

# ACES & Trauma CHIP Priority Update



Board of Health | May 11, 2021



Healthy Choices. Healthy People. Healthy Communities.

# 3 Realms of ACEs

Adverse childhood and community experiences (ACEs) can occur in the household, the community, or in the environment and cause toxic stress. Left unaddressed, toxic stress from ACEs harms children and families, organizations, systems and communities, and reduces the ability of individuals and entities to respond to stressful events with resiliency. Research has shown that there are many ways to reduce and heal from toxic stress and build healthy, caring communities.



Thanks to Building Community Resilience Collaborative and Networks and the International Transformational Resilience Coalition for inspiration and guidance. Please visit [ACEsConnection.com](https://www.acesconnection.com) to learn more about the science of ACEs and join the movement to prevent ACEs, heal trauma and build resilience.





## Davis County Human Services Organization & Priorities

Human Services Cabinet  
Lead: Commissioner Kamalu

Human Services Directors Committee  
Lead: Commissioner Kamalu

Davis Links Resource Forum  
Lead: Kali Ottesen

### PRIORITIES

#### HEALTH

Every resident of Davis County is mentally healthy

#### SAFETY

Decrease incidents of interpersonal violence

#### STABILITY

Education, Employment, Housing, Basic Needs  
  
Low income residents are economically stable

#### EXISTING WORKGROUPS

Davis Behavioral Health Network (Access, Davis4Health CHIP Priority)  
Lead: Isa Perry

Davis HELPS (Prevention, Davis4Health CHIP Priority)  
Lead: Jill McArthur

Opioid Prevention Workgroup (Davis4Health CHIP Priority)  
Lead: Jill McArthur

CAPE (Coalition for Abuse Prevention of the Elderly)  
Lead: Kristy Cottrell

CARES Coalition  
Lead: Safe Harbor

Domestic Violence Coalition  
Lead: Debbie Comstock

Food Environment Workgroup  
Lead: Lorna Koci

Intergenerational Poverty Committee  
Lead: Lorene Kamalu

Local Homeless Coordinating Committee  
Lead: Lorene Kamalu

Oral Health Coalition  
Lead: Lorna Koci

ACEs, Trauma & Resilience (Davis4Health CHIP Priority)

# Davis County Human Services Committee

Provides direction and input for ACES & Trauma priority

# Davis County Human Services Committee

- Bountiful Food Pantry
- Children's Service Society
- Church of Jesus Christ of Latter-day Saints
- Davis Behavioral Health
- Davis Community Housing Authority
- Davis Community Learning Center
- Davis County Commission
- Davis County Health Department
- Davis Hospital
- Davis School District
- Davis Technical College
- Davis County Domestic Violence Coalition
- Department of Workforce Services
- Friends for Sight
- Head Start
- Intermountain Healthcare
- Open Doors
- PARC
- Roads to Independence
- Safe Harbor
- United Way of Salt Lake
- USU Extension
- Weber State University

# Outcome Goal

Davis County is a trauma-informed community that prevents ACEs; builds resilience in individuals, families & communities; provides a safe, supportive & connected environment; & provides access to treatment for those who have experienced trauma.

# ACEs & Trauma Objectives

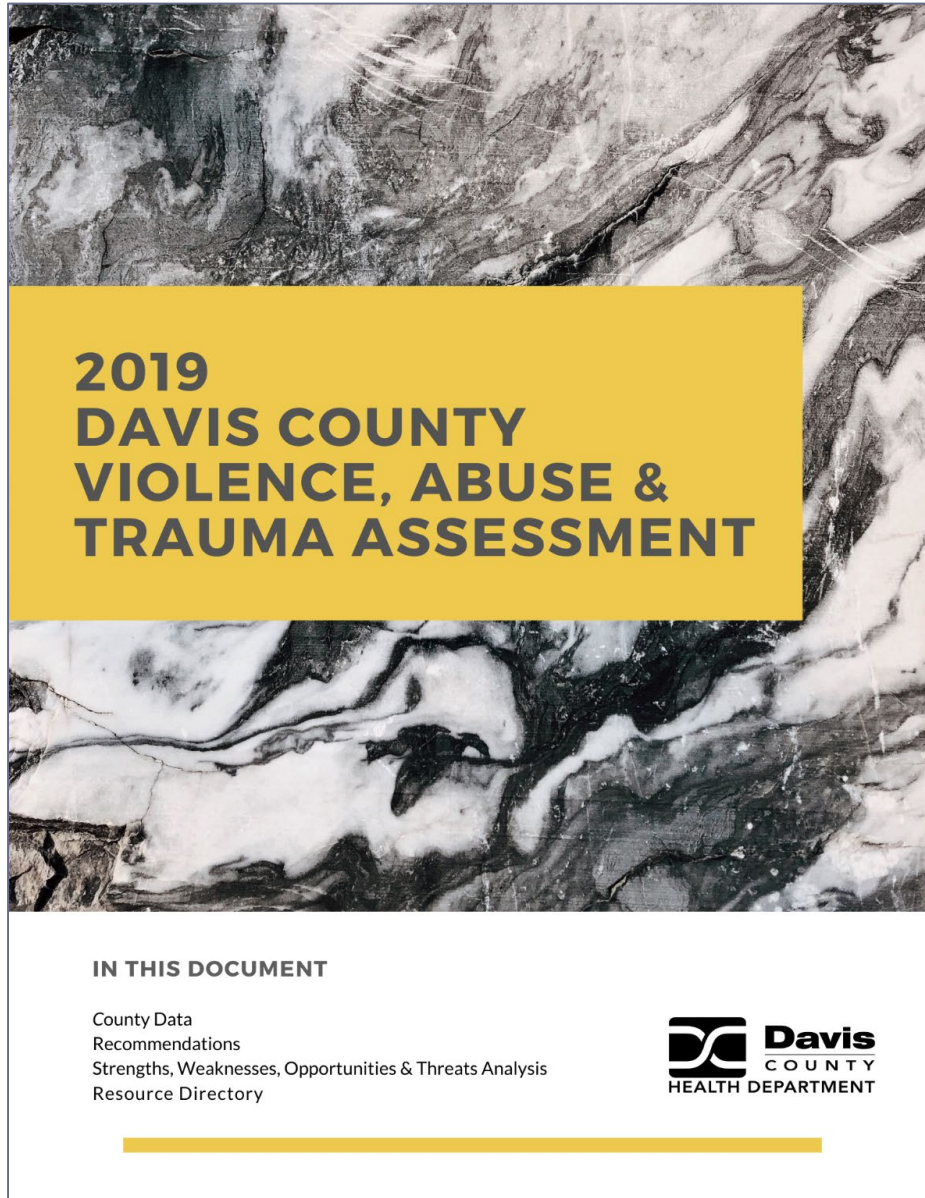
## Short Term Objectives

- **Complete a county violence, abuse, and trauma assessment.**
- **Organize an annual Community Resilience Symposium to address ACEs, trauma, and resilience**
- Develop a county resource directory for ACEs, trauma, and resilience.
- Assess the number of trauma-informed organizations in Davis County based on SAMHSA's six key principles of a trauma-informed approach.
- Two grant applications will be submitted from Davis County organizations related to the prevention and treatment of trauma.

## Long Term Objectives

- Assess the number of evidence-based interventions, programs, and promising practices currently being implemented in the community to prevent ACEs, build resilience, and treat trauma.
- Increase the number of evidence-based interventions, programs, and promising practices currently being implemented in the community to prevent ACEs, build resilience, and treat trauma.
- Increase the number of trauma-informed organizations based on SAMHSA's six key principles of a trauma-informed approach.
- Three organizations will pilot an ACEs & resilience screening tool.

# Davis County Violence, Abuse, & Trauma Assessment



- County Data
- Recommendations
- Strengths, Weaknesses, Opportunities & Threats Analysis
- Resource Directory

## DAVIS COUNTY'S 3RD ANNUAL COMMUNITY RESILIENCE SYMPOSIUM AGENDA

January 29, 2021 • 8:45-12:00 • Virtual



**8:45-9:00 A.M.**  
**Welcome, Commissioner Lorene Kamalu**



**9:00-10:00 A.M.**  
**Dr. Dave Schramm**

**Resilience Tips for Becoming Better After Experiencing the Bitter**  
Throughout 2020 our lives were bombarded with negativity, stress, and countless threats to our emotional well-being, work, and closest relationships. How do we cope with so many disappointments and bitter experiences? Drawing on cutting edge findings from neuroscience, positive psychology, and relationship research, Dr. Dave shares real examples and provides practical science-backed resilience hacks and tips for becoming better through bitter times.



**10:00-11:00 A.M.**  
**Dr. Susan Madsen**

**Strengthening Individuals, Families, and Communities: From Awareness to Action**

Dr. Susan Madsen will share the current statistics on domestic violence, sexual assault, and other related challenges that impact resilience, as well as the importance and challenges of increasing the awareness and education of these issues in Utah. This will include a discussion of the traditional cultural practices or elements that she believes can and should be shifted. She will then discuss ways to strengthen individuals and families through increasing the skills and abilities to learn, grow, and change. Finally, Dr. Madsen will provide insight on how we can unleash the power within our communities to change the trajectory of these troubling trends.



**11:00 A.M.-12:00 P.M.**  
**Tyler Patrick, LMFT**

**What Children Teach Us About Being Shame Resilient**

Children are born with innate tools to help them combat shame. Life naturally has opposition that attempts to deconstruct those tools replacing them with shame. These often come in the form of ACEs with children incurring a "loss of innocence." However, there is so much that children can teach us about how to live a shame resilient life that we can, in turn, reinforce back in a reciprocal way. Three key principles are: being intentionally vulnerable, seeking meaningful connection, and having a growth mindset.

BROUGHT TO YOU BY THE DAVIS COUNTY HUMAN SERVICES DIRECTORS COMMITTEE | 801.525.5072



# Davis County's 3rd Annual Community Resilience Symposium

- Purpose: build ACEs awareness, become a trauma-informed community, and increase self-care
- Response: 682 pre-registered, 526 participated, and 1,412 have viewed the recording since 5/7 (Davis County Government YouTube)

# Participants

- Davis County Human Services Committee
- **Education:** Davis School District, Davis Technical College, Box Elder High School, Granite School District, Washington County School District, Utah State Board of Education, University of Utah, Utah State University, Weber State University, Arizona State University
- **Law Enforcement:** Davis County Sheriff's Office, Clearfield, Unified, Park City, Ogden, Cedar City, Lehi, La Verkin
- **Healthcare Systems:** Intermountain Healthcare, Davis Hospital, SelectHealth, Molina Healthcare of Utah, Steward Health Choice, Huntsman Cancer Institute, Family Healthcare
- **Serving Specific Populations:** Urban Indian Center of Salt Lake, Comunidades Unidas, The Paiute Indian Tribe of Utah

# Evaluation Comments

"This was one of the best conferences I've ever attended and I've been in victim services for nearly 30 years. It was relatable personally and professionally."

"I couldn't write and screen shot fast enough - and that's pretty amazing for a Zoom meeting."

"I appreciated the local presenters who were in touch with our community."

"I found this beneficial to my overall mental health."

"This was an amazing symposium. The presenters held my attention the entire time and each did a fantastic job presenting their topics. I thoroughly enjoyed the entire thing."

"Training is so motivating. It makes us able to cope better and in turn, help others."