

**MINUTES  
DISTRICT V  
AGING & NUTRITION SERVICES ADVISORY COUNCIL  
July 26th, 2022  
IN PERSON PANGUITCH SENIOR CENTER**

**MEMBERS IN ATTENDANCE**

Sondra Akins  
Sharon Bowman  
Nancy Ford  
Wallace Gibson (Chair)  
Cindy Turnquist  
Lois Bulloch  
Arlen Grimshaw  
Earl Paddock  
Clem Griffin  
Joyce Griffin  
Ramona Sorenson  
Judy Henrie  
Jim Sly  
Carma Sly  
Carla Roach  
Verlin Roach  
Lauren Willie (Community- At Large)

Washington County Advisory  
Washington County Advisory  
Kane County Advisory  
Kane County Advisory  
Kane County Advisory  
Iron County Advisory  
Iron County Advisory  
Iron County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Beaver County Advisory  
Beaver County Advisory  
Beaver County Advisory  
Beaver County Advisory  
Alzheimer's Association

**MEMBERS NOT IN ATTENDANCE**

Connie Ball  
Carol Sullivan  
Wynona Henderson  
Vickie Peters  
Ron Lehm  
Robert Rasmussen  
Sharon Griffiths  
Karr Farnsworth  
Pam McMullin  
Pauline Prince

Kane County Advisory  
Kane County Advisory  
Garfield County Advisory  
Washington County Advisory  
Washington County Advisory  
Iron County Advisory  
Beaver County Advisory  
Washington County Advisory  
Beaver County Advisory  
Garfield County Advisory

**OTHERS IN ATTENDANCE**

Carrie Schonlaw  
Jacob Browing  
Curtis Crawford  
Donna Chynoweth  
Sheila Shotwell  
Jerica Bauer  
Mary Giffard  
Kelly Reeder  
Sasha Haycook

Five County Association of Governments  
Washington County Coordinator  
Iron County Coordinator  
Garfield County Coordinator  
Beaver County Coordinator  
Kane County Coordinator  
Five County Association of Governments  
Five County Association of Governments  
Garfield County

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JULY 26, 2022  
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**I. Welcome & introductions**

Wallace Gibson welcomed everyone. Was happy to see all those who could make it in person. Wallace checked to see who had joined us via Zoom and welcomed. Everyone went around the room and introduced their selves.

**II. Minutes of previous meeting**

Given by Carrie Schonlaw on behalf of Sharon Bowman was excused for the previous meeting. Wallace asked if everyone had received the minutes from the last meeting (April 26<sup>th</sup>, 2022) and if there were any comments or changes. It was noted that Judy Henrie was on Zoom for the April meeting.

Motion made by Clem Griffin to accept the minutes for April 26, 2022

Joyce Griffin seconded motion. Motion carried unanimously.

**III. LOCAL SHARING: County Coordinators**

**Beaver county- Sheila Shotwell**

Sheila wanted to thank five counties for the funds for equipment. The 4H has been using the Beaver bus a lot lately. They are getting closer to getting the grant for the new bus. Rebecca from UDOT reached out and stated they are working on finalizing the grant and funds. They are trying to plan a trip to the Shakespearian Festival in Cedar for the seniors in the County to go. Hopefully, they will have the new bus for that trip. Staff including Sheila are continuing to run errands for some of the seniors in the county. The Beaver Senior Center is serving about 85 meals each day and have had around 16-18 people coming to the center for congregate meals. Those who come to Beaver for the Summer has increased the numbers. Bingo and cards are going well. The Civil Arts group has had a few plays and put on dress rehearsals just for the seniors. The Excellence in Concert group came down from SLC to Beaver and also put on a couple of concerts. One was in Milford at the High School and the other two were in Beaver.

One of the concerts was held just for the seniors in the county at the senior center. It was a great concert and the seniors had so much fun. They plan to have them come again. The Milford Senior center is delivering around 48-55 meals and congregate meals are around 8-10. Some of the seniors that come out to eat play pool before the meals are served on most days. They were informed that COVID is impacting Milford again and that could have something to do with the small turnout of people for meals. They have BINGO once a month but have stopped playing Bunco due to the lack of interest. Minersville senior center for the MOW's has gone up to around 27-33 meals each day and they still have some congregate meals. They have BINGO once a month. The pool is now open for the summer and some of the seniors have been getting together and going swimming. They are hearing from the seniors that due to the price increase of groceries a lot more are taking advantage of the meal programs.

#### **GARFIELD COUNTY-Donna Chynoweth**

Donna wanted to thank five counties for the funds given to help with food and kitchen needs. The Panguitch center was painted, and they were able to get new flooring, they are doing intake forms and inputting them into the system. They have had another outbreak in COVID which has affected their numbers a bit. The Henryville center is still in process of moving to Tropic. They are still working on the renovations. They continue with walking and exercise classes twice a week and having a great turnout for these classes. One of their cooks has been gone for a few months on another job but they have someone filling in and that is going well. They are glad that we had such a great turn out today.

#### **Kane County-Jerica Bauer**

Home meals are at 85-90 and congregate meals are up to 35-40 people. They have had a remodel in the Kanab center. Thank you to Five Counties! In the Valley center they are working on getting people out of their homes. They are doing bingo every Friday. They have had a few trips out of town. After the re-grand opening numbers have increased.

#### **Washington County- Jacob Browning**

Jacob said he had a good drive here today. They received some good amount of rain and that made them happy. Covid is still on the rise in Washington County. Meal on Wheels is around 500 a day and they believe this is due to the COVID numbers being up. They are doing around

80 congregate in St. George and 60 in Hurricane. Once the weather cools down, they are sure the number will go back up. They are looking into more art activities to offer the seniors. Pickle Ball and pool is going strong in their area. In the Fall months they plan to get more involved in the community garden. It has been a remarkable success so far and they are getting a lot of veggies from the garden. It has been going very well. They have three busses in St. George and one in Hurricane. Enterprise is still using their bus daily.

#### **Iron County- Curtis Crawford**

All the centers are doing very well. Congregate meals are doing well. COVID cases are up in their areas as well. Congregate meals are anywhere from 20-30 meals. They are doing around 200 meals on wheels. The activities are going great! They have a new activities director in Parowan who is doing an excellent job. They have yoga, arts and other fun activities going. They are collaborating close with the Paiute Tribe to get the word out about events at the centers and services. They would like to get the meals on wheels out to them.

#### **IV. LEGISLATIVE & FISCAL UPDATE**

##### **Legislative**

Carrie reported things are moving forward with Legislative to advocate for funding needs. With the workforce challenges and inflationary factors resulting in significant increases in overall costs of everything, from gas to food to equipment. Addressing these issues will be one of the big priorities this year to address funding deficits. Home health and other providers reimbursements have increased, and they will be making requests at the state level to help address these funding concerns. The Alternatives program which helps provide services to help older adults remain at home is seeing provider shortages and increases in provider rates impacting number of clients that can be served. There is also impacts that need to be addressed at the Federal level with increased funding.

##### **Budget**

The ARPA funds will go away in 2024 which will only increase the need for additional funding just to maintain the current level of services. So, we will be looking at strategies to help address these inflationary factors which could result in impacts to the programing include potential for decrease in number of meals that can be provided and potential waiting lists for meals. It is

encouraged that seniors reach out to local leaders to advocate for themselves and express the importance of these services and supports.

Reviewed budgets provided from Carrie who reported overall funding is about the same as last year with funding to the Senior Centers for Supportive services and Nutrition/meals remaining at about the same levels. Here will still be the Carry over funds from last year that will be sent out in a contract amendment from the State at a later date. Carrie discussed the administrative funds which had not been increased in significantly over the past 10-15 years even with increases in caseload, clients, and services with increases workload by existing administrative staff. So, this year adjustments were made to provide some additional funds to support an administrative assistance to better support the programs and give the community the full support that is needed to address the needs of older adults in our Five County region.

Wallace Gibson, Chair, opened up for motion to approve the budget:

Motion to approve the budget was made by: Sharon Bowman 1<sup>st</sup> and Nancy Ford 2<sup>nd</sup> it. All was in Favor and non-opposed.

Carried announced that All Contracts have been sent out and deadline was in the letter attached. She asked that Coordinators please get them back to us with your signatures.

## **V. NUTRITION PROGRAM**

We covered some of this with the sharing above.

## **VI. OTHER BUSINESS**

Carrie introduced the new administrative assistance, Kelly. Kelly will be working with the Senior Centers and in-home staff but Carrie noted they are still mapping out all her duties. Carrie also announced that Tracy HeavyRunner, current HCBC Director, is retiring October 31<sup>st</sup> and they are looking at filling her position soon internally. Once Tracie's position is filled which they anticipate will be from one of the existing case managers then they we will be posting to fill the case manager position. Carrie reported concerned with replacing the CM Position as they have had a tough time finding a qualified case manager in past openings given the degree and licensure requirements. We have struggled a lot in the past few years and with the growth they have been asked to add a number of new clients.

Carrie let everyone know that the Benefit Enrollment Center with Five County AAA can assist low income Medicare Beneficiaries with applying for benefits so please refer people into her. In

addition, our Veterans Benefit specialist and VSO Janeil is very busy helping Veteran's but if you have any veterans, please refer them to Janeil who can help them apply for healthcare and other benefits. There are some programs for caregivers and for spouses and Janeil can help with this as well. Our voluntary programs are going great, but we can always use more volunteers so if you have anyone, please send them our way. If they are low income, they can volunteer and make a small stipend as well as be reimbursement for travel.

Reports on State Board and Annual Plan: Sharon Bowman reported from the State Aging Board- The main thing that came out of the last meeting was the need for more funding. The state board will be having a meeting in St. George to discuss the need and how much stress is being put on the providers and not having the funds and the staff to provide services. Sharon said you only allowed to stay on a board for 8 years, so her time is ending, she has been so happy to have been able to serve. Carrie added that when Sharon's term ends, they will be opening that up and it will be open to the rural area of the State. We would love to have someone from the five counties area to serve again on the board. Sharon let us know funds are provided for gas, food, and overnight stay. The meeting is quarterly and is available via zoom as well. Next April is when her term will end. Sharon also noted that the state board approved the Five County Annual plan.

Carrie reported on the updated bylaws with the changes to include 3 at large members. She introduced Lauren Willie with the Alzheimer's Association. Lauren provided a brief bio about herself and her experience and background. A few questions were given and answered by Lauren. Carrie then added a little more information about Lauren. Wallace then opened it up for voting, Arlen Grimshaw gave motion to approve Lauren Willie as an at large representative to the board, Clem Griffin gave 2<sup>nd</sup> all was in favor.

Carrie mentioned that Creative age workshop that will be sponsored by Five County and The Southern Utah of Arts for seniors in our community. There will be a fall and spring workshop offered once a week over several weeks. Carrie will follow up with everyone on dates and more information once it is scheduled.

Go to Five County website to look at other events that maybe coming up with dates and times. Any information needed due to COVID questions please refer to your local health department website or call your local health department.

Wallace opened for any additional business, and no one had any added information.

Next meeting is scheduled for October 25<sup>th</sup> at 10AM the location is at the Beaver Senior Center.

**Meeting closed and Adjourned**

1<sup>st</sup> motion: Wallace Gibson

2<sup>nd</sup> Motion: Nancy Ford

**Upcoming meetings for next year:**

October 25<sup>th</sup> 10am Beaver Senior Center

January 24<sup>th</sup> 10am Washington county

April 25<sup>th</sup> 10am Iron County

July 25<sup>th</sup> 10am Garfield Senior Center

October 24<sup>th</sup> Kanab Senior Center