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MINUTES

Five County Caregiver Advisory Council
November 18, 2013
Cedar City UT 84721
1:00 PM

Those in Attendance:

Christine Holliday	Washington County Council on Aging, Chair
Pam McMullin	Beaver County Council on Aging
Connie Lloyd	Iron County Council on Aging
Fayann Christensen	Kane County Council on Aging
Donna Chynoweth	Garfield County Council of Aging
Teena Pitman	Garfield County
Anita Stiens	Alzheimer's Association
LuAnn Lundquist	Alzheimer's and Dementia Society
Nancy Lake	Iron County
Raymond Johnson	Iron County
Tracy HeavyRunner	Five County Case Management Coordinator

Excused:

Andy Rider	A Gentle Touch
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Staff Support:

Carrie Schonlaw	AAA Director, Five County AOG
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Welcome & Introductions

Ms Christine Holliday, Chair, welcomed those in attendance to the meeting and introductions of new members to the council were made

Approval of Minutes

Ms Christine Holliday, Chair requested motion to accept the minutes for the August 27, 2013 meeting

MOTION TO APPROVE MINUTES OF THE AUGUST 27, 2013 MEETING MADE BY MS. DONNA CHYNOWETH. MOTION SECONDED BY CONNIE LLOYD. MOTION CARRIED UNANIMOUSLY.

Attempted to Record meeting and recorder did not work.

Legislative Updates

Carrie Schonlaw discussed that the Furlough is over and there were no immediate effects to the aging programs. Discussed that the State of Utah Division of Aging has outlined their legislative priorities, which include: \$300,000 in meal money, An increase in staff for Adult Protective Services and provider Rate increases. U4A priorities are \$400,00 in ongoing funds for nutrition and \$200,000 in Caregiver

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funds. The Caregiver funds would include a request for the \$100,000 in one time funding from FY 13 be allocated as ongoing and an additional \$100,00 in funding. Carrie Schonlaw handed out Infograms which outline the U4A requests to be used in advocating for funding with local legislators and raising community support for these legislative issues.

February 13, 2014 is senior day at the legislature. If a committee member would like to attend, let Carrie Schonlaw or Tracy HeavyRunner know to arrange for count and transportation. The Aging Advisory council has agreed to send two from each county.

Client satisfaction Survey

Reviewed survey data which is similar prior year results.

Alzheimer's Association

Anita Stein thanked Connie Lloyd for allowing her to present at the Cedar City Senior Center. Stated her priority is to get out to the rural community and offer education. She has a combined speaker bureau with Teri Koenig of IHC Gateway to wellness. Anita and Teri are willing to go to all the Counties. Carrie Schonlaw is to forward County Senior Center Coordinators information to Anita.

Anita discussed her in-home visits by senior companions and that her grant would be ending and wanted to discuss if Five County could pick up those clients. Discussed that they would need to apply for services and be placed on the waiting list based on need and risk score.

Reported the Dr. John "Keoni" Kauwe, of BYU is the Keynote speaker at the May Senior Conference.

Alzheimer and Dementia Society.

LuAnn Lundquist reported about her Memory classes and that the one in Cedar will be starting soon. The class is low cost and is for those with moderate stage dementia. They would need to be able to complete own self care (toileting). The program is not an adult day care. Reported this could be an easy model to expand to rural counties. And that testing with the Mini Mental exam is showing improved cognitive capacity of those attending. Gave her phone Number to County directors (435)668-2967

Discussed they are still waiting on her tax exempt number from the IRS and that Support Your Local Grandparent fund raiser was a success

Options Counseling:

Carrie Schonlaw reported that the trial stages for the program have begun. The program is intended for supporting long term care decision for the elderly and disabled, this can also include caregivers. This is a self-directed model which provides individuals choices to help them make informed decisions regarding their long term care needs. It is meant as a temporary service.

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OutReach:

For the *Making the Link* packets need more hand outs from Dementia and Alzheimer's society. Council members are giving them to various doctors' office in the five County areas.

Support Groups:

Five Counties is continuing the training and education portions at 3 sites.

- Hurricane Rehabilitation Center – 3rd Tuesday of each month at 2pm.
- Cedar City – Emerald Point 2nd Friday of each month at 1pm.
- St. George – Cliff View 2nd Thursday of each month at 1pm.

Guardian Summit :

Carrie reported that a summit was held by an interdisciplinary group to address guardianship concerns and improve the process for individuals needed to obtain guardianship in Utah. Agencies, Court systems, religious leaders, physicians and attorneys were represented. They had five different scenarios of why guardianship is needed presented by caregivers and family members. Then they had breakout sessions where strategic planning took place in how best to improve the system and make it easier and more accessible for the future. The WINGS- interdisciplinary group- will be holding additional meetings as needed and following up on the action items.

State Caregiver Coalition:

The new U-care Modules are almost completed. They have removed the Red Cross training modules from the old U-care and developed new ones. The State Caregiver Coalition is planning to hold a train the trainer event in the next few months and distribute new packets.

Tele-health Project Update

Carrie reported that she and Tracy HeavyRunner met with Dr. Foster, Dr. Martin Freimer and Lou Theurer from the U of U regarding this project in St. George on October 31st. This Tele-health Project is intended to provide access to diagnosis, and specialized geriatric psychiatric support to Individuals with ADRD and their caregivers in rural areas of the state where these specialized services are not available. Dr. Freimer is the only geriatric psychiatrist in Utah. Dr. Foster is looking at working with the local Community Health Center and their medical staff in St. George and also met with them during their visit to St. George. It was reported that arrangements have also been made for Dr. Foster to Present at the Utah State Caregiver Coalition in December. Dr. Foster has written ***The High Quality Dementia Care Act*** which he is hoping to get passed in this year's legislative session. He is hoping to create a public and private partnership with some funding from the state of Utah to help support the program. Tracy has also contacted Representative Evan Vickers of Cedar City and has requested a meeting to discuss dementia issues in rural counties and hopefully gain support for the Dementia Care act.

The Meeting adjourned at 3:05pm. Next meeting will be held February 25th at the St. George office. Any agenda items can be emailed to Ms. Carrie Schonlaw.