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## UDDC Member Expectations

**Welcome to the meeting today! We expect UDDC members to:**

1. Feel safe to share.
2. Ask questions. Chances are good that someone else has a similar question.
3. Make comments.
4. Avoid acronyms. If you need to use one, say the words the letters represent before using it.

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## Agenda Item 1

### **Welcome and introductions**

- Public Meeting Address by UDDC Chair, Bryn Peterson
    - Member Introductions
      - Glen Larsen
      - Adina Zahradnikova
      - Bryn Peterson
      - James Steed
      - Lisa Wade
      - Stephanie Roach
      - Krissie Summerhays
      - Amy Nance
      - Sharon Cook
1. Tell us your name
  2. What is your membership role?
  3. In 3 sentences, why did you decide to serve on the Council?
  4. Interesting Fact about you: (suggestions could be: a hobby, vacation spot, talent, favorite movie)



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## Agenda Item 2

### **Public Comment**

- Call for public comment



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### 3. Review and Approval of Minutes

#### Approve January 2023 Minutes

1. Call for discussion about January 2023 Meeting Minutes
2. Call for a motion to approve the minutes
3. Members **VOTE** 🗳️ to approve the minutes.



The minutes look like this.



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### 4. Call for Volunteers

#### Member Nominating Committee Volunteers

- Volunteers will:
  - Review UDDC member applications
  - Interview member applicants
  - Meet as a committee to make membership recommendations



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## 5. Call for Volunteers

### **Advocacy Award Planning Committee Volunteers**

Volunteers will:

- Draft a plan to acknowledge advocates
- Present the plan to the UDDC Executive Committee in May



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## 6. Committee Reports

### **Health and Safety Committee**

1. Health Agenda Items-

- a. .
- b. .
- c. .

2. Questions/comments?

Acronyms:



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## 6. Committee Reports

### **Leadership and Advocacy**

1. Health Agenda Items-

- a. .
- b. .
- c. .

2. Questions/comments?

Acronyms:



## 6. Committee Reports

### **Transportation**

1. Health Agenda Items-

- a. .
- b. .
- c. .

2. Questions/comments?

Acronyms:



## 6. Committee Reports

### Community Access and Supports

1. Health Agenda Items-

- a. .
- b. .
- c. .

2. Questions/comments?

Acronyms:

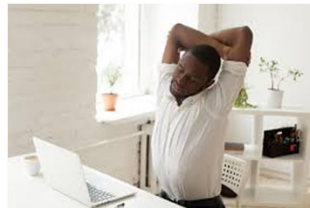


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## 7. Stand Up and Stretch!

### Break:

Please return in 10 minutes.

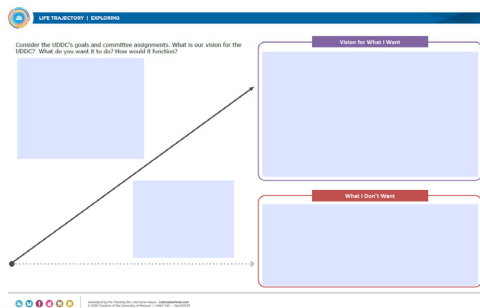


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## 8. Council Trajectory

### Talk about Council Direction and Priorities.

1. Bryn and Lisa will explain the Trajectory planning tool.
2. After the explanation, UDDC members will create a trajectory for the Council.



The trajectory looks like this.



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## 9. Break Out Conversations

### Talk about Council Direction and Priorities.

1. Chose a room
  - a) Advocacy Award planning
  - b) Connecting with more people with lived experience
  - c) Activities to try based on the trajectory vision
  - d) Ideas to support "struggling activities"

In each room, please choose a note-taker who will write down notes to send to UDDC staff.



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## 10. Mindful Moment

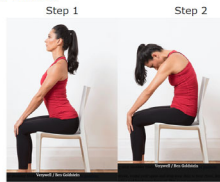
### Chair Yoga

- Mindful Moment

#### Mindful Moment: Chair Yoga

Find a chair that has no arms, and your feet can comfortably rest flat on the floor. Follow the picture guides below to stretch in your chair. Hold each pose for 30-60 seconds.

#### Chair Cat-Cow Stretch



The Mindful Moment looks like this.

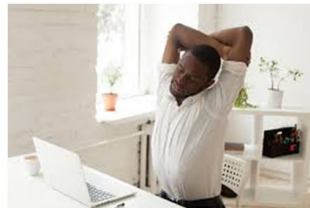


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## 11. Stand Up and Stretch!

### Break:

Please return in 5 minutes.



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## 12. University of Utah Rural Health Project Conclusion

1. Dr. Gretchen Case and Jennifer Monson will share their progress on a program that the UDDC gave money to support.
2. After the presentation, UDDC members will have the opportunity to make comments and ask questions.




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## 13. Budget and Expenditure Report

### Review FFY2023 Budget

1. Review UDDC budget actuals (what we've spent from the money we have available this year) Review the Budget for next year.
2. Review the contracts and grants we are funding.
3. Council members can ask questions and make comments.



Category	FFY23 Budget (\$44,617)	FFY23 Actual (\$44,617)	Approved Budget	Expenditures to Date	Remaining to be Expended	% of Budget to Actual
<b>Sub 1</b>	<b>\$44,617</b>	<b>\$44,617</b>	<b>\$44,617</b>	<b>\$44,617</b>	<b>\$0</b>	<b>100%</b>
Personnel	\$10,000	\$10,000	\$10,000	\$10,000	\$0	100%
Travel	\$5,000	\$5,000	\$5,000	\$5,000	\$0	100%
Contractual	\$15,000	\$15,000	\$15,000	\$15,000	\$0	100%
Equipment	\$10,000	\$10,000	\$10,000	\$10,000	\$0	100%
Materials	\$4,617	\$4,617	\$4,617	\$4,617	\$0	100%
Other	\$0	\$0	\$0	\$0	\$0	0%
<b>Sub 2</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>0%</b>
Personnel	\$0	\$0	\$0	\$0	\$0	0%
Travel	\$0	\$0	\$0	\$0	\$0	0%
Contractual	\$0	\$0	\$0	\$0	\$0	0%
Equipment	\$0	\$0	\$0	\$0	\$0	0%
Materials	\$0	\$0	\$0	\$0	\$0	0%
Other	\$0	\$0	\$0	\$0	\$0	0%
<b>Sub 3</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>0%</b>
Personnel	\$0	\$0	\$0	\$0	\$0	0%
Travel	\$0	\$0	\$0	\$0	\$0	0%
Contractual	\$0	\$0	\$0	\$0	\$0	0%
Equipment	\$0	\$0	\$0	\$0	\$0	0%
Materials	\$0	\$0	\$0	\$0	\$0	0%
Other	\$0	\$0	\$0	\$0	\$0	0%
<b>Total</b>	<b>\$44,617</b>	<b>\$44,617</b>	<b>\$44,617</b>	<b>\$44,617</b>	<b>\$0</b>	<b>100%</b>

The Budget documents looks like this.



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## 14. 2023 Utah Legislative Session Recap

1. Mary will give a brief overview of the session outcomes related to UDDC's priorities we set before the session began.
2. After the presentation, UDDC members will have the opportunity to make comments and ask questions.
3. UDDC members will say if they would like to attend meetings with their congress members.



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## 15. Executive Director Report

1. Libby will share highlights from the last quarter.
2. After the presentation, UDDC members will have the opportunity to make comments and ask questions.



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## 16. Close the Meeting

1. UDDC Members will **VOTE** 🗳️ to close the January meeting.

