

MINUTES

FIVE COUNTY CAREGIVER ADVISORY COUNCIL

February 25, 2020

CEDAR CITY, UT

MEMBERS IN ATTENDANCE

Rosie Fletcher-Chair
Mike Miller
Sheila Shotwell
Fayann Christensen
Curtis Crawford

REPRESENTING

Iron County Caregiver
Alzheimer's Association
Beaver County Coordinator
Kane County Coordinator
Iron County Coordinator

MEMBERS NOT IN ATTENDANCE

Donna Chynoweth (Excused)
Lou Ann Lindquist
Heather Cox
Melinda Barney
Cindy Clark
Brenda McKee-Co-chair

Garfield County Coordinator
Memory Matters
Five County
Washington County Caregiver
APS
Washington County RRCI

OTHERS IN ATTENDANCE

Maria Bailey
Kristina Raner

RSVP

SUPPORT STAFF

Tracy HeavyRunner
Carrie Schonlaw
Linda Sawchenko

Five County AOG
Five County AOG
Five County AOG

MINUTES

FIVE COUNTY CAREGIVER ADVISORY COUNCIL

February 25, 2020

ST GEORGE, UTAH

WELCOME AND INTRODUCTION

Ms. Rosie Fletcher, Chair, welcomed those in attendance to the meeting.

APPROVAL OF THE MINUTES

Ms. Rosie Fletcher, Chair asked if everyone had received and read the minutes from May 28, 2019 and December 7, 2019. Rosie Fletcher requested a motion to accept the minutes from the May 28, 2020 meeting.

MOTION TO APPROVE THE MINUTES FROM MAY 28, 2019 WAS MADE BY FAYANN CHRISTENSEN AND WAS SECONDED BY MR. CURTIS CRAWFORD, MOTION CARRIED UNANIMOUSLY.

Rosie Fletcher requested a motion to accept the minutes from the December 7, 2020 meeting.

MOTION TO APPROVE THE MINUTES FROM DECEMBER 7, 2019, 2019 WAS MADE BY FAYANN CHRISTENSEN AND WAS SECONDED BY MR. CURTIS CRAWFORD, MOTION CARRIED UNANIMOUSLY.

INTRODUCTIONS

The new RSVP Director Maria Bailey introduced herself to the council.

Tracy Heavyrunner and Rosie Fletcher both mentioned that they had some new members that they are going to try to get to join the council.

Alzheimer's Association- Mike Miller

Mike reported on the Alzheimer's Association for Advocacy Day where they covered some issues in a group setting. Since he had some volunteers from Hurricane, they got to speak to House Representative Brad Last who is on the budgetary allocation committee and talked about some of the key points in funding. Representative Last spoke about putting together a fraud bill to help protect s\Seniors. They spoke to someone regarding the Silver Alert reverse 911 opt into system. This is where you can sign up to be opt into the reverse 911 if there is an emergency in the area you would be notified this one is specific for seniors. Mike was going to get more information on this, and Tracy wanted to see if he could get the information so that we could maybe present it at the Senior Conference.

Mike stated that the walk for Alzheimer's in St George will be on October 10th at Dixie and the Cedar City one will be on September 19th at SUU.

Mike passed out a handout of the Cedar City Alzheimer's Caregivers Support Group.

Memory Matters - Luann Lindquist

No Attendee. Tracy asked Maria if she was aware of any events that Memory Matters was going to have, she mentioned that they are having the dog walk on March 14th with PAWS. Tracy reminded everyone that Memory Matters now has its Adult day Care going and it was doing well.

RRCI - Brenda McKee

No Attendee. Tracy mentioned that she spoke to Brenda and she was very excited that Enterprise Senior Center was sending a team to the Donut Dash which will be on March 21st at 10am at the Convention Center Drive.

Five County Programs

Senior Conference

Will be on May 1st and people can sign-up with Eventbrite or at the front desk in St George. At this time, we have about 40 people signed up. Kristina pulled up the flyer on the computer using the big TV screen. She signed Rosie up for the conference showing how easy it is. No name cards will be issued this year for the attendees. For meals we will have a place card under each plate that the senior will mark if they are over or under 60 that will be turned in for Curtis's lunch count. This year the vendors are not guaranteed a meal if any left after the seniors have seated than the vendors and employees can get a meal.

Outreach

Kristina passed out some handouts to help people to be able to access our website. In the past month we had 512 hits on our website. Kristina walked everyone through how to access the website, Facebook and blog post. The classes we have are on the site as well, so Kristina signed up Rosie for the Dementia Dialogue class to show how it works. The events are updated quarterly but she can add any that come up. Kristina also talked about the newsletter and the changes that are coming. Kristina passed out a copy of the February newsletter.

Creative Arts Conference- On the 28th and 29th actual conference on Saturday the 29th the offers CEU's. Reception on Friday Conference on Saturday.

Utah Aging Alliance Conference - April 1st this will be in SLC

Dementia Conference - Around June 3rd at Rudy's Inn

They wanted to have a dementia conference in a more rural area the date is not set for sure yet and Carrie will let everyone know when they have finalized this.

RSVP-Tracy and Maria

Tracy and Maria handed out the schedule of the evidence-based classes. They discussed what was coming up in classes and trainings. They still need more volunteers and clients for the Telephone Reassurance programs.

Respite - Tracy explained that she is the manager of the case managers for the Caregiver program which allows people to stay in their own home. Caregiver is meant to educate. We are adding about 14 new clients which would put us up to about 39 clients. Our major issue is we only have so many case managers and money.

Tracy stated that Nancy Madsen came and did a training for the case managers that was very helpful. Just a reminder that we need to make sure to get the information on the grandparents taking care of their grandchildren.

Training

Tracy stated that they are in the process of making a new calendar for the classes and training.

RCI this is a 12 weeklong training and so far, we have 3 people on the program with a goal of 18 people complete this program next year.

Dealing with Dementia- Dementia Dialogues - Caregiver Academy and a new class that Sheri designed "So Now You're a Caregiver" -we are working on the new schedule for next year. Will try to have a quarterly class of each in the St George and Cedar area. Then we will work on the outlying areas. Just a note that if you do have a caregiver who is having trouble attending classes because they can't leave the care receiver alone, we have the RCI program which is done in home just have them call in to do an intake for the RCI program.

Music & Memory- We now have 5-6 clients on this program. We have over 300 CDs put on our computer with a lot of them being donated. Brian Caldwell is our coordinator for this program.

Support Groups

Cedar City is doing the lunch bunch at the Cedar City office the attendance has been sporadic. St George will be starting a book club as its support group. Kanab support groups are going well. The case managers gave out Valentine gifts to the caregivers so that they will not feel forgotten during this Holiday as most care receivers cannot do this for their caregiver and these are items donated by the community.

Senior Expo

The Senior Expo was held at the Dixie Convention Center on January 14th & 15th and it was free to the public. The Dementia Care Conference was on the 15th. Tracy thought that we would have more traffic than we had and that the breakouts were too close together. Mike with the Alzheimer's Association said they did surveys and had about 300 come back.

Rosie requested a motion to adjourn the meeting.

MOTION TO ADJOURN THE MEETING WAS MADE BY MR. CURTIS CRAWFORD AND WAS SECONDED BY MS. FAYANN CHRISTENSEN, MOTION CARRIED UNANIMOUSLY.

Meeting Adjourned

Next meeting will be in St George on May 26th.