but you can learn and change for the future.

Now think of a mistake you have made, recently or a long time ago, big or small. Ask yourself what you can do better next time. Make peace with that mistake and tell yourself it's ok and you know how to do better next time.



The Mindful Moment looks like this.



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8 & 9. Break Out Conversations and Recap

Talk about Council activities in small groups. We will regroup after to share.

1. Chose a room
 - a) The future of Council meetings
 - b) "Beefing up" Programs and Processes
 - c) Possible Activities

In each room, please choose a note-taker and a reporter.



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10. Civic Engagement

Guest Speaker: Sondra Cosgrove

History Professor College of Southern Nevada, and Executive Director Vote Nevada

1. Council members will share outcomes they would like to achieve through civic engagement. Sample thoughts;
 - pass new laws
 - ensure existing laws are fully and faithfully implemented
2. Sondra will guide members through a mapping activity.

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11. Council Culture Activity

Organizational culture is the collection of values, expectations, and practices.

Our culture is what we care about, what we do, and how we do it.

1. What is our organizational culture now?
2. Questions to discuss as a group
 1. What do we like and not like about our current culture?
 2. Was there a time you felt confused about your organization's vision and goals?
 3. Was there ever a time when you felt disconnected from our organization's mission?
 4. What makes UDDC's work meaningful to you?
 5. Do you believe that UDDC is achieving its goals and objectives? Why or why not?

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12. Stand Up and Stretch!

Break:

Please return in 10 minutes.



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13. Advocacy, Leadership, and Policy Success Presentation

1. Staff, volunteers, and participants will give an overview of the first three years of the ALPS program.
2. After the presentation, UDDC members will have the opportunity to make comments and ask questions.

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