

2014 - 2018
Davis County
Community Health Improvement Plan

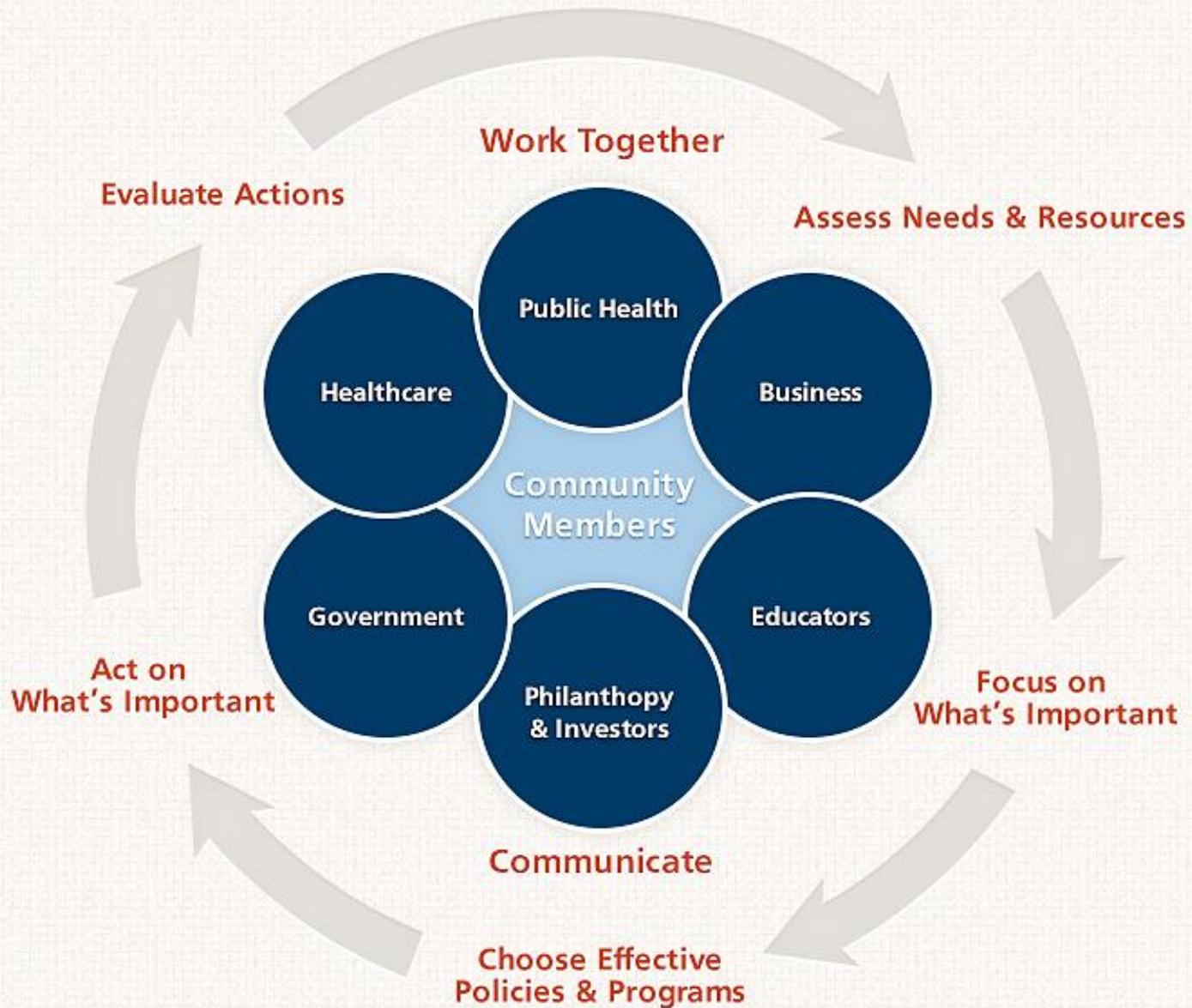


Davis
COUNTY

Connects.You.

**Your Community.
Your Health.
Your Voice.**

TAKE ACTION



2013

Community Health Improvement Plan Davis County, Utah

CHIP

- Identify Davis County's health improvement priorities
- Mobilize partners to address the priorities
- Community-wide health improvement strategic plan that represents plan for whole community and not a single agency



Your Community.

Your Health.

Your Voice.

ESSENTIAL INGREDIENTS

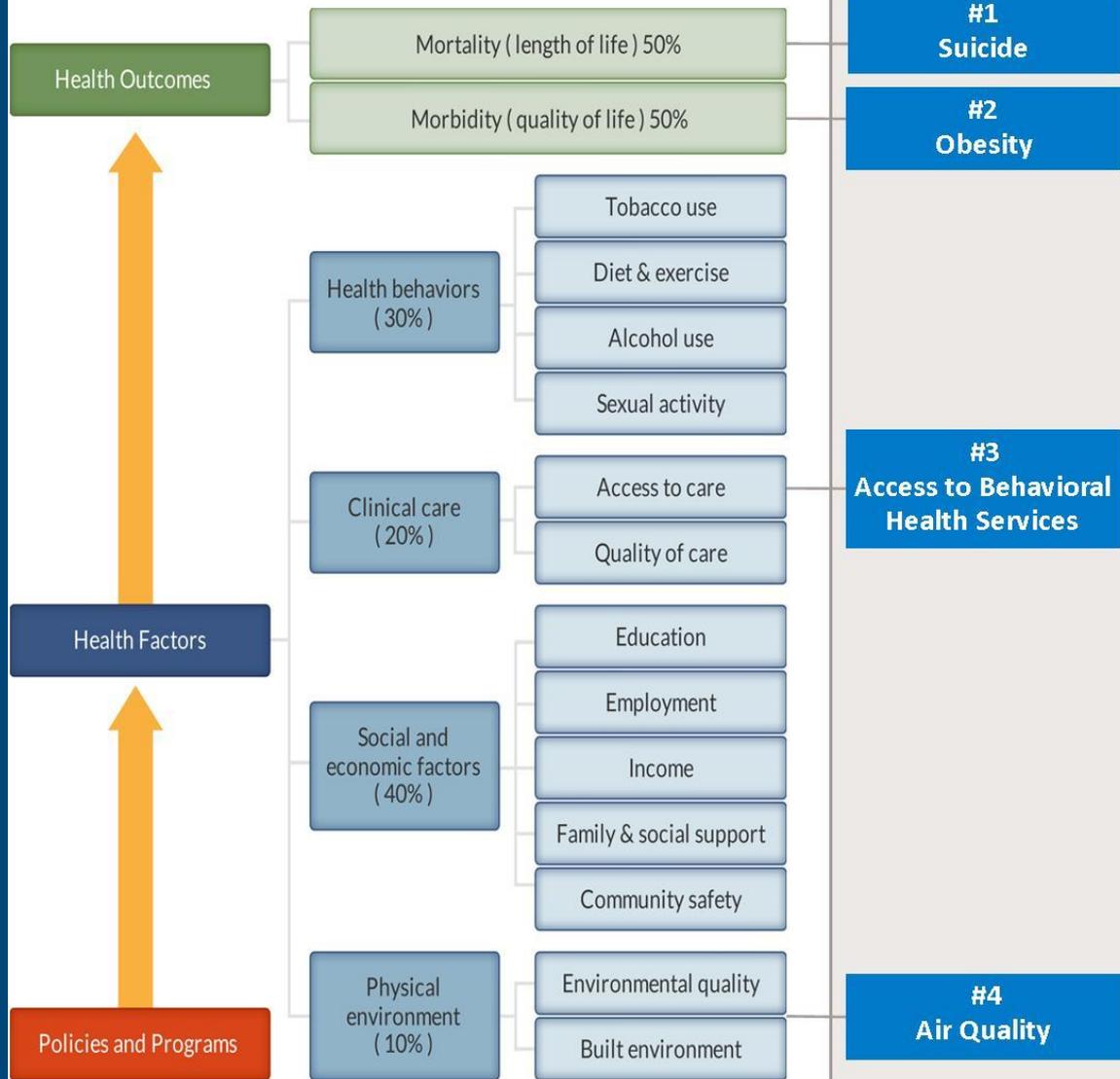
- ⦿ **Priorities & strategies based upon the findings of the community health assessment**
- ⦿ **Community driven, significant involvement from a broad set of stakeholders, partners from a variety of community agencies**



CHA TO CHIP PRIORITIES

Community Health Improvement Plan Priorities

County Health Rankings Model



COMMUNITY HEALTH IMPROVEMENT PLAN

- ⦿ **Process/methods**
- ⦿ **Brief justification for why issue is a priority**
- ⦿ **Resources (local, state & national strategic plans, guiding principles, best practices & evidence based interventions)**
- ⦿ **Assets (partners, grants, all ready existing local programs)**
- ⦿ **Strategies, Goals, Short & Long-term Outcomes**
- ⦿ **Individuals & organizations that have accepted responsibility for implementation**
- ⦿ **Logic Model (pages 76-79)**
- ⦿ **Legislative Priorities**

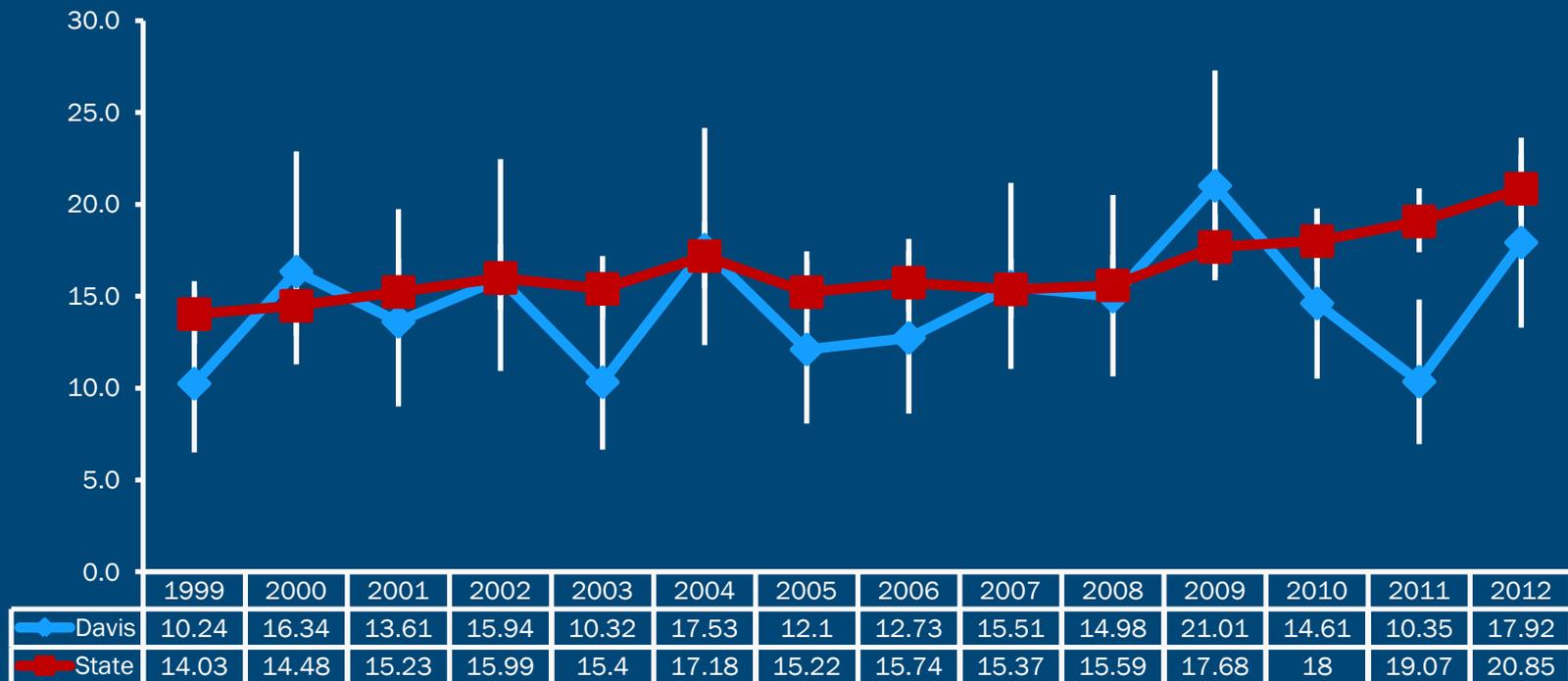
SUICIDE ACTION GROUP



OUTCOME GOAL

Reduce suicide deaths in Davis County from 14.3 deaths per 100,000 to 10.2* deaths per 100,000 by the year 2020. (*National Healthy People 2020 Target)

Rate of Suicides per 100,000 population by Year, Davis County & Utah, 1999-2012



SUICIDE PREVENTION PLAN

- ◎ **Promote public awareness that suicide is a preventable public health problem**
- ◎ **Improve the ability of service providers to support individuals who are at risk**
- ◎ **Youth suicide prevention programs**
- ◎ **Prevention programs/resources to support adults, members of the workforce & families who are at risk**
- ◎ **Davis County survivor support group**
- ◎ **Decrease the risk of suicides by reducing access to lethal means**

SUICIDE LEGISLATIVE PRIORITIES

- ◎ Family Educational Rights and Privacy Act - FERPA (Ensure it allows for school counselors/personnel to ask about mental health, suicide risk, depression/anxiety screening, etc.)
- ◎ Anonymous state tip line (safe to tell about bullying, suicide)
- ◎ Safe storage of fire arms

PROGRESS

- ◎ **2 Suicide Survivor Support Groups in Davis County**
- ◎ **QPR Presentation & Instructor Training**
- ◎ **C-SSRS Training**
- ◎ **Mental Health First Aid Training**
- ◎ **Hope Squad Training**
- ◎ **Layton Town Hall Meeting, Tuesday, February 25th, Northridge High**

OBESITY ACTION GROUP



OUTCOME GOAL

Prevent and reduce obesity in Davis County through environments, policies, and programs that support everyday physical activity and healthy eating choices.

OBESITY

- ◎ **Physical activity (physical activity in schools, active transportation)**
- ◎ **Access to healthy foods (community supported agriculture, school & community gardens, summer recreation programs, land use policies, healthy family meals)**
- ◎ **Resources to support physical activity & health eating (resource locator, social media, healthcare provider outreach)**
- ◎ **Comprehensive worksite wellness programs**

OBESITY LEGISLATIVE PRIORITIES

- ⦿ Physical activity in schools (SPARK program piloted in DSD)
- ⦿ Land use policies supporting community agriculture & farms

PROGRESS

- ◎ **Kaysville City community gardens, partnership with Autumn Glow Senior Activity Center & Borski Farms**
- ◎ **Community-supported Agriculture promotion**
- ◎ **School garden approval from DSD maintenance**
- ◎ **Safe routes to school available on school websites**

ACCESS TO BHS ACTION GROUP



OUTCOME GOAL

Increase access to behavioral health services in Davis County through promotion of existing resources, new screening and referral tools, increasing effective prevention programs, and better trained helping professionals.

ACCESS TO BEHAVIORAL HEALTH SERVICES

- ◎ Identify a network of Davis County behavioral health providers
- ◎ Use of behavioral health referral tools
- ◎ Behavioral health providers & other helping professionals utilize depression/anxiety screening tools
- ◎ Community education programs to: reduce behavioral health stigma; help the community identify, understand & respond to signs of mental illnesses & substance use disorders; and help the community cope with stress & chronic disease

ACCESS TO BEHAVIORAL HEALTH SERVICES LEGISLATIVE PRIORITIES

- ◎ **Continued early intervention funding for behavioral health professionals providing services in schools & in homes**
- ◎ **Funding to provide behavioral health services to unfunded individuals**

PROGRESS

- ⦿ Obtained list of mental health providers
- ⦿ Mental Health First Aid training
- ⦿ Mindfulness-based Stress Reduction trainers & classes
- ⦿ Partnership with “Help Yourself. Help Others.” campaign, depression/anxiety screening <http://www.helpyourselfhelpothers.org>

Help Yourself. Help Others.

Everyone experiences stress, sadness and anxiety from time to time - it's part of life.

If you are feeling overwhelmed, depressed, or unable to do the things you once enjoyed, it may be time to assess your emotional health. If you are concerned about yourself or someone you love, take a few minutes to complete an anonymous self-assessment.

[College Students >](#)

[Military & Their Families >](#)

[Members of the Public >](#)

AIR QUALITY ACTION GROUP



OUTCOME GOAL

Increase understanding of air quality conditions throughout Davis County and ensure the public is aware of air pollution issues so that better informed citizens, businesses, and government agencies choose behaviors and policies which result in reduced air pollution and improved air quality.

AIR QUALITY

- ◎ Improve & increase air monitoring
- ◎ Encourage & support active transportation (walking-bicycling) & use of public transportation
- ◎ Community education campaign to inform students, employees & residents about lifestyle & behavior choices that reduce air pollution

AIR QUALITY LEGISLATIVE PRIORITIES

- ⦿ Viewmont air monitoring station to provide real time results available to public online
- ⦿ Additional regulatory air monitoring station in the south end of the county
- ⦿ Emission testing programs for diesel vehicles (not just in Davis County)
- ⦿ Transit pass incentive programs

PROGRESS

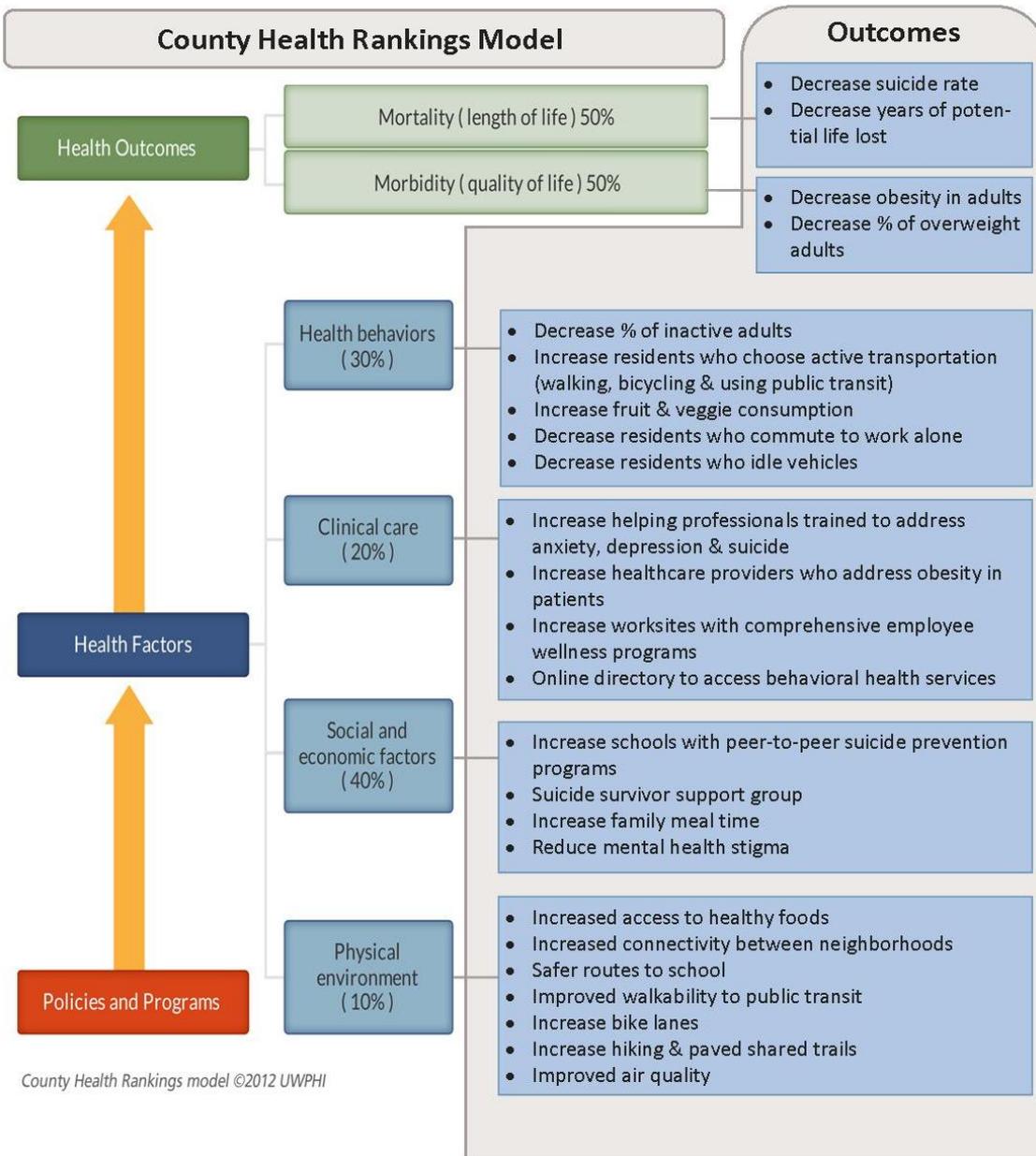
- ◎ Obtained **12** portable air monitors for measuring PM to be placed throughout the county
- ◎ Partnership with school district for placement of air monitors

4 PLANS WORK TOGETHER

- ◎ Reduce mental health stigma & provide more mental/emotional health resources (suicide & behavioral health)
- ◎ Improved walking & biking trails/active transportation (obesity & air quality)
- ◎ Regular physical activity (obesity & behavioral health)
- ◎ Healthy family meals (obesity, suicide, behavioral health)
- ◎ Comprehensive worksite wellness programs/policies. (All)

CHA TO CHIP OUTCOMES

Community Health Improvement Plan Measureable Outcomes & Other Expected Results



CHIP NEXT STEPS

- ◎ BOH Support Letter
- ◎ Available Online
- ◎ CHIP Kick-off Celebration

February 27 @ 3:00pm

North Davis Senior Activity Center, Clearfield