

**MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY Council
April 27, 2021
IN PERSON AND VIRTUAL MEETING VIA ZOOM**

MEMBERS IN ATTENDANCE

Sharon Bowman (Chairperson)	Washington County Advisory
Pauline Prince- (Co-Chairperson)	Garfield County Advisory
Sondra Akins	Washington County Advisory
Nancy Ford	Kane County Advisory
Arlen Grimshaw	Iron County Advisory
Wynona Henderson	Garfield County Advisory
Lois Bulloch	Iron County Advisory
Clem Griffin	Garfield County Advisory
Joyce Griffin	Garfield County Advisory
Wallace Gibson	Kane County Advisory
Ramona Sorenson- (At-large Rep)	Garfield County
Carma Sly	Beaver County Advisory
Jim Sly	Beaver County Advisory
Pam McMullin	Beaver County Advisory
Earl Paddock	Iron County Advisory
Doug Maxwell	Iron County Advisory

MEMBERS NOT IN ATTENDANCE

Judy Henrie	Garfield County Advisory
Marsha Topper	Kane County Advisory
Vickie Peters	Washington County Advisory
Robert Rasmussen	Iron County Advisory
Sharon Griffiths	Beaver County Advisory
Karr Farnsworth	Washington County Advisory
Carol Sullivan	Kane County Advisory
Art Cooper	Garfield County Advisory
Connie Ball	Kane County Advisory
Ron Lehm	Washington County Advisory
Sheila Shotwell	Beaver County Coordinator

OTHERS IN ATTENDANCE

Jacob Browning	Washington County Coordinator
Curtis Crawford	Iron County Coordinator
Donna Chynoweth	Garfield County Coordinator
Jerica Bauer	Kane County Coordinator
Sasha Haycock	Garfield County
Elaine Hansen	Kane County
Loretta O	Kane County
Carrie Schonlaw	Five County Association of Government
Linda Sawchenko	Five County Association of Government

**MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
April 27, 2021
IN PERSON CEDAR CITY SENIOR CENTER AND VIRTUAL VIA ZOOM MEETING**

I. WELCOME AND INTRODUCTIONS

Sharon Bowman welcomed everyone. Was glad that everyone could make it in person this time. Sharon checked to see if anyone had joined on the Zoom meeting and no one had.

II. MINUTES PROVIOUS MEETING January 26, 2021

Ms. Bowman asked if everyone had gotten the minutes from the January 26, 2021 and if there were any comments or changes.

MOTION MADE BY DOUG MAXWELL TO ACCEPT THE MINUTES FOR JANUARY 26, 2021.

MOTION WAS SECONDED BY WALLACE GIBSON. MOTION CARRIED UNANIMOUSLY.

III. LOCAL SHARING

GARFIELD COUNTY-Donna Chynoweth

Donna stated that she met with the County Commissioners and were given the okay to open up the senior centers on May 4, 2021. The seniors have missed not being able to socialize. They will be required to wear mask to the tables. Donna had a question on the salad bar and if it was going to be self-serve or one person dishing up the salad. Carrie was going to check with the other AAA's and see what they are doing and maybe she should check with the Health Department or have one person dishing it up. Donna stated she was having trouble finding workers. They have exercise classes twice a week at the center and the Walk with Ease classes that walks through the cemetery. They have lost a lot of seniors throughout the county with COVID19 and moving out of the area to live with families due to falls or loneliness. Judy Henrie and Art Cooper both had falls recently. Donna mentioned that the new sealers she gotten have had a few issues with damaged parts and the heat plates going out. Otherwise, all is going well.

Kane County-Jerica Bauer

Jerica Bauer is the new coordinator for Kane County. They are formulating a plan for opening up, she was glad to hear what all the other centers are doing as they open up. Jerica stated that they too are having trouble getting workers especially parttime staff to work in the office. They are excited to get started with the card games and exercise classes. They are doing Tai Chi classes virtually, but this is not working well in her area. They just want to be able to open-up for activities and in person exercise classes. That is about all she has.

Beaver County- Pam McMullan filling in for Sheila Shotwell.

BEAVER-Pam McMullan is filling in for Sheila as she is filling in as the cook. They are short staffed also need cooks and MOW drivers but have not had one person apply. They have not opened up the centers yet due to being short staff in Milford and Beaver but plan to open up in the second week of June. They haven't been using the busses but have some trips planned when the centers open back up. Looking to designate a room for the new laptops at each center. She wanted to thank Five County for the laptops and the smart TV's which have all been setup. Are working on getting another MOW truck for Beaver. They are planning on doing Senior Day at the Beaver County Fair on August 26th. Beaver is doing between 64-71 MOW's per day and they have been running errands and doing shopping for around 10 seniors. Will be starting up all the activities once the centers are open. Cindy is talking about starting a Tai Chi class. In Milford they are doing around 54-64 MOW's per day. MOW in Minersville doing around 31-36 daily.

Washington County- Jacob Browning

Washington County is no exception from the other senior centers. Jacob explained that they had a chance to do a soft opening but decided not to do that. The Health Department had been using the senior center on Tuesday and Thursday to do the COVID19 vaccinations and they administered 47,000 vaccinations in the time they were there. They will be opening the St. George senior center on May 4th and the Hurricane senior center on May 6th. They will be using the gym for some classrooms and exercise classes. They will rotate the cards for safety when they open the card games back up. They anticipate about 60% of the seniors will come back. They have decided to have the salads all prepared and plated for someone to serve. Right now, they are doing the community garden with 5 boxes and 40-foot-long beds. The center provides the seeds, and the seniors do the planting and maintaining. They are working on the Arts with classes for guitar lessons and art lessons. Jacob advised for everyone to reach out to Maria who is the director of RSVP as she has some amazing ideas for zoom classes that any center can join in. St George MOW's numbers are strong with 6 routes and over 400 meals a day and the curbside are doing around 45-50 a day. Hurricane is doing around 20-30 meals a day and Enterprise is doing 15 – 20 meals a day. Just like all the other centers they can't wait to get back to some form or normal operations. Carrie explained that part of the reason they purchased the smart TVs for each center is concerns with getting volunteers once the pandemic was over along with increasing access for rural areas by providing trainers from other areas who could "zoom" into the centers to teach the classes virtually while seniors participate either in person at the center or in their homes.

Iron County-Curtis Crawford

Curtis welcomed everyone to the center now that all the construction has been completed. Curtis said they opened for activities on April 1st with masks required and wipe down and sanitizer between classes. Doing MOW and curbside meals with a little increase in the numbers. They plan to open for congregate meals on May 4th they will be using prepackaged silverware,

paper plates, bottled water and everyone will be served their meal. With the new addition completed they have started a Zumba class and Tai Chi classes. They have setup a computer room with the new computers and have the Smart TV's up and running. Curtis gave a description of the changes made to the Senior Center with the new addition. Like all the other senior centers they are having trouble getting employees as well. Curtis stated that they have 3 MOW trucks on order one for Parowan and 2 for Cedar City. All is doing well.

IV. LEGISLATIVE & FISCAL UPDATE

Legislative

Carrie stated that on the State level due to the pandemic and the additional funding it was decided not to approach the legislature during this past legislative session to request any additional funding; but did provide information about increase in meals since the pandemic and thank them for their support.

On the Federal level there was some extra funding from the Family Frist and Cares Act to help support services during the pandemic, along with additional flexibilities on use of funds in supporting local need and essential services as result of the pandemic. This included additional funding for Elder Justice. And we should now more about the third round of funding before start of the next fiscal year.

Budget

Carrie passed out the Five County AAA DAAS budget two-year comparison spread sheet and the midyear report. This is only our regular funds as you can see there is little difference from FY21 to FY22. The full budget has not been prepared yet as she just got the allocation amounts, we will have the final report in July for approval. Carrie briefly went over the 2- year comparison spreadsheet she had passed out please see attached spreadsheet. Carrie explained that the base allocations and formula remained basically the same.

The Emergency Declaration will probably remain in effect for at least another 6 months resulting in the Older Americans Act flexibilities remaining in effect during this time to enable us to continue to meet any local needs/impact as result of the pandemic. Once the emergency declaration ends the regular OAA rules will go back into place. There has been some discussion about keeping some of these new flexibilities or service delivery options in place after the Emergency Declarations ends. Most areas in Utah have seen a decrease in donations for meals however, Five County has seen an increase in overall meal donations.

Carrie went over the year-to-date expenses, reallocations and one time funding request report she had passed out, see attached. Explaining that since we haven't been doing congregate meals and the MOW have increased, we have the flexibility to pull funds from other areas to make up for those overages. Some centers have been providing homemaking services (shopping, pick up and delivery of groceries, mail, rx's etc.). Carrie asked coordinators to let her know if they had any one-time purchases or needs at their centers. Donna wanted to know if for the smaller

centers they could use those funds for small ovens, griddles and such and Carrie said that would be okay.

V. NUTRITION

Not much to report, Carrie felt they had covered this with the local sharing

VI. REPORTS

Annual Report

Carrie handed out copies of third year of the four-year plan for fiscal years 2020-2023. Carrie stated that since she was not able to prepare this Third year of the plan and get it out to council advisory members prior to the meeting that she would go over some key items then the council could read through this at a later time, and they could schedule a Zoom meeting in May to approve the plan. The first 2 pages explain the Approval Process. Page 3 is the Progress Report on goals and objective Carrie highlighted item number 7 about Elder Justice. Page 5 goes over the Senior Centers' Accomplishments for the past year, if anyone has something they want to add let her know before the final plan is completed. Page 8 explains the advisory councils' function. Page 9 goes over the Community Outreach and how the efforts of our media team with the expanding of our virtual service has had a huge impact by offering more technology and virtual programs to the senior centers by supplying them with laptops and smart TV's giving senior centers in remote area the ability to offer classes and will give our seniors more access to other trainings and services. Page 14 In Home Services due the pandemic the Caregiver and Evidence based numbers are down since we could not do in home visits, we hope this will change soon. Page 16 Other Accomplishments we have started a new project in our area called Companion Pets which are robotic dogs and cats this has been very successful in other parts of the nation where you give individuals with Alzheimer or dementia or individuals who are isolated or lonely one of these robotic pets and it help decrease anxiety and negative behaviors in people with dementia and decreases feelings of loneliness. The rest of the report includes statistics and data please review this plan and a date to vote on it will be sent out at least a week in advance.

VII. OTHER BUSINESS

Updated on COVID-19-Vaccinations and Homebound

Carrie gave statistics of the number of people vaccinated in the Five County area seniors aged 60 plus by county: Washington 50%, Beaver 69%, Garfield 63%, Iron 63%, Kane 57% with the highest age group between age 70-79. There is funding to help provide outreach to those who are homebound are having trouble to get out for a vaccination shot. Any feedback please get with Carrie, The Health Department has a link to help get homebound vaccinations.

Upcoming Events

Senior Conference- May 7th from 10am to 12pm will be held virtually. Flyers were passed out and Carrie reminded everyone needed to register for the Conference.

Virtual Classes: WWE, Tai Chi, SDSMP a schedule of all classes can be found on our website.

Virtual Caregiving Outreach, Education, Support Groups a schedule for all of these can be found on our website.

Carrie is still working on the Statewide Virtual Senior Center that will help everyone across the region. Mon Ami to set-up calendars and telephone reassurance.

Board Chair and Vice Chair

We need to elect a new Chair and Co-Chair so between now and the July meeting please be thinking of nominees and we will do the appointments for these in July. Carrie said she wanted to go over the bylaws in July and maybe make some changes it would be nice to have a community rep from each senior center.

Demonstration by Carrie of use of the Five County Website

Five County has set up a media team. Five County Website and Facebook pages has all the information on our programming and agency we are in the process of updating these. Carrie has put the links to our website and Facebook pages.

<https://www.areaagencyonagingfivecounty.org>

<https://facebook.com/AgingFiveCountyUtah>

Open Forum/Discussion

Next meeting will be scheduled for July 27, 2021 at 10AM the location is to be determined.

Meeting was adjourned.