



## Davis County Health Department Senior Services Advisory Council

### August 21, 2020 Minutes

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**Board Members Present:**

Julia Bentley, Chair  
Dr. Johnnie Cook  
Lorna Koci  
Mark Perry  
Kelly Van Noy  
Neal Geddes  
Joshua Alvarez  
Larry Millward

**Board Members Excused:**

Manuel Martinez  
Lorene Kamalu, Davis County Commissioner

**Department Staff Present:**

Kristy Cottrell, Deputy Director Senior Services  
Amy O'Dell, Administrative Secretary  
Sonia Siguenza, Administrative Secretary  
Debbie Draper, Bureau Manager  
Shawna Mahan, Bureau Manager

**Guests:**

Neal Geddes

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Davis County Senior Services Advisory Council held a meeting on August 21, 2020 at the Davis County Health Department, 22 South State Street, Clearfield Utah. The meeting was called to order by Ms. Julia Bentley at 10:30.

**Call to Order/Welcome:**

Ms. Julia Bentley extended a welcome to the Council and Health Department staff. A round Table of introductions took place; guest, Neal Geddes was recognized and Mrs. Kristy Cottrell announced that Ms. Amy O'Dell would no longer assist with the meeting and would be replaced by Ms. Sonia Siguenza with Davis County Senior Services.

**Approval of the Minutes:**

The June, 2020 minutes were presented and reviewed. Mrs. Lorna Koci motioned to accept the minutes, Kelly Van Noy, seconded the motion. The vote was unanimous.

**Open Meetings Act Training:**

Mr. Neal Geddes attended to provide the Open Meetings Act Training (**54-4-101, et seq**) and shared the top 10 rules of the OPMA. A summary of Mr. Geddes' presentation with key provisions was provided.

Following his presentation, Mr. Neal Geddes asked if anyone had any questions or needed clarification on any of the top ten OPMA regulations. Mr. Kelly Van Noy asked Mr. Geddes, whom exactly would be considered "a presiding officer" as stated in number 10 of the rules? Mr. Geddes responded that the presiding officer would be Julia Bentley because she is the chair over the committee and is presiding over

the meeting. But it could also be whoever is presiding the meeting. Mr. Geddes thanked Kelly Van Noy for his question and concluded his presentation.

### **Protecting High-Risk Populations:**

Mrs. Kristy Cottrell gave an update on the COVID-19 response being done by Davis County Senior Services, specifically what is being done to protect high-risk populations. Mrs. Kristy Cottrell shared details on modified services that have been put into place, such as with Meals on Wheels and Grab N Go meals. Senior centers are providing more referral information to higher-risk individuals. Fans were also distributed to those in need in the community. There is an assistance program that helps provide access to other resources like assistive technology through Utah State University. This program lends out I Pad's and helps individuals learn how to use the technology to help them remain independent and connected to others. This program also offers rented ramps, medical equipment and assistive devices.

More information can be found at [www.uatpat.org](http://www.uatpat.org)

Or at <https://www.usu.edu/uatp/resources/classifieds>

Mrs. Kristy Cottrell reported that AARP sent out the Davis County high-risk flyer throughout the state and helped increase the number of calls for assistance. Funds received through the Cares Act, and Family First Act, have helped senior services continue to serve high-risk populations and offer different resources during this pandemic.

### **Virtual Senior Center Demonstration:**

Mrs. Debbie Draper shared details on several activities, classes and events happening at the Davis County Senior Centers. Many classes are being offered online. Jeff Johnson, a driver from the North Davis Senior center is helping seniors learn how to use tech devices and online resources. His in person and over the phone assistance is helping seniors learn and stay connected with loved ones.

### **Director's Report Information:**

Mrs. Kristy Cottrell provided her report and shared that Davis County Senior Services is working with other statewide triple AAA'S on a virtual calendar of events and senior center activities to help people feel more connected during this pandemic. Details are being worked out on how the Area Agencies on Aging will determine how to share clients and track information for the state. This electronic calendar with virtual events will help people feel connected and is something that she would like to continue to see even after senior centers are open to the public once more. Some Senior Services staff are helping with COVID outbreaks and contact tracing, in long-term care facilities. Flu shot clinics are beginning and the health department will be going to provide some drive-thru flu shot clinics and is currently preparing for mass COVID-19 vaccine clinics for the future.

Mr. Kelly Van Noy asked Mrs. Kristy Cottrell if she had received any information on the annual Governors Centenarian dinner and event, and if Senior Services had helped to share information about the event and finding centenarians? Mrs. Kristy Cottrell was not sure if she had received any information on the event this year. Mr. Mark Perry shared that the event would be a virtual event this year and would be taking place in the next few days.

**Chair Report:**

Ms. Julia Bentley reported that the Alzheimer's Association office is still closed to the public and everything is being done virtually. There has been an increase in participants and people interested in supporting the program or volunteering. The Alzheimer's association recently changed its digital platform and is now using zoom for their support groups and it has been promising. There is a lot of information available on the Alzheimer's Association website for caregivers and anyone seeking more information and educational material. Ms. Julia Bentley also shared details of the drive-thru promise garden that is a new feature this year. The garden will contain the Alzheimer's Association, colored flowers and signs and will be placed on the lawn at the South Davis Senior Center by the Bountiful Library. There will be eight walks this year in Utah and the Weber/Davis walk will be a virtual event this year. If anyone would like to register to walk or would like to donate, they can find all the information at [www.alz.org](http://www.alz.org).

Mrs. Kristy Cottrell added that Davis County Senior Services has started a team and anyone is welcome to join the team for this year's walk.

**Community Announcements:**

Mr. Mark Perry shared that APS is still doing home visits and is doing a lot of their work in person. Mark Perry asked that those who work with Seniors, do visits safely but in person to help these seniors feel less isolated. Mark Perry explained that there has been an increase in neglect because of this pandemic and that APS is concerned about these people. Mrs. Kristy Cottrell asked if they are seeing more cases of abuse in long-term care facilities? Mr. Mark Perry stated that they are seeing more cases of neglect and are getting more complaints from family members who are not able to see or visit loved ones in care facilities. These families are then taking their family members out of long-term care and taking them home, but then realizing they cannot provide proper care for the family member. APS is then being left with the responsibility to find care for these individuals. Mr. Mark Parry also explained that they have seen less cases of financial exploitation and an increase in neglect or self-neglect cases, and these cases have far outnumbered the cases that he has seen in his 27 years of social work. Caseloads in Utah have doubled in the past few months.

Mrs. Lorna Koci, with the Bountiful Food Pantry, gave an update on what they are doing. She shared that food boxes are still being given out to those in need and encouraged case managers to refer that the clients or community members in need of food assistance.

- 2020 Walk to End Alzheimer's - Weber - Davis, UT  
August 29, 2020
- The Annual Elder Justice Conference  
The Elder Justice Conference is scheduled to take place on September 7th, 2020 in Salt Lake City UT. Suggestions for presentations, presenters, and overall conference themes are welcome.  
(More information to come)

**Adjournment:**

Mr. Larry Millward motioned to adjourn the meeting and Mrs. Lorna Koci seconded the motion. The meeting adjourned at 11:56 am.

**2020 Meeting Schedule:**

Third Friday, every other month, from 10:30 - 12:00 pm

- October 16, 2020
- December 18, 2020