

NIGHTINGALE COLLEGE COURSE SYLLABUS

PN 125: Concepts of Nursing-Health Promotion

A. COURSE NUMBER AND NAME:

PN 125: Concepts of Nursing-Health Promotion

Delivery Modality: Blended (online didactic instruction, on-ground lab and clinical instruction)

B. CREDIT AND CONTACT HOURS:

Credit Hours = 5 (2 Didactic, 0.5 Lab, 2.5 Clinical)

Contact Hours = 157.5 (30 Didactic [theory], 15 Lab, 112.5 Clinical)

Outside Preparation: An average of 3 hours per week for every didactic credit hour.

C. PREREQUISITES:

SCI 220, SC221, and PN 105 or equivalent

D. CO-REQUISITES

None

E. REQUISITES

PN 115

F. COURSE DESCRIPTION

This course focuses on the role of the professional nurse in promoting the optimal health for individual clients. Basic psychomotor nursing skills and an introduction to medical/surgical nursing for low risk clients is discussed. This course also provides the learner with techniques for carrying out a physical, psychosocial, spiritual and cultural assessment for well-being of clients. Learners are introduced to assessment devices and procedures to collect data. The course focuses on health promotion, health protection, disease prevention and communication strategies throughout the lifespan.

G. COURSE CONCEPTS:

- Patient Education and Safety
- Assessment
- Advocacy
- Health, Wellness, Illness
- Culture/Diversity
- Healthcare System
- Communications
- Development
- Nutrition
- Family
- Sexuality
- Grief and Loss
- Spirituality

H. COURSE OUTCOMES:

At the end of this course, learners will be able to:

1. Ensure client-centered care by performing a complete physical, psychosocial, spiritual, and cultural assessment on clients.
2. Demonstrate intentional learning with reflection as it relates to complete client assessment, disease prevention, and health promotion strategies.

3. Explain the role of evidence in supporting concepts and processes which promote optimal health and wellness in clinical practice.
4. Demonstrate clinical reasoning and decision-making skills while assessing clients and promoting health, taking into consideration social, cultural, and ethnic needs.
5. Understand the role of nurses in organizational, local, and global leadership as it relates to client assessment and health promotion in low risk clients.
6. Demonstrate use of electronic sources of health care information to chart assessments for improving client care, as well as serving as client advocate and competent communicator.
7. Propose nursing care which promotes standard safe practices along with error and hazard prevention and quality improvement practices; demonstrate safe client outcomes which result from quality improvement processes.
8. Participate as a collaborative team member in understanding and implementing client care and in promoting the health of clients.

I. TEACHING AND LEARNER PREPARATION STRATEGIES:

- Structured presentations
- Selected readings
- Focused discussions
- Reflective journaling
- Collaborative learning activities
- Videos and other computer-based learning tools
- Websites and web-accessible learning tools
- Case studies

J. INSTRUCTIONAL RESOURCES AND MATERIALS:

- Elsevier Nursing Concepts Online for RN 2.0
- Giddens, J. (2017). *Concepts for Nursing Practice* (2nd ed.). St. Louis, MO; Elsevier ISBN:9780323374736
- Yoost, B. & Crawford, L. (2020). *Fundamentals of Nursing* (2nd ed.). St. Louis, MO; Elsevier ISBN: 9780323547406.
- Shadow Health: Health Assessment DCE
- Optional resource materials provided by faculty

K. METHODS OF EVALUATION:

1. **Standardized testing** – All learners must take the HESI Standardized Examination assigned to their level. Please refer to Grading System and Grading Scale section of the College Catalog for additional information about the HESI Standardized Examination, HESI remediation, and course progression process.
2. **Discussions:** Learners are required to actively participate in the discussions at minimum each week to document attendance in the course evaluated using the Course Discussion Rubric.
3. **Online course work:** Modules and quizzes to teach nursing concepts throughout the course. Specific requirements for each assignment are posted in Canvas. All college catalog policies are in effect for this course.
4. **Case Studies:** Specific requirements for each assignment are posted in Canvas. All college catalog policies are in effect for this course.

5. **Attendance:** monitored each week in the online environment. Participation in learning activities is required each week. The online system measures time spent on task
6. **Attendance at lab and clinical: This is mandatory,** see the college catalog for more information. The learner must achieve an >80% to pass the course.
7. **There are three components to the course: theory, lab and clinical.** To pass the overall course, each of the three components must be passed successfully. Failure in any one component results in failure of the overall course and ineligibility to progress in the nursing program.

L. Grades and Grading Scale:

Shadow Health	
Modules	10%
Case Studies	15%
EAQs	20%
Final Exam	30%
ELS	25%

To progress within the pre-licensure academic program or graduate, learners must achieve the guidelines set forth in the [College Catalog](#) (Section: *Grading System and Grading Scale*).

A “C” grade is required to pass a course. A grade of “B-” or higher is required on all graded assignments and evaluations in all courses. Completion of the mandatory, faculty-prescribed remediation is required on all graded assignments and evaluations where a “B-” grade has not been achieved. Should the mandatory, faculty-prescribed remediation not be completed, an “F” grade will be assigned on the corresponding assignment or evaluation. Failure to complete any required learning activity may prevent learners’ progression to the next level of or graduation from an academic program. Any course with a failing grade must be repeated. If the course is a prerequisite for a higher-level course, it must be completed before progressing in the academic program. Please See College catalog for specific Academic Progress Policies.

Grading Scale:

<u>Letter Grade</u>	<u>Percentage</u>	<u>GPA Equivalent</u>	<u>Status</u>
A	93 – 100%	4.0	Passing
A-	90 – 92%	3.7	Passing
B+	87-89%	3.3	Passing
B	83-86%	3.0	Passing
B-	80-82%	2.7	Passing
C+	77-79%	2.3	Passing
C	73-76%	2.0	Passing
C-	70-72%	1.7	Not Passing
D+	67-69%	1.3	Not Passing
D	63-66%	1.0	Not Passing
D-	60-62%	0.7	Not Passing
F	0-59%	0.0	Not Passing

M. ONLINE ETIQUETTE

The objective in an online discussion is to be collaborative, not combative. Types of uncivil or combative behaviors that will not be tolerated by the college and may carry heavy consequences are:

1. Challenging authority in a negative manner
2. Demanding special treatment
3. An “I paid for this mentality”
4. Making offensive remarks
5. Purposely missing deadlines
6. Purposely not participating in online discussions
7. Challenging the instructor’s credibility in a negative manner
8. Taunting or belittling others
9. Challenging the instructor’s knowledge in a negative manner
10. Making physical threats to the instructor or other learners
11. Engaging in intentional academic dishonesty (cheating and /or plagiarism)
12. Making harassing, hostile, or vulgar comments
13. Sending instructor or other learners inappropriate emails

Please, proofread your responses carefully before you post them to make sure that they will not be offensive to others. Use discussions to develop your skills in collaboration and teamwork. Treat the discussion areas as a creative environment where you and your classmates in a civil and safe environment can ask questions, express opinions, revise opinions, and take positions just as you would in a more traditional classroom setting. This will contribute to your ability to communicate professionally.

N. ONLINE DISCUSSIONS:

The purpose of online discussions is to develop an engaging professional interaction between faculty and learners that is relevant to the topics and related concepts each week. Successful interactive online dialogue is dependent on the following:

1. Learners are required to post responses to discussion board questions during all online class weeks. Alternatives to discussion posts cannot be granted.
2. Learner participation is monitored by course faculty in the distance education classroom, according to the criteria outlined on the Grading Rubric.
3. Each course adheres to the online academic week, which is the period between 12:01 AM MST Monday through 11:59 PM MST Sunday.
4. Each question posted in the weekly discussion area should have an initial response.
5. Learners post **a minimum of two responses** to classmates and respond to any follow up questions from faculty by Sunday of the next week. Learners are encouraged to respond to more than just the two required posts to promote an engaging classroom experience.
6. Required discussion board responses are developed using appropriate peer reviewed resources, and formatted using APA style citations and references as outlined in the rubric.

O. COMPUTER AND TECHNOLOGY REQUIREMENTS:

A laptop computer with wireless capability and Internet access is required for participating in online learning activities and completing course requirements. All learners are required to have access to a webcam and microphone for discussion and introduction videos. Please see College Catalog for specific requirements.

P. ACADEMIC INTEGRITY

Please refer to the College Catalog for the Nightingale College policy on Academic Integrity. As a learner of Nightingale College, you acknowledge the requirement for conducting yourself in a manner that demonstrates academic integrity and commitment to professional standards each semester by signing an honor code.

Q. SYLLABUS DISCLOSURE STATEMENT

This syllabus is the governing document for this course. Your decision to take this course means you consent to the conditions of the syllabus. By taking this course, you agree to the attendance and participation requirements of the course. Failure to participate in class activities may result in failure of the course.

R. AMERICANS WITH DISABILITIES ACT (ADA) POLICY

Nightingale College seeks to provide equal access to its programs, services and activities for people with disabilities. If you will need accommodations in this class, reasonable prior notice needs to be given to the instructor and Learner Services. Contact Learner Services, 801-689-2160, with questions, concerns or to make arrangements for accommodations.

S. CLINICAL AND LAB EXPECTATIONS

When attending clinical and lab, identified as ISB, CB and DFC, all learners will come prepared with the preparation work outlined in the course for that specific clinical or lab. During clinical, learners will be expected to engage with clients, participate in client care, and actively engage in the whole learning experience. During lab, learners will be expected to spend their time practicing skills taught and demonstrate professional behavior and maintain a professional appearance while at clinical and lab. Learners are expected to be prepared and bring with them:

- Knowledge of the material being covered for the day by doing the assigned preparation work.
- Show up to lab and/or clinical site on time. Late arrival may result in dismissal for the day.
- Bring a clinical folder to include your skills check sheet and any material assigned for that concept.
- Being prepared at clinical includes you having your stethoscope, pen light, pen, and resource material to complete post conference work.
- To attend clinical and lab you must wear the required uniform which include:
 - Learners are expected to manage personal hygiene habits to control cleanliness and avoid body odors.
 - Strong perfume, cologne or lotions are not permitted.
 - Proper scrubs clean pressed
 - Name badge
 - White or black shoes and socks
 - Undergarments should be neutral in color and should not be visible
 - If undershirts worn, they must be SOLID white with no logos, etc. showing through. May not be “burnout” material
 - Only one set of stud earrings are permitted. ALL other visible piercings must be removed or covered
 - Ear gauges must be small and neutral in color
 - ELS personnel may ask learners to cover tattoos if they are deemed unprofessional or distracting
 - NO ARTIFICIAL NAILS or POLISH (no exceptions you will be sent home)
 - Hair should be clean, combed, and neatly trimmed or arranged. Unkempt hair is not permitted.
 - Hair pulled back and secured in a manner that does not make contact with patients or guests (i.e. braided or in a tight bun).
 - ONLY A THIN HEAD BAND 1/4 INCH MAY BE WORN and no bold colors. (Black, navy blue, etc. only)
 - Extreme hairstyles or unnatural vivid colors are not permitted.
 - Sideburns, mustaches, and beards should be neatly trimmed.
 - Watch
 - Absolutely no sweatshirts, sweaters, or jackets worn in patient care areas.
- Have a positive attitude and willingness to learn.
- Must be prepared to engage in post clinical learning activities.

Failure to follow these guidelines and expectations could result in loss of points for the day up to and including dismissal from clinical or lab.

NO cell phones on your person during clinical or lab experiences. Cell phones should be left in your car or in your backpack, etc. If found with cell phone on your person in patient care areas, learner will be sent home and receive a “0” for the experience.

T. STANDARDIZED EXAMINATION REMEDIATION PLAN

Please refer to the [College Catalog](#) (Sections: *Grading System and Grading Scale* ***and*** *Standardized Exams*) for the HESI Standardized Exam Remediation Policies.

- The learner will review HESI Exam learner report and create their personal plan for remediation.
- The learner will contact their faculty mentor within forty-eight (48) hours to collaborate on established remediation plan.
- HESI Standardized Exam remediation time requirements include:

HESI Score	Remediation Time Frame
850-900	2 hours of remediation
750-849	4 hours of remediation
650-749	6 hours of remediation
< 650	8 hours of remediation