

MINUTES

FIVE COUNTY CAREGIVER ADVISORY COUNCIL

May 28, 2019

ST GEORGE, UT

MEMBERS IN ATTENDANCE

Rosie Fletcher-Chair
Sheila Shotwell
Donna Chynoweth
Christine Holliday
Brenda McKee-Co-chair
Jackie McClellan
Fayann Christensen
Curtis Crawford
Mike Miller
Lou Ann Lindquist
Heather Cox

REPRESENTING

Iron County Caregiver
Beaver County Coordinator
Garfield County Coordinator
Washington County Coordinator
Washington County RRCI
Memory Matters
Kane County Coordinator
Iron County Coordinator
Alzheimer's Association
Memory Matters
Five County

MEMBERS NOT IN ATTENDANCE

Melinda Barney
Cindy Clark

Washington County Caregiver
APS

OTHERS IN ATTENDANCE

Sheri Reber
Mike Hart
Jill Hatlan

Five County AOG
Five County AOG – RSVP
RRCI

SUPPORT STAFF

Tracy HeavyRunner
Carrie Schonlaw
Linda Sawchenko

Five County AOG
Five County AOG
Five County AOG

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May 28, 2019

CEDAR CITY, UTAH

WELCOME AND INTRODUCTION

Ms. Rosie Fletcher, Chair, welcomed those in attendance to the meeting.

APPROVAL OF THE MINUTES

Ms. Rosie Fletcher, Chair asked if everyone had received the February 26, 2019 minutes and if any changes to the minutes for February 26, 2019 none was noted. Rosie Fletcher requested a motion to accept the minutes.

MOTION TO APPROVE THE MINUTES OF THE FEBRUARY 26, 2019 WAS MADE BY MS. FAYAN CHRISTENSEN AND WAS SECONDED BY MS. CHRIS HOLLIDAY, MOTION CARRIED UNANIMOUSLY.

INTRODUCTIONS

Introductions were made of all attending this meeting.

Alzheimer's Association – Mike Miller

Walk with Alzheimer's and Memory Matters Fall Festival was going to fall on the same day and they got together to see what they could do so people could attend both. As it turned out the Rodeo was going to be the next weekend and Memory Matters likes to be a part of that so it worked itself out. Mike did a couple radio show interviews and will be doing another one next week as June is Alzheimer's and brain awareness month. Working to get a support group together in Cedar City and Hurricane he had a call to action meeting in Cedar City and only one person showed up he trying to figure out if there is a need in that area. Curtis said they do refer people to the Alzheimer's Association but they haven't had much inquire. Carrie suggested that maybe Curtis put an article in the Iron County newsletter to see what kind of support is needed. He participated in 4 health fairs the month of May. Mike handed out flyers for the Walks they have coming the St George will be in June and the Cedar City will be in October. Ronnie Daniels will be in town on June 21th to speak at the Live Well Center on the Alzheimer's epidemic. Mike suggested that we have a one page brochure that has the AAA, Alzheimer's and Memory Matters that can be passed out at events. Mike passed out a handout of Intermountain Healthcare called Project Echo.

Memory Matters – Luann Lindquist

They are filling out the application for Adult Day Care license which still the activity group its 3 days a week for 4 hours in St George for someone that needs some cognitive behavior. They are working with Five County with the telephone reassurance program. Carrie will get the information to Fayann as Lou Ann has someone in Kanab that is interested in this.

Memory Matters is having a symposium for first responders on how to handle and reach the person with dementia or Alzheimer's. This will help the first responders know how to handle them, where to send them and what they can do legally, if anyone has something to input please let her know. The St George police use to have 2-3 calls a week regarding someone with dementia and now they are having 6 calls a day. Carrie mentioned that there is some talk of working on getting a coalition for Elder Justice together in this area and Lou Ann wants to get together with him on that so they aren't duplicating that.

The new Early Stage Memory loss education class will be starting in September it's a 2 hour a day once a week for 10 weeks.

RRCI – Brenda McKee

USOR is getting new funding so they want anyone who is interested to get the application in ASAP new funds start in July, this helps with ramps, lifts, hearing aids and other equipment. Jill from the Hurricane office said that they get money for the whole state and it is based on first come. This is based on income. Brenda gave an overview of the things that they do and what is going on now. Brenda talked about the loan bank for equipment and that they could use more donations. Chis suggested that the Senior Centers put this information in their newsletters. Jill wants to get public transportation to Hurricane. Tracy asked that we get the Hurricane information for the new support group that Jill is doing. Tracy mentioned that we need to add the links for all these programs to our web site.

Five County Programs – Tracy HeavyRunner

Tracy introduced the new RSVP program director Michael Hart he talked a little about himself and how he wants to expand the programs and the need for more volunteers. Brenda at RRCI has invited Mike to join her at the Calvary Church to do a presentation of the volunteers we need at Five County.

Tracy talked about a conference she went to that discussed the need for support groups for LBTG seniors and she said we had people willing to get our information out to them. There is a Pride event in both Cedar & St George and she said we have staff ready to go to talk about our programs at their outreach events.

Outreach – Monthly newsletter and our web page. Kristina puts all the classes in the newsletter and if Memory Matters of RRCI has an upcoming event she can add it to the paper. Carrie will get with Ali to let them know what form she needs it in to add to the Website.

Respite – Tracy explained that she is the manager of the case managers for the Caregiver program which allows people to stay in their own home. Caregiver is meant to educate. We are adding about 14 new clients which would put us up to about 39 clients.

Presentation -Sheri Reber did a presentation of a training that she created it is called I'm

a Caregiver... NOW What?????? It started with How Did we get here to Planning for the future and the Joy of being a Caregiver. Everyone gave some feedback and some suggestion to the training.

Legislative Update – Carrie Schonlaw.

This is going on now so she has no updated information yet. Chris Holliday pulled up an email she had received from Sharon Ott which stated that the appropriation committee has indicated that the at the top of list is a \$750,000 of ongoing funds for Alternative, Aging Waiver, Long Term Ombudsman, and Caregiver support programs this looks good that this will go through.

Training

RCI this is a 12 week long training and our numbers are down.

Dealing with Dementia- Dementia Dialogues Caregiver Academy -we have our monthly calendars out and all the classes are in the newsletters. Sheri added our services to all the free papers.

Music & Memory- We now have 5-6 clients on this program. We have over 300 CD's put on our computer with a lot of them being donated. Brian Caldwell is our coordinator for this program. Might have a possibility for a grant and Tracy will get with Carrie to see if we can do this.

Support Groups

Cedar City is doing the lunch bunch at the Cedar City office the attendance has been sporadic. St George is not doing as well and we are considering some changes. Kanab support groups are going well.

Senior Voice Day- Tracy was given three dates by Senator Victors and the only date that would out for Tracy would be the date of the next Caregiver Advisory meeting August 27th. If everyone is okay with that then the next meeting will be replaced with Senior Voice Day either at the Cedar Senior Center or the Heritage Center. Met with Jeremy Cunningham of the Alzheimer Association will help with the event. They are trying to get the Lieutenant Governor Spencer Cox to attend. Time would be from 2 pm to 4 pm and our seniors act as the sponsors with Rosie as the host. If the Senior Centers can get any of our elective officials to attend that would be great. Ideas were discussed on formats, speakers and treats. Our theme will be a thank you for all that the legislature has done for us. This year we will advocate for Adult Protective Services.

Updates from Committee Members

A discussion took place about the results of the Senior Conference and how successful it was with over 235 attending and \$6000 was raised for the Senior Corp Programs.

Next meeting will be replaced with the Senior Voice Day on August 27th

**MOTION TO ADJORN MEETING WAS MADE BY DONNA SHOTWELL AND
SECONDED BY CURTIS CRAWFORD. MOTION CARRIED UNANIMOUSLY.**