

## Mental Health Screening Tool List

| # | Name  | Age or Grade   | Condition Screening Detects     | Screening Administrator  | Evidence Based Data | Limitations and False Positives                                 | Link to Website   |
|---|---|--|---------------------------------|--|---------------------|---|---|
| 1 | <a href="#">Patient Health Questionnaire-9 (PHQ-9)</a>                                    | Child Age:<br>• 11 - 17  | • Depression/Mood               | Non clinical, professional level; question/answer format                         | <a href="#">Yes</a> | • Relies on self report   | <a href="https://www.phqscreeners.com/">https://www.phqscreeners.com/</a>   |
| 2 | <a href="#">General Anxiety Disorder-7 (GAD-7)</a>  | Child Age:<br>• 11 - 17  | • Anxiety                       | Non clinical, professional level; question/answer format                         | <a href="#">Yes</a> | • Relies on self report   | <a href="https://www.phqscreeners.com/">https://www.phqscreeners.com/</a>   |
| 3 | <a href="#">Depression Self-Rating Scale for Children (DSRS-C)</a>                        | Child Age:<br>• 8 - 14   | • Depression/Mood               | Non clinical, professional level; question/answer format                         | <a href="#">Yes</a> | • Relies on self report   | <a href="https://dm0gz550769cd.cloudfront.net/shape/29/296a40a3a588c780b66b4657b5834342.pdf">https://dm0gz550769cd.cloudfront.net/shape/29/296a40a3a588c780b66b4657b5834342.pdf</a>                 |
| 4 | <a href="#">The Columbia-Suicide Severity Rating Scale (C-SSRS)</a>                       | Age:<br>• 6+   | • Suicide Ideation              | Non clinical, professional level; question/answer format                         | <a href="#">Yes</a> | • Relies on self report   | <a href="https://cssrs.columbia.edu/">https://cssrs.columbia.edu/</a>   |
| 5 | <a href="#">Signs of Suicide Brief Screen for Adolescent Depression (SOS, BSAD)</a>       | Middle School Ages:<br>• 11 - 13<br><br>High School Ages:<br>• 13 - 17 | • Suicide Ideation & Depression | Non clinical, professional level; question/answer format                         | <a href="#">Yes</a> | • Relies on self report   | <a href="https://www.sprc.org/resources-programs/sos-signs-suicide">https://www.sprc.org/resources-programs/sos-signs-suicide</a>   |
| 6 | <a href="#">Revised Children's Manifest Anxiety Scale, Second Edition</a>                 | Child Age:<br>• 6 - 19   | • Anxiety                       | Non clinical, professional level; question/answer format                         | <a href="#">Yes</a> | • Relies on self report   | <a href="https://www.wpspublish.com/rcmas-2-revised-childrens-manifest-anxiety-scale-second-edition">https://www.wpspublish.com/rcmas-2-revised-childrens-manifest-anxiety-scale-second-edition</a> |
| 7 | <a href="#">Reynolds Adolescent Depression Scale (RADS-2)</a>                             | Age:<br>• 11 - 20  | • Depression                    | Non clinical, professional level; question/answer format                         | <a href="#">Yes</a> | • Relies on self report   | <a href="https://www.parinc.com/Products/Pkey/348">https://www.parinc.com/Products/Pkey/348</a>   |
| 8 | <a href="#">Short Mood and Feelings Questionnaire (SMFQ) &amp; SMFQ Parent Report</a>     | Child Age:<br>• 6 - 17   | • Depression                    | Non clinical, professional level; parent report & self-report versions available | <a href="#">Yes</a> | • Relies on self report &<br>• Relies on parent/guardian report | <a href="https://devepi.duhs.duke.edu/measures/the-mood-and-feelings-questionnaire-mfq/">https://devepi.duhs.duke.edu/measures/the-mood-and-feelings-questionnaire-mfq/</a>                         |
| 9 | <a href="#">Center for Epidemiological Studies Depression Scale for Children (CES-DC)</a> | Child Age:<br>• 6 - 23   | • Depression                    | Non clinical, professional level; question/answer format                         | <a href="#">Yes</a> | • Relies on self report   | <a href="https://www.theshapesystem.com/wp-content/uploads/2019/09/CES-DC_FINAL_11.29.17.pdf">https://www.theshapesystem.com/wp-content/uploads/2019/09/CES-DC_FINAL_11.29.17.pdf</a>               |

## Mental Health Screening Tool List

| #  | Name   | Age or Grade  | Condition Screening Detects | Screening Administrator                                       | Evidence Based Data | Limitations and False Positives                                    | Link to Website   |
|----|--|---|-----------------------------|---|---------------------|--|---|
| 10 | <a href="#">DSM 5 Cross-Cutting Symptom Measure (CCSM)</a> | Parent/Guardian Administered,<br>Child Age:<br>• 6 - 17 | • Depression & Anxiety      | Licensed professional;<br>question answer format              | <a href="#">Yes</a> | • Limited for clinical use only                                    | <a href="https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures">https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures</a> |
| 11 | <a href="#">DSM 5 LEVEL 2—Anxiety</a>                      | Child Age:<br>• 11 - 17                                 | • Anxiety                   | Licensed professional;<br>question answer format              | <a href="#">Yes</a> | • Limited for clinical use only                                    | <a href="https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures">https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures</a> |
| 12 | <a href="#">DSM 5 LEVEL 2—Depression</a>                   | Child Age:<br>• 11 - 17                                 | • Depression                | Licensed professional;<br>question answer format              | <a href="#">Yes</a> | • Limited for clinical use only                                    | <a href="https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures">https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures</a> |
| 13 | <a href="#">Child Behavior Checklist (CBCL)</a>            | Child Age:<br>• 6 - 18                                  | • Depression & Anxiety      | Licensed professional;<br>parent/caregiver observe and report | <a href="#">Yes</a> | • Relies on parent/guardian report<br>• Clinically used and scored | <a href="https://aseba.org/school-age/">https://aseba.org/school-age/</a>   |
| 14 | <a href="#">Teacher Report Form</a>                        | Child Age:<br>• 6 - 18                                  | • Depression & Anxiety      | Licensed professional;<br>educator observe and report         | <a href="#">Yes</a> | • Relies on parent/guardian report<br>• Clinically used and scored | <a href="https://aseba.org/school-age/">https://aseba.org/school-age/</a>   |