

# Community Health Services

2019 Annual Year in Review

Davis COUNTY HEALTH DEPARTMENT

Healthy Choices. Healthy People. Healthy Communities.

# Division Program Areas



Emergency Preparedness



Injury Prevention



Physical Activity & Obesity

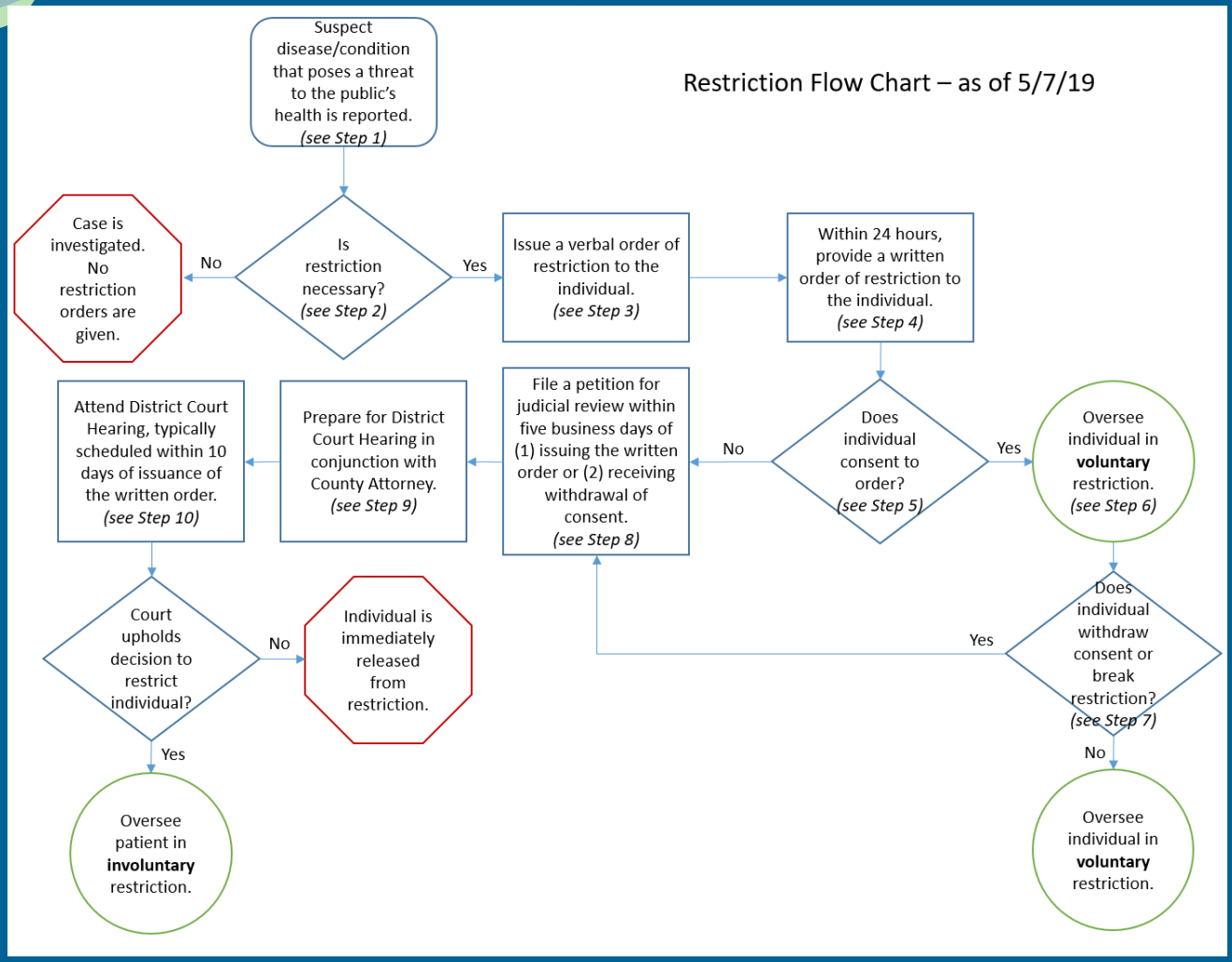


Tobacco & Nicotine

# Emergency Preparedness

| isolation | quarantine |
| --- | --- |
| separate ill persons who have a communicable disease from those who are healthy | separate and restrict the movement of well persons who may have been exposed to a communicable disease to see if they become ill |

# Emergency Preparedness



# Emergency Preparedness




Johns Hopkins Coronavrus Dashboard Map, 2/10/2020

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# Injury Prevention 2019

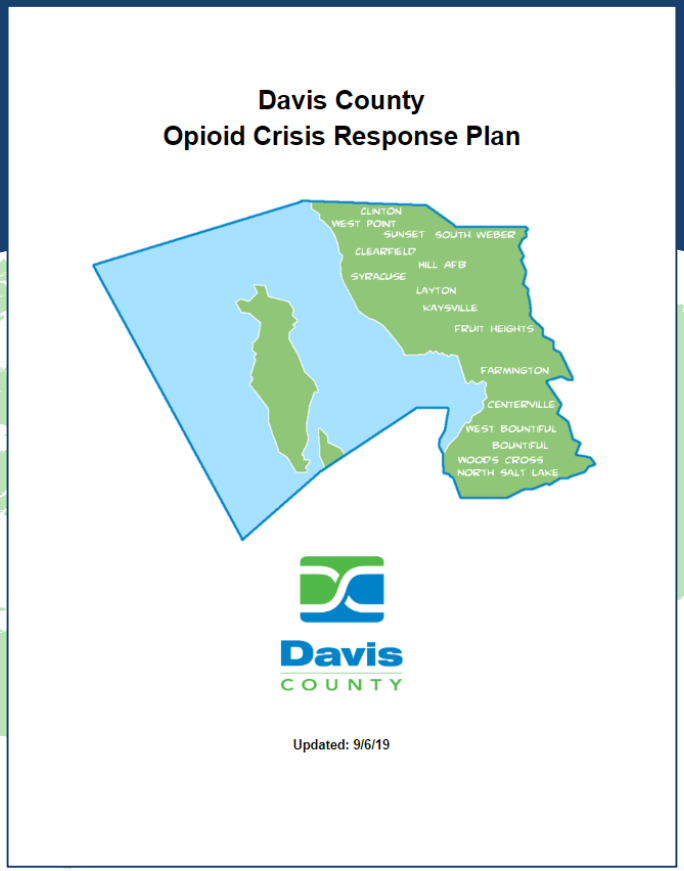
bit.ly/opioideducationtoolkit




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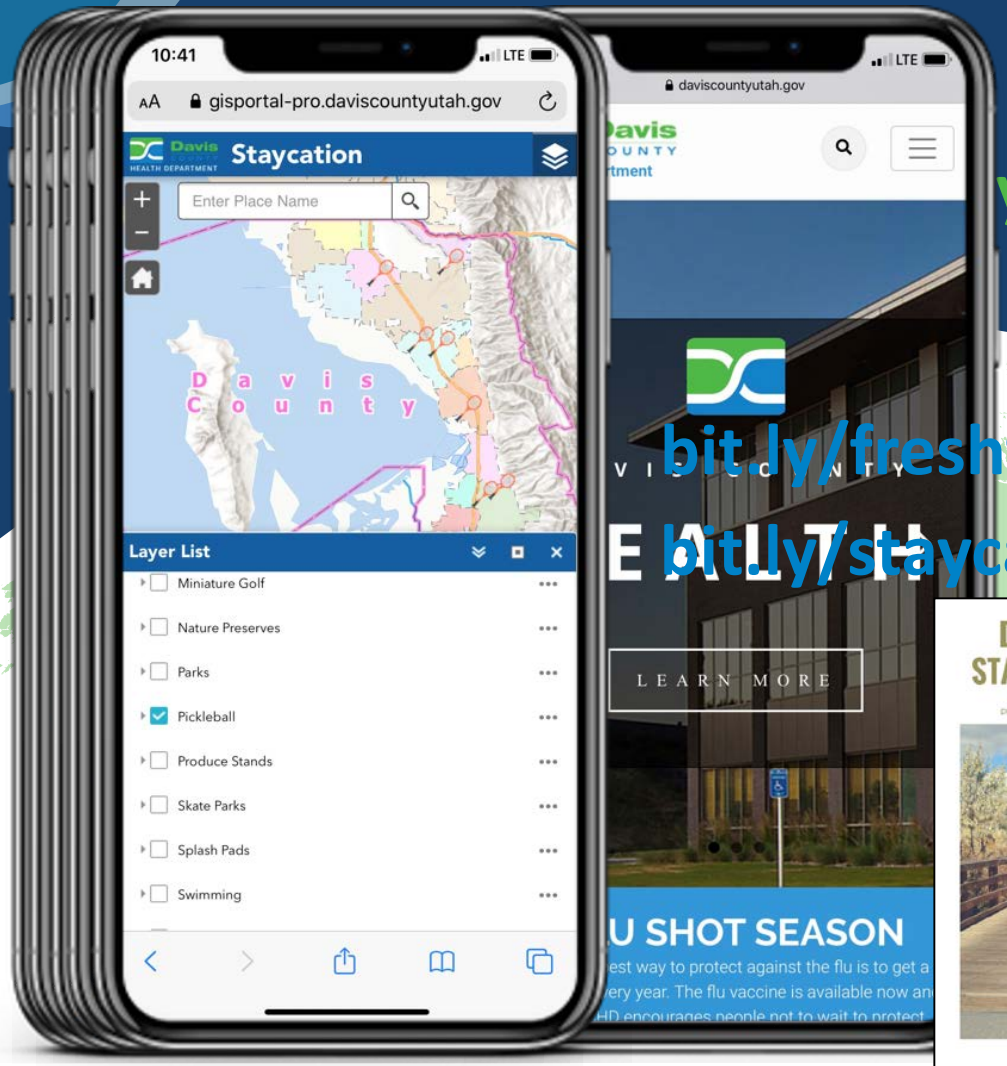
# Injury Prevention 2019

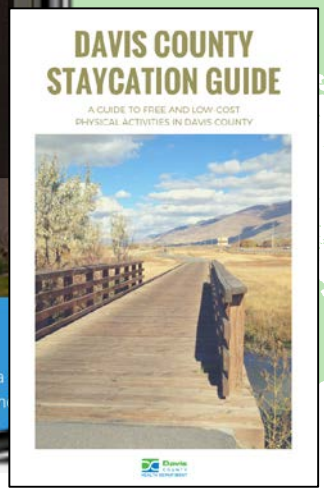



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# Physical Activity / Obesity 2019




yutah.gov/health

bit.ly/freshfoodfinder

bit.ly/staycationguidedavis

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# Tobacco & Nicotine 2019

DSD

**230**

violations
2018-19

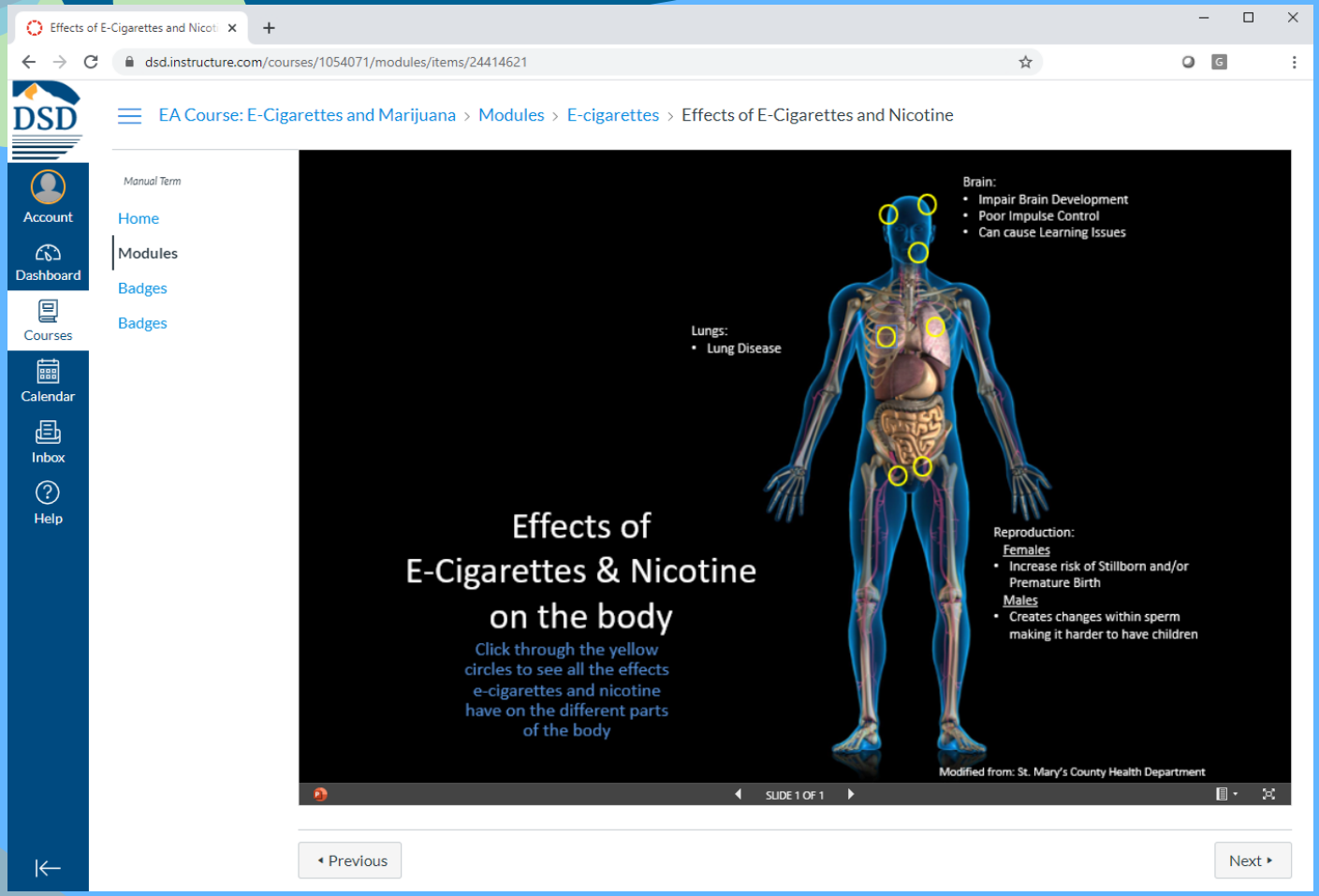
**50%**

increase over
prior year

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# Tobacco & Nicotine 2019




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# Tobacco & Nicotine 2019

Marijuana: EA Course: E-Cigarett

dsd.instructure.com/courses/1054071/pages/marijuana?module_item_id=24305573

DSD

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## Marijuana and the Heart & Lungs

When marijuana is smoked, THC and other harmful substances enter the body and air near the person, creating some of the same effects on the lungs and heart as does tobacco. When people use marijuana, their resting heart rate goes up and their blood vessels dilate, or expand, which makes the heart have to pump harder.

This can increase the risk of having a heart attack or stroke.

"Smoke is harmful to lung health. Whether from burning wood, tobacco or marijuana, toxins and carcinogens are released from the combustion of materials. Smoke from marijuana combustion has been shown to contain many of the same toxins, irritants and carcinogens as tobacco smoke. Beyond just what's in the smoke alone, marijuana is typically smoked differently than tobacco.

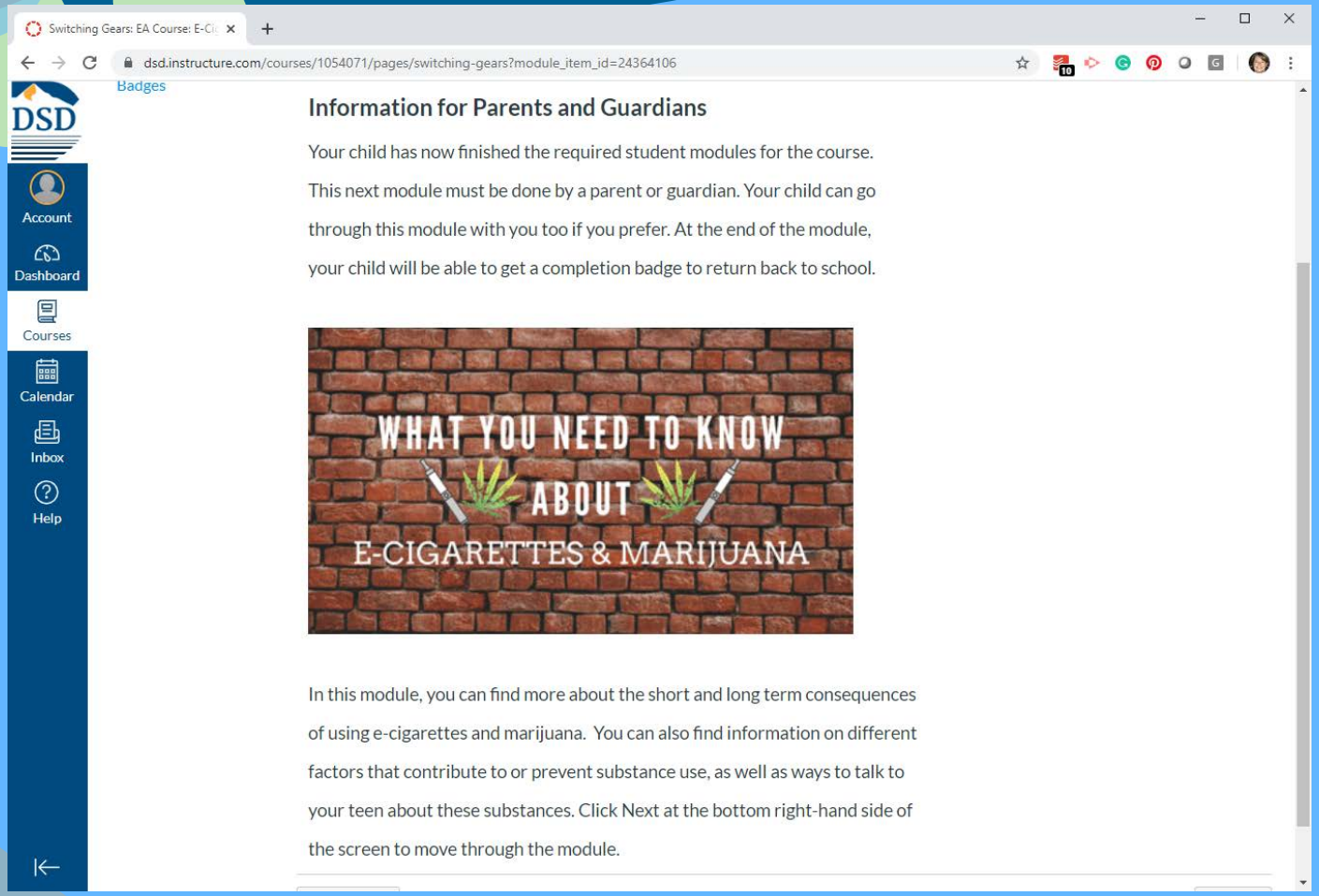
Marijuana smokers tend to inhale more deeply and hold their breath longer than cigarette smokers, which leads to a greater exposure per breath to tar."



Source: American Lung Association, 2019

Smoking marijuana can ruin the small blood vessels in the lungs and can

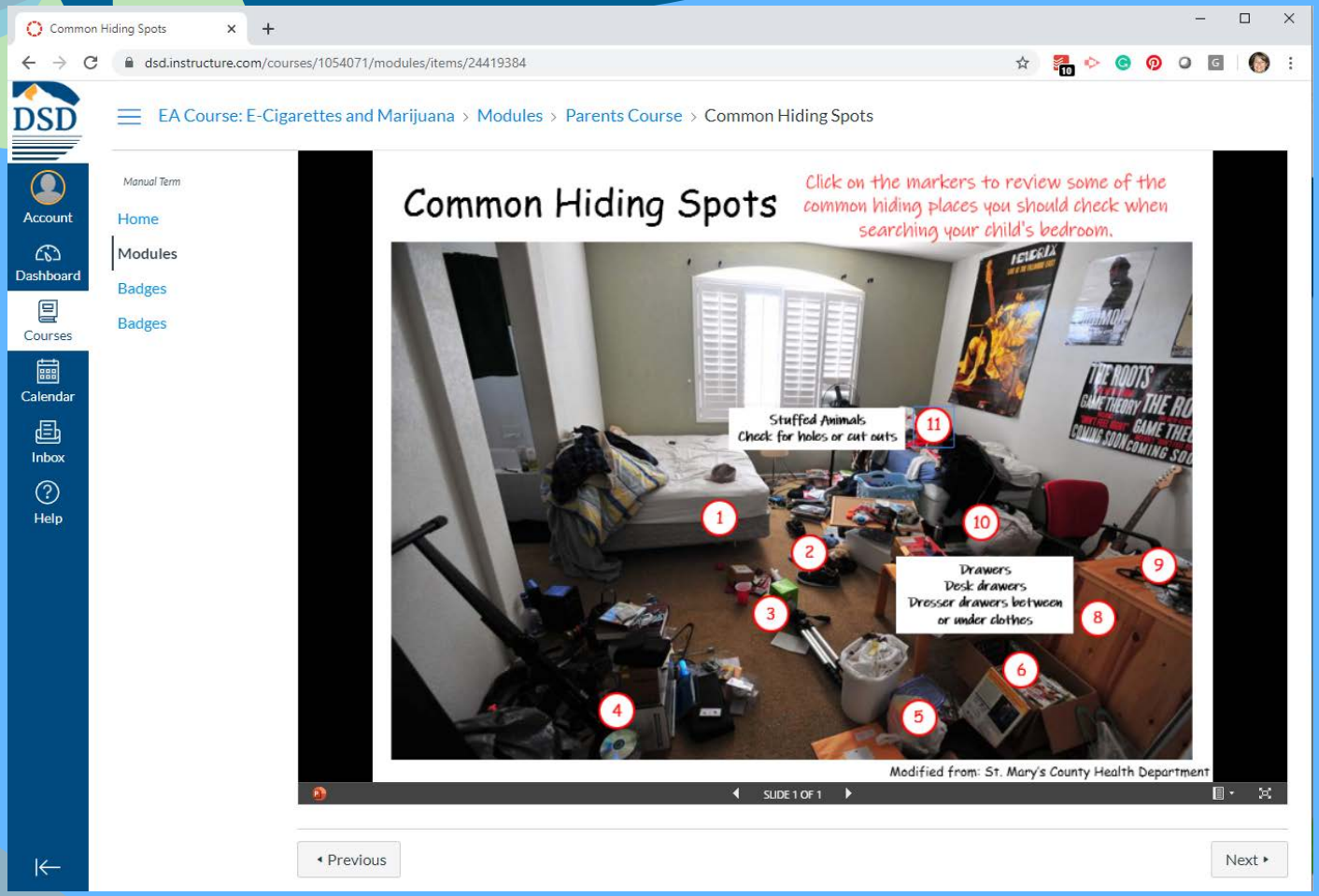
# Tobacco & Nicotine 2019




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# Tobacco & Nicotine 2019




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# Tobacco & Nicotine 2019



# The End!



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