



**Davis County Health Department
Senior Services Advisory Council
October 16, 2020 Minutes**

Board Members Present:

Julia Bentley, Chair
Commissioner Lorene Kamalu
Manuel Martinez
Larry Millward
Kelly Van Noy

Department Staff Present:

Kristy Cottrell, Deputy Director Senior Services
Nan Hadley, Activities Coordinator
Jeff Johnson, Senior Services Driver
Shawna Mahan, Bureau Manager
Sonia Siguenza, Administrative Secretary
Jackie Smith, RSVP

Board Members Excused:

Joshua Alvarez
Lorna Koci

Guests:

Davis County Senior Services Advisory Council held a meeting on October 16, 2020 at the Davis County Health Department, 22 South State Street, Clearfield Utah. The meeting was called to order by Ms. Julia Bentley at 10:30 am.

Call to order/Welcome:

Ms. Julia Bentley extended a welcome to the Council and Health Department staff. A round table of introductions took place. Additionally, Ms. Kristy Cottrell provided names of members who were excused from the October meeting.

Approval of the Minutes:

The August 21, 2020 minutes were presented and reviewed.

*Mr. Kelly Van Noy motioned to accept the minutes. Mr. Larry Millward seconded the motion.
The vote was unanimous.*

Caregiver Support Program:

Ms. Shawna Mahan provided a review of the Caregiver Support Program; including the services it provides such as support groups and training. The programs and courses offered are currently virtual. The Caregiver Program offers respite care for the caregiver and educates them on how to better manage being a caregiver; an effective approach to reduce caregiver burnout. The respite care provides medical equipment or the support of an aide to help with homemaking/housekeeping and care in the home.

Ms. Cottrell asked Ms. Mahan if she has seen a change in needs or increase in services and needs by caregivers due to COVID-19. Ms. Mahan responded that the only change she has seen is that many caregivers are not wanting aides or outside agencies in their homes due to the pandemic. Ms. Mahan also shared details of some of the activities that Senior Services will be doing for Caregiver Recognition

month that takes place in November. Thank you cards and a blanket along with other small gifts will be given to caregivers who have attended or are currently attending training and support groups, as well as those who are clients on other programs such as Veterans, and Waiver programs. Social media posts will be used to give a thank you to caregivers in Davis County. Ms. Bentley shared details of what another agency is doing for Caregiver Recognition month. Danville in Salt Lake County is providing what they call a stress relief or self care box that contains items for stress relief like, bubble bath, and essential oils. The boxes have been well received and caregivers continue to request them.

Kristy Cottrell shared that Senior Services has seen an increase in requests and a need for help from caregivers. But many caregivers do not want outside people in their homes but do need some kind of support.

Senior Center Programing:

Ms. Nan Hadley presented information on the Senior Services virtual activities calendar and explained that due to the senior centers being partially closed, they saw a need to find different ways to continue to engage older adults and offer socialization and services. An electronic calendar has been created with activities and links to join. Anyone can access this calendar and can find it on the Davis County Health Department website. Mr. Jeff Johnson presented a PowerPoint with information of the services that he has recently begun to offer seniors in Davis County. These services include helping seniors access low cost internet, computers, and Ipads, as well as teaching them how to use technology like Zoom and Facetime and access virtual courses and resources that are available to them. Mr. Johnson is seeing that there is a desire to learn from seniors, but some of them have to start from the beginning because they have never used a computer or the internet.

Mr. Kelly Van Noy commented that the idea of a virtual senior center is a wonderful idea and that he commended the efforts of Jeff Johnson and those in Davis County Senior Services who made the virtual senior center happen. A virtual senior center is an idea that has been a long time coming and is something that has needed to happen to help our homebound seniors stay social and engaged. Any senior that would like more information or services like discounted internet, access to a computer or Ipad, can contact Jeff Johnson at 801-525-5080.

Special COVID-19 Projects:

Mrs. Nan Hadley reviewed details of the special COVID-19 programs taking place in Davis County and explained how community health workers are helping higher-risk populations access resources and meet their needs during the pandemic. Community Health Care workers are frontline healthcare workers who are available to help answer questions and help residents who may also have a need to access medicine, food, and even some financial assistance during COVID-19. One project that community health workers have been working on was a door hanger project that entailed filling bags with flyers, handouts, and resources. These bags are being handed out in neighborhoods and areas where the need may be higher. Using a social vulnerability index map, along with a voter's registration list, community health workers were able to see what areas were more at risk and targeted these areas to provide the resources needed.

Retired Senior Volunteer Program:

Ms. Jackie Smith shared information on the new branding and changes taking place with the Corporation for National and Community Service (CNCS) brand. Ms. Smith presented a PowerPoint and explained that Senior Corp will now become AmeriCorps Seniors and the brand will go from 15 different brands to one single brand and logo, in an effort to make it less confusing for the public. The RSVP program had become less known by the public and had had a loss of volunteers so there is hope that the new branding and strategy will help increase awareness of the brand and its programs as well as encourage more participation. Ms. Smith also provided an update on how the RSVP volunteer appreciation even went. The event took place at the senior centers and was a drive through event where volunteers could pick up a to go meal and their gift. The event was a success and volunteers were happy to still be recognized even if it was not an in person event.

Electronic Meeting Resolution:

The adopted resolution for electronic meetings was presented and reviewed on October 16, 2020 minutes were presented and reviewed. *Mr. Larry Millward motioned to approve the resolution and Mr. Kelly Van Noy seconded the motion. The vote was unanimous.*

Director's Report:

Ms. Kristy Cottrell gave her directors report and provided an update on newsletters that are being made in Davis County to help provide information to older adults. Some of the newsletters are the Ombudsman newsletter that goes out every month, to long-term care facilities. Ms. Cottrell shared that numbers for Meals on Wheels and congregate meals are down due to quality issues. Davis County had a recent change of contract with a new meal provider and is working on improving meals and increasing the numbers and participation. Ms. Cottrell expressed her concern about the shortage of staff in long-term care facilities and the shortage of PPE and supplies that staff needs in these facilities. To help with this need, Davis County has used some of its Cares Act funding to purchase reusable gowns to distribute to facilities in need. The Health Department is also working on vaccine preparation and working to have a plan in place for vaccine administration. Ms. Cottrell was also recognized by the Senior Charity Care Foundation, which is an organization that helps provide dental, hearing and vision services to older adults in need. The Continuum Recipient award was presented to Kristy Cottrell in a virtual event for her efforts in cultivating programs that help serve and support older and high-risk populations. A video of the event was presented to the Senior Advisory Board.

Commissioners Report:

Commissioner Kamalu gave her report and updated everyone on the changes in the Transmission Index and the orders that Governor Gary Herbert had updated in the past week. Commissioner Kamalu reminded everyone to stay safe and asked that everyone do their part to keep their community safe such as wearing a mask and sustaining health orders. The commissioner also thanked everyone for their efforts and hard work for adapting during the pandemic and their help in supporting older adults in Davis County.

Chair Report: (Information)

Ms. Julia Bentley gave her report and shared that the Alzheimer's Association now has a new program director named Raven Albertson. The Alzhiemers association is also getting a lot of support for their program and all offices are still closed. All programs are virtual.

Community Announcements:

There were no community announcements to share.

Adjournment:

Larry Millward motioned to adjourn the meeting and Commissioner Kamalu seconded the motion. The meeting adjourned at 11:56 am.

2020 Meeting Schedule:

Third Friday, every other month, from 10:30 - 12:00 pm

- December 18, 2020