

Health & Wellness Committee Established Duties

- Review of Research and Programs
- Creation of Strategy Recommendations to Address Barriers
- Prepare and Present a Formal Annual Report
- Carry out City-approved Programs and Initiatives

Health & Wellness Committee Established Duties

- Review of Research and Programs Related to:
 - Physical and Mental Health
 - Emergency Preparedness
 - Personal Wellness
 - Food and Housing Access Issues
 - Addiction Issues
 - Any Other Public Health and General Welfare Issues

Health & Wellness Committee

Possible Goals

Physical and Mental Health

- 1) Complete an inventory of existing City open space, parks, outdoor assets (Hatch Park, mountain trails, A.T.)
- 2) Conduct 4 classes a year (CTC)
- 3) Complete inventory of school safe walking routes, trails and pathways

Health & Wellness Committee

Possible Goals

Emergency Preparedness

- 1) Social media outreach 4 times per year related to emergency preparedness and 3 times per year related to CERT training or as often as needed to educate residents about CERT training opportunities.

Health & Wellness Committee

Possible Goals

Personal Wellness

- 1) Once per quarter prepare a newsletter spotlight on an outdoor amenity available to residents.
- 2) Issue letters of support and encouragement to the Parks, Trails, Arts & Recreation Advisory Board; Planning Commission, and City Council related to the provision of personal wellness amenities and activities in the City.
- 3) Combine a Committee activity with the City's Night Out Against Crime.
- 4) Completion of the Wellness Survey by Utah State University.

Health & Wellness Committee

Possible Goals

Food & Housing Access

- 1) Provide letters of support and encouragement to the City Council, Youth City Council, City staff and the PTAR Board for the creation of events such as food drives and support of existing food pantries.

Health & Wellness Committee

Possible Goals

Addiction

- 1) Creation of a resource document with links to be placed on the City's website related to addiction recovery resources as well as including addiction recovery materials in the Night Out Against Crime event.

Health & Wellness Committee

Ethical Behavior Policy

1(a): Transactions or activities which appear to create impairment of judgment.

1(b): Having a financial interest in any matter related to duties held by the individual.

1(c): Transactions with parties or firms where a relationship exists (in the prior 12 months).

1(d): Having a financial interest in any contract or transaction.

Health & Wellness Committee Reimbursements

General Process:

Get approval in advance (Ken or Wendy Page)

Make expenditure

Submit a receipt to Ken or Wendy