



TRAUMA-INFORMED UTAH

On August 13, 2019, the Intergenerational Welfare Reform Commission approved the concept of developing a center to support Utah in becoming a trauma-informed state. At this time, the Trauma-Informed Utah Initiative, in partnership with more than 80 community stakeholders, is pleased to present the following proposal for establishing the Trauma-Informed Utah (TIU) Center.

THE PROBLEM:

Utahns are a strong and resilient people, yet we have not escaped the public health crises associated with adversity, toxic stress and trauma, issues which have been illuminated in the time of COVID. The human and economic costs of childhood trauma are well understood, yet support for mitigating the effects of these experiences is often lacking and at times made worse when seeking help. Service providers across Utah have repeatedly sought help in addressing these challenges. However, there are few existing resources to assist agencies in addressing these needs. We now understand a significant root cause of many problems within our community. It is time to support Utah in building a stronger, more hopeful future.

RESPONSE TO THE PROBLEM:

The Trauma-Informed Approach

"An organization or system that is TRAUMA-INFORMED:

REALIZES the widespread impact of trauma and understands potential paths for recovery;

RECOGNIZES the signs and symptoms in clients, families, staff, and others involved with the system;

RESPONDS by fully integrating knowledge about trauma into policies, procedures & others involved with the system;

and seeks to actively

RESIST RE-TRAUMATIZATION."

SAMHSA, 2014

Trauma-Informed Utah Center

Mission The mission of the TIU Center is to *promote* and *support* efforts to move Utah toward becoming a trauma-informed state.

Vision That all Utahns understand the potential impact of adversity in childhood and as adults; and work to implement the trauma-informed approach for building resiliency and reducing the impact of adversity across the lifespan.

Pguiding principles

Trauma-Informed | Evidence-Based | Community-driven
Diverse, Equitable and Inclusive
Accessible | Sustainable | Accountable



TIU Center Purpose

The TIU Center will respond to requests from agencies and organizations seeking to integrate the trauma-informed approach into their policies, procedures and programs by:

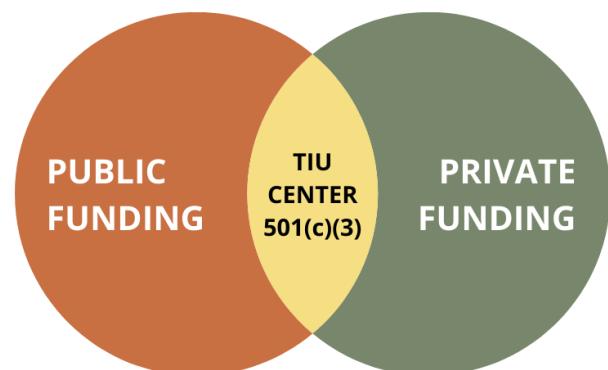
- Offering **education, resources**, conducting **research** and providing **technical assistance** to support the implementation and sustainability of the trauma-informed approach at the organizational level;
- Developing a statewide **community network** to support coordination of trauma-informed efforts across local communities;
- **Partnering with existing prevention** efforts aimed at reducing adversity and increasing community resilience, enhancing the lives of children and adults;
- **Reducing duplication of effort** by maintaining a central repository of evidence-based practices, research, resources, and implementation tools for various community sectors and populations.

- The TIU Center is **not** focused on particular populations or services sectors but available to all people and communities throughout Utah.
- The TIU Center is **not** designed to be a direct service provider, but as a support to the existing service delivery efforts and expertise around the state.

TIU Center Structure

The TIU Center will be established as a **public-private collaborative** to ensure cross-sector investment and partnership.

An **independent 501(c)(3) corporation** will serve as the organizational body, allowing for increased accessibility to diverse funding streams that will support longterm, organizational sustainability.



Public Partnership

State dollars as initial seed funding, decreasing over time to a 50 /50 split.

Private Partnership

Private dollars will grow as partnerships are developed to support sustainability.

Proposed Financials

Annual Budget

Salaries and Personnel.....	\$574,000
Programs/Operations	\$224,580
TOTAL BUDGET.....	\$798,580

