

**MINUTES**  
**DISTRICT V**  
**AGING & NUTRITION SERVICES ADVISORY COUNCIL**  
**JANUARY 28, 2020**  
**PAROWAN, UTAH**

**MEMBERS IN ATTENDANCE**

Sharon Bowman (Chairperson)  
Judy Henrie-Co-Chairperson  
Sondra Akins  
Vicki Peters  
Nancy Ford  
Connie Ball  
Wallace Gibson  
Wynona Henderson  
Pauline Prince  
Art Cooper  
Clem Griffin  
Joyce Griffin  
Doug Maxwell  
Robert Rasmussen  
Lois Bulloch  
Earl Paddock  
Arlen Grimshaw  
Calvin Sly  
Carma Sly

**MEMBERS NOT IN ATTENDANCE**

Sharon Griffiths  
Geraldine Liston  
Karr Farnsworth  
Ron Lehm  
Marsha Topper  
Carol Sullivan (Excused)

**OTHERS IN ATTENDANCE**

Jacob Browning  
Curtis Crawford  
Sheila Shotwell  
Donna Chynoweth  
Fayann Christensen  
Mark Jennings  
Kathy Jennings  
Jim Sly  
Carrie Schonlaw  
Linda Sawchenko

**REPRESENTING**

Washington County Advisory  
Garfield County Advisory  
Washington County Advisory  
Washington County Advisory  
Kane County Advisory  
Kane County Advisory  
Kane County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Iron County Advisory  
Beaver County Advisory  
Beaver County Advisory

Beaver County Advisory  
Garfield County Advisory  
Washington County Advisory  
Washington County Advisory  
Kane County Advisory  
Kane County Advisory

Washington County Coordinator  
Iron County Coordinator  
Beaver County Coordinator  
Garfield County Coordinator  
Kane County Coordinator  
Iron County  
Iron County  
Beaver County  
Five County Association of Governments  
Five County Association of Governments

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**I. WELCOME AND INTRODUCTION**

Ms. Sharon Bowman welcomed the members of the council. Sharon informed everyone that she had gotten married and her last name was now Bowman. Everyone introduced themselves.

**II. MINUTES PREVIOUS MEETING OCTOBER 23, 2018**

Ms. Sharon Bowman asked if everyone had gotten the minutes from the last meeting and if there were any comments or changes. No changes to the October 22, 2019 minutes were needed. Ms. Bowman requested a motion to accept the minutes from the last meeting.

**MOTION WAS MADE BY MR. ART COOPER TO ACCEPT THE MINUTES OF OCTOBER 22, 2019. MOTION SECONDED BY MR. WALLACE GIBSON. MOTION CARRIED UNANIMOUSLY.**

### **III. LOCAL SHARING**

Ms. Sharon Bowman requested local sharing from County Coordinators.

#### **Kane County - Ms. Fayann Christensen**

Fayeann stated that they had moved into the new building in December and were still getting organized. All is going well they are still doing the exercise classes each week, have someone that comes in that cut's nails for the seniors, still playing cards and sewing classes. They made a few trips for Christmas. Now that they have more room in the new building, they will be starting some new classes. All else is going well.

#### **Garfield County - Ms. Donna Chynoweth**

The three months have been busy with the Holiday seasons. Had entertainment at 2 centers for Halloween. Had Christmas at all three centers. It has been cold they have been socked in with the cold, ice, and inversion. Deon Alveys' husband died in December. Good numbers for Thanksgiving and Santa Claus came for the Christmas party they took some good pictures and they gave out Santa bags. Ramona Sorenson had surgery, so Chris filled in for her with the exercise classes. Chris would like to start a swimming exercise class and she has been working with Tracy about that. Art Cooper and Clem Griffin both celebrated a birthday and Donna wanted to take the time to thank them for all the support they both have given to the community and the senior centers.

#### **Beaver County - Ms. Sheila Shotwell**

Sheila wanted to take the time to thank Five County for the equipment money they gave back in June as she felt bad since she failed to do that at the last meeting. They bought a salad bar for Minersville, some nice can openers, shelves for Milford center pantry and other small items.

The Senior Day at the County Fair in August went well they had over 100 seniors attend. We had over 60 seniors attend the Senior County wide Christmas party with a nice dinner, entertainment, and door prizes,

Beaver Center- The bus is still going out of town at least once a month for shopping and dinner. Yesterday was the first time they were able to serve congregate meals since the first of January as the city was having the floor redone and they had a few issues with the workers showing up. Still having Bunco once, a month and playing cards every Wednesday. They have around 6 people attending the Tai Chi classes and it seems to be going well.

Milford Center- MOW' and congregate meals are the same as the last meeting. They started Bunco in January that is going well. Bingo is still getting a good turn out and they have seniors coming to play pool every day the center is open.

Minersville Center- They have a new director her name is Pam McMullin some of you may know her as she did my job prior to me. She is doing a great job and has increased the attendance for the congregate meals. She wanted to have some signs made up to put up at the center on Bingo days. Bunco and Bingo is still being offered once a week. We have started going to Cedar City the third Tuesday of the month to do a Movie matinee.

We hope the new building will be completed and opened in June!!

### **Washington County – Ms. Christine Holliday**

Jacob Browning introduced himself as the new director as Chris Holliday has retired and her last day will be January 30th.

St George Center- Has had a lot of changes in the last couple months. They have put up new sound panels in the multipurpose room and new paint. They have painted a mountain mural in the new gym. New games and programs have been added like a pool tournament with the Sunriver community. They had good attendance for Halloween, Thanksgiving and Christmas celebrations. The donation tree was a great

success this year. The new meals on wheels truck came in early. On January 15th & 16th they had a booth at the St George Senior Expo where they featured the new MOW truck and the new video, they made of the St George Senior Center. This is the 3rd month of the new lunch and activity software registration and it is going well. Jacob invited the other centers to come check the software out if they are interested in maybe putting it in their center.

Hurricane - Has gotten a new wood floor and sound system. They also had an abundant amount of donations for their giving tree during Christmas.

Enterprise- They are continuing to grow, and they are looking to doing some remodeling in the next quarter.

### **Iron County - Mr. Curtis Crawford**

Basically, things are going well at both the Cedar City and Parowan centers. Cedar Center- Is busy all day and many evenings with exercise classes, game activities, craft classes and many other activities. They started a line dance class that meets once a week with around 15 people attending. Still having success with dance night. With seniors coming from St George as well.

Last October they started applying for a Community Development Block Grant to put a small addition on the north side of the Cedar Center. They thought they could enclose the wooden deck area and that would give them more room for pool tables and the card players. Long story short found out that the process was more complicated than expected so they stopped the grant and will look at more long-term plans.

Parowan- Is offering its own activities and craft classes. The request to the County for a part-time Activity Director for the Parowan Center has been approved and they are in the process of hiring one now.

#### **IV. LEGISLATIVE & FISCAL UPDATE**

##### **Legislative**

The state legislative is in session now. With regards to aging this year there is less going on for funding as we went in with a big request last year which was approved so it was decided that this year would take the time to give thanks and appreciation to let legislators know we appreciate the funding they provided for us and we'll look again next year. Carrie stated she had gotten an email update from Nel's Holmgren saying that right now it is slow in terms of funding and bills that would impact the aging. Rep. Perry and Rep. Anderson are working on a promising bill dealing with elder financial abuse to protect seniors from scams by allowing banks to hold big transactions if something looks fishy. Other than that, there was a lot of commentary made on the tax overhaul system that is up in the air now with the biggest issue being the way the sales tax on groceries was structured as it proportionately impacted the poorer seniors. Carrie reported AARP Utah will be focusing on lowering the cost of medication, expanding the workplace leave options and affordable housing.

The Alzheimer Association will be holding an advocacy day on February 12th at the legislature. They are looking for seniors who would like to represent issues related to Alzheimer's you can let Carrie know or Jeremy Cunningham.

On the Federal level the Older Americans Act Reauthorization passed in house October 30th and went to senate on December 17th but has not been approved by the senate yet. The Dignity in Aging Act of 2019 would extend the Older Americans Act for five more years and increase funding for programs by 7% in federal fiscal year 2020 and by 6% in subsequent years. The biggest changes will be in elder abuse issues and more flexibility at the local level.

The Federal budget for 2020 was approved. Carrie passed out a spreadsheet with the current year funding allocations. Overall, we received increases or stayed the same.

The first line is for FY19 final and the last column is the final FY20 the stuff in the middle is proposal from President budget and House & Senate bill. Carrie went over the spreadsheet with the council.

### **Mid-Year Budget**

Carrie passed out a spreadsheet of the mid-year budget. The top section is the year to date, the yellow is what directly involves Senior Center budgets. The original budget is the first column. The second column is the amendment which is new money or carry over of unexpended money from last year. We had some carry over in caregiver, supportive services, congregate and home delivered meals. All this funding is money that has not been budgeted out yet. Notice the negative amount in Alternatives this was an error by the State when they figured the formula, so this was not our money to begin with. Referred to year to date budget expenditures column, balance and percent budget remaining, for the most part we are above 50% in remaining balance and this we will need to address as we don't want to leave anything on the table as we want to address our community needs. On the bottom Carrie explained the estimated expenditures for remainder of the year and projected what we would have left over and what we could carry over. However, we want to be careful about carrying over too much each year as it may look like we do not need the funding. Carrie went over the highlighted areas. Area Admin money on budget we could carry over 10k since we have a conference coming in May, we will not have much carry over in this area. Supportive Services we are on track some of the centers do not pull down all the units of services they provide we can move the money over to the counties that are not pulling down all the units. When Carrie meets with the counties, they will go over that need. Congregate, right now everyone is drawing down every unit but we will still have a balance of 88k so this is a concern as we can only carry over 28k so we really need to talk about how we can outreach and do more to expend these funds, so we don't leave this on the table. We can do some one-time equipment purchases again but need to be

careful not to spend this on one time, equipment items every year. Need to also look at what it would cost to increase services by expanding outreach, increasing coverage areas, etc. Home delivered meals is in the same position as congregate with 79k and we can only carry over 61k. County coordinators need to work on this with their commissioners and local councils to discuss options. Carrie will go over this at the February coordinators meeting. Right now, some of the counties are over budget on their meals but we have the funds to cover these costs, so they were told to continue bill all their service units for meals. We will need to make contract amendments and we will need to open for a motion to make these adjustments in funding; Kane County will be in deficit of about 2 k in congregate and 15k in home delivered. Garfield County is about 3K-4K in congregate and 35k in home delivered meals. Iron County, Beaver County and Washington County are all doing okay. Most of this will come from the carry over.

**We would like to make a motion that we adjust the budget to cover the expenses needed for home delivered and congregate meals between the various counties so the we can cover the expenses for those counties that are in deficit. We will use the carry over money first and then we may have to adjust the other counties.**

**MOTION WAS MADE BY ROBERT RASSMUSSEN TO AMMEND THE CONTRACTS TO COVER THE ADJUSTMENT IN THE BUSGETS, WALLACE GIBSON SECONDED THE MOTION. MOTION WAS CARRIED UNANIMOUSLY.**

Carrie will get those contract amendments to the coordinators in the next 30 days.

Carrie handed out a spreadsheet of the project income 2-year comparison and year to date total and went over the figures. We are fine on budgets, but we did collect a little less in PI this year to date.

## **V. NUTRITION PROGRAM**

Charlotte came for her visits and she had a little trouble with getting lost. Carrie does not have the official report from the state yet. Reminder to mark high risk score and do referrals out but overall good monitoring visit.

## **VI. REPORTS**

### **NAPIS – National Aging Program Information Systems**

This is the annual NAPIS report to the Feds. Carrie handed out the spreadsheet of the annual report she sends to the Feds every year that covers Oct 2018 to September 2019 which shows who we are serving and the demographics and how many units. Page one is the overall report and the second is the caregiver support. This is the information that the centers are reporting. Carrie went over this report with the council. Covering the number of people served and the units provided. This goes to the State and they prepare a Statewide report and we must explain any discrepancy 10% or more and why we have differences from prior year report.

## **VII. OTHER BUSINESS**

### **Upcoming Events**

Public Comment open for Aging Waiver had closed but Carrie and our local staff had provided input of the changes we would like to see to that program.

Annual Senior's Conference- May 1, 2020 from 9am to 3pm at the Heritage Center. Flyers were given to each Senior Center coordinators to hand out. Must register for lunch but the breakouts and vendor fair they can just show up.

University of Utah would like to do a mini caregiver conference in a rural area they are looking at Ruby Inn in Bryce Canyon with preliminary dates of June 2nd, 3rd, or 4th

### **Upcoming Training/Classes**

Carrie had handouts of the classes and trainings that we are offering at this time. Flyers were handed out on Train the Trainer classes for Chronic classes.

### **Open Floor for discussion**

Sharon Bowman asked if anyone had anything they wanted to report or discuss, no one had anything else to discuss.

Next meeting will be on April 28, 2020 in Washington County.

### **X. ADJOURN**

**MOTION TO ADJOURN THE MEETING WAS CARRIED UNANIMOUSLY.**

Meeting was adjourned, and lunch was provided by the Parowan Senior Center.