



State of Utah

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Supplemental Nutrition Assistance Program (SNAP)

- SNAP is a federal assistance program for low-income Americans.
- Eligible SNAP recipients must meet program income and asset limits.
- SNAP recipients receive a monthly issuance on an Electronic Benefits Transfer (EBT) card, which is similar to a debit card.
- SNAP benefits can be used to purchase food at grocery stores, convenience stores, farmers' market, etc.
- To learn more about SNAP in Utah, visit our webpage found at:
<https://jobs.utah.gov/customereducation/services/foodstamps/index.html>

SNAP E&T PARTICIPATION

- Certain SNAP recipients, aged 16-46, must meet participate in an Employment & Training Program if they not employed or do not meet an exemption.
- An exemption from Employment & Training can include mental or physical limitations, care of a child or an incapacitated adult relative, pregnancy, lack of transportation, homelessness, etc.
 - A list of state exemptions can be found at
https://jobs.utah.gov/infosource/eligibilitymanual/300_Participation_Requirements/342-1B_SNA_P_EandT_-_State_Exemptions.htm
 - A list of federal exemptions can be found at
https://jobs.utah.gov/infosource/eligibilitymanual/300_Participation_Requirements/342-1A_SNA_P_Work_Requirements_-_Federal_Exemptions.htm
- The individual, referred for the Employment and Training (E&T) program, must participate in an assigned workshop. An employment counselor will hold the assigned workshop during the first month of E&T participation. During the workshop, the individual will be provided with information regarding how to:
 - Use the online E&T system.
 - Complete the required job contacts and trainings.
 - Receive E&T program support from an employment counselor.
- During the three months of E&T participation, the individual will be required to:
 - Have monthly contact with an assigned employment counselor.
 - Complete a total of 48 job contacts and any necessary trainings.
 - Not exceed a maximum monthly participation of 120 hours.
- The individual will be eligible to receive \$50 per month for anticipated employment related expenses to participate in the E&T program. If an individual is unable to participate because the \$50 monthly expense is not enough to pay for participation, the customer will be exempt from participation.



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- If the individual fails to complete the necessary requirements without good cause, they will be sanctioned from the SNAP program.
 - The first sanction occurrence is one month and until the individual agrees to participate or becomes exempt.
 - The second occurrence is three months and until they agree to participate or becomes exempt.
 - The third and subsequent occurrence is six months and until the individual agrees to participate or becomes exempt.