

**MINUTES**  
**DISTRICT V**  
**AGING & NUTRITION SERVICES ADVISORY COUNCIL**  
**October 22, 2019**  
**KANAB, UTAH**

**MEMBERS IN ATTENDANCE**

Judy Henrie-Co-Chairperson  
Ron Lehm  
Marsha Topper  
Nancy Ford  
Connie Ball  
Earl Paddock  
Arlen Grimshaw  
Wynona Henderson  
Pauline Prince  
Art Cooper  
Clem Griffin  
Joyce Griffin  
Wallace Gibson  
Doug Maxwell  
Carma Sly  
Ramona Sorenson (At-Large Rep)

**REPRESENTING**

Garfield County Advisory  
Washington County Advisory  
Kane County Advisory  
Kane County Advisory  
Kane County Advisory  
Iron County Advisory  
Iron County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Garfield County Advisory  
Kane County Advisory  
Iron County Advisory  
Beaver County Advisory  
Garfield County

**MEMBERS NOT IN ATTENDANCE**

Sharon Ott-Bowman(Chairperson) Excused  
Mary Schaidt  
Lael Chynoweth  
Robert Rasmussen  
Sharon Griffiths  
Geraldine Liston  
Sondra Akins (Excused)  
Karr Farnsworth  
Lois Bulloch  
Carol Sullivan

Washington County Advisory  
Beaver County Advisory  
Garfield County Advisory  
Iron County Advisory  
Beaver County Advisory  
Garfield County Advisory  
Washington County Advisory  
Washington County Advisory  
Iron County Advisory  
Kane County Advisory

**OTHERS IN ATTENDANCE**

Christine Holliday  
Curtis Crawford  
Sheila Shotwell  
Donna Chynoweth  
Fayann Christensen  
Jim Sly  
Ron Ford  
Carrie Schonlaw  
Linda Sawchenko

Washington County Coordinator  
Iron County Coordinator  
Beaver County Coordinator  
Garfield County Coordinator  
Kane County Coordinator  
Beaver County  
Kane County  
Five County Association of Governments  
Five County Association of Governments

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**I. WELCOME AND INTRODUCTION**

Ms. Chris Holliday handed me proxy from Ms. Sharon Ott-Bowman, chairperson as she will not be attending this meeting. Judy Henrie the Co-Chairperson will preside over this month's meeting. Ms. Henrie welcomed the members of the council.

**II. MINUTES PREVIOUS MEETING OCTOBER 23, 2018**

Ms. Judy Henrie asked if everyone had gotten the minutes from the last meeting and if there were any comments or changes. No changes to the July 23, 2019 minutes were needed. Ms. Henrie requested a motion to accept the minutes from the last meeting.

**MOTION WAS MADE BY MR. CLEM GRIFFIN TO ACCEPT THE MINUTES OF JULY 23, 2019. MOTION SECONDED BY MR. WALLACE GIBSON. MOTION CARRIED UNANIMOUSLY.**

### **III. LOCAL SHARING**

Ms. Judy Henrie requested local sharing from County Coordinators.

#### **Beaver County - Ms. Sheila Shotwell**

Finally have 3 new people hired. New MOW driver for Milford and Minersville, new assistants for both Milford and Beaver and the assistant cook that was at Beaver moved to Minersville. We temporarily moved the Beaver Senior Center to the City offices as the City is starting the renovation on the building where the current Beaver Senior Center resided. They have no idea how long the renovations will take. We've taken trips to Cedar City for shopping and dinner. We'll be serving our first meal in Beaver since the move so we will see how that goes. Not much else new and all is going well with all locations.

#### **Iron County - Mr. Curtis Crawford**

Things are going well at both the Cedar City and Parowan centers. Passed out copy of monthly newsletters with list of activities. Both the meal program and the activities are continuing to grow especially at Cedar City with congregate meals. They are finding that they have had to **stop** reservations as they run out of food for that day. They report about a 30% increase of people attending the Center.

They have held back on delivering the emergency meals until November and will be including instructions on how to use the emergency meals on days they have severe snow storms as the MOW vehicles won't be able to get out to them.

Cedar Center- Is busy all day and many evenings with exercise classes, game activities, craft classes and many other activities.

Parowan- Is offering its own activities and craft classes. A few months ago, the entire town of Parowan had a power outage for 3 days. A lot of food in the fridge and freezer went bad as we did not realize at the time that we had a generator. We had a service company come up to service it and now it automatically runs a weekly test and is set up

for annual service. They are finally fully staffed in all departments. They have submitted request to the County for a part-time Activity Director for the Parowan Center with hopes that this will help that Center grow.

Curtis shared with the meeting that they had a gentleman who came in daily who sat on the couch and watched TV his hygiene wasn't good so he was asked to bathe or he wouldn't be able to come to the center any longer. Come to find out he had bed bugs so bad that the neighbor would not let him in the house to bath. Curtis had Ecolab come and check out the Center as he did not see any but they found them down behind the cushions on the couch and on the books in the bookshelves. Thankfully that was the only area they were in so they had to throw everything out. Ecolab said not to replace the couch with one that has cushions, be careful accepting books, magazine or clothing.

### **Washington County – Ms. Christine Holliday**

The snow birds are coming back! They celebrated Senior Center month on July 24<sup>th</sup> and will be celebrating Halloween.

Enterprise

Things are going very well. They took a picnic and leaf trip to Pine Valley. They are going to St George twice a month for shopping/errands. Had Heat assistance come, presentation for DNA scam, national ice cream sandwich day, flu shots, AARP presentation as well as all the regular activities.

### **Connecting**

Here's what I know... Work at your relationships all the time. Take care of friendships, hold people you love close to you, take advantage of birthdays to celebrate fiercely. – Patti LaBelle. We plan on getting the community to connect with us by planning an open house to share what we do here with others.

## **Giving**

Life's most persistent and urgent question is: What are you doing for others? - Martin Luther King, Jr. We will be constructing a quilt here at the center and giving it away at a drawing held at our open house. The Advisory Board would like to collect items to give to a needy family during the holidays. Giving makes us happy.

## Hurricane

The lunch participation continues to grow. Taking weekly trips to St George and continue to have all the regular activities. They had a CNS accident prevention presentation, wills and trust presentation, flu shots, DNA scans and police department presentations. They had a great turn out for the annual picnic at Grandpa's pond.

## St George

There is a new sign on the front of the building "St George Seniors 60+ Active Life Center". They have purchased hardware and a software program for keeping track of how many seniors are attending what classes and registration for lunches. The senior checks themselves in and marks the activities they will be participating in that day. This was a big undertaking to get ready to use but with as many people and activities that they offer each day, they hope it will improve their reporting. They held four award banquets for the Huntsmen Senior Games. A new art class will be starting for Drawing Techniques. The new exercise room is ready to go and is being used daily. All the regular activities are continuing.

## **Kane County - Ms. Fayann Christensen**

Fayann welcomed everyone to the new Kanab Senior Center even though it isn't completed yet they had this room ready and wanted to host the meeting here. She offered to give anyone a tour of the building after the meeting. All is going good they are still doing the exercise classes each week, have someone that comes in that cuts nails for the seniors, still playing cards and sewing classes. Taking trips to Cedar City for shopping as St George is still too warm. MOW's are doing well as more seniors

would rather work in their yards than come to the centers. They replaced two staff members that retired. The local 4H club brought virtual reality glasses and that was a big hit with the seniors so they will be doing that again.

### **Garfield County - Ms. Donna Chynoweth**

Hennriville- All is doing well. They now have a new MOW driver to replace the one that had to retire after he had a heart attack. They had a turkey dinner with 12 people attending the congregate setting, which is a lot for that center, and 53 MOW dinners. They passed out the first round of emergency meals.

Panguitch- The town historian passed away. She had a wealth of knowledge about the community. All is going good at the Center, they have made trips to the Corn Fest, to see the fall foliage and shopping.

Escalante- Had a Dementia Dialogue class with Tracy from Five County. Everyone loves the new center. The compressor on two of the MOW trucks went out and one place could not fix it but they charged them \$899 to tell them that and to put it back together. They took them to Cedar and were able to get them fixed. Ramona and Chris went to Park City to be re-certified for the Tai Chi, evidence-based program.

## **IV. LEGISLATIVE & FISCAL UPDATE**

Before Carrie began with her updates she wanted to do a little local sharing. AARP just had their Annual Volunteer Awards and Southern Utah had five volunteers recognized including Robin and Ramona you can go on the Five County AAA face book page and see the pictures of them. Five County was recognized with an award from the State Department for our Fall Prevention programs in Southern Utah. Before we start Arlen Grimhaw wanted to thank the coordinators for all they do and how amazing they are.

## **Legislative**

The focus this year will be on the Elder Justice issues and advocating for Adult Protective Services and getting more Adult Protective service workers. Last year they were knock off the list for finding. The Alzheimer's Association will be lobbying for this as well. A bill went through that was not highly publicized which would change the requirements for staffing so that they would only have to have one CNA in the facility. The other staff would not have to have be CNA's and only require minimal on job training. We will be working with licensing at the State to find out all the particulars of this bill.

Senior Voice Day in August went well we had over 70 people attend. Senator Vickers and Representative Shipp came along with representatives from Lee and Romney's office. Had a lot of good discussion back and forth regarding senior issues.

The theme this year for the Senior Conference in May will be "there's No Place Like Home". Hoping to get Representative Stewart at the keynote speaker. Good feedback on the format for last year so we will be sticking with that again for this year.

## **Policy briefing n4a – National Association of Area Agencies on Aging**

OAA (Older American's Act) Reauthorization - Carrie handed out some copies of the policy briefing. Priorities of the older American act authorization still has not gone through with the approval process that was discussed at the July meeting. The funding allocation and the formula issues related to the hold harmless has held the approval for the OAA authorization up. They are also pushing to get this back on a five-year cycle. Funding level is the biggest problem members face in meeting the needs of older adults and caregivers the bill recommends increasing core programs by 7% first year and 6% in subsequent years. Some of the flexibility would in the suggested reauthorization would allow AAA's to look at non OOA funding as revenue source, some examples would be contracting with healthcare payers to provide meals or transportation to Med

Advantage clients, private pay for those who can afford it. The bill would help tribes build capacity and better serve the needs of the Native American and Native Hawaiian elders they serve. Include new research and demonstration authority for the AoA in Title IV to produce data driven assessments of the value of the AoA programs, remove the 10% cap on serving grandparents and other older relative caregivers, socialization issues and access to state cost sharing policy or guidance.

### **YTD Budget**

The first quarter of FY20 is done and Carrie handed out a spreadsheet of the expenditure report. Carrie stated that they would see a few late adjustments made for the FY19 that needed to be added in. So far the first quarter is on track with a little concern on the congregate meals and everyone should be looking at ways to outreach so we don't leave any money on the table. Donna mentioned that she was unable to get any response on ordering trays Carrie will follow up with them to see what the issue is as to who is approved to order from them. Carrie wanted the council to know that the above figures do not include the unallocated funds from FY19 and come January this money will be factored into the budget. Please note in the unallocated funds that on the Alternatives programs there is a negative figure the State made an error and gave portion of one areas funding to everyone else, so they had to correct that. On the flip side of that a lot of hard work and a little pleading, we were able to receive some funding from the Utah Department of Veterans and Military Affairs to support the work we are doing with Veteran's and our staff, Veterans service officer. This is a key factor to keep that position open to support our veterans, specifically, homebound veterans as other VSO's cannot provide services in the home of the Veterans. The other money in the budget is carryover money from last year and that will be factored back into the budget and in January will discuss how to allocate these funds. Chris had a question on the Caregiver carry over money she wanted to know if that was because we did not have enough clients, she thought we had a waiting list. Carrie explained that it is a



combination of having staffing issues and timing of removals and the additional classes/training, such as the Memory Matters training. Carrie also mentioned that Memory Matters is now licensed to do Adult Day Care. Mid-year will be when the contract amendments will be ready for approvals. The State has changed the way they do carry overs now and it will now be calculated by the remaining balance with maximum of 10% of total budget being allowed to carryover. In addition, transfer of funding between MOW, Congregate and III-B will only be allowed in the spring with our initial budget, mid-year transfers will no longer be allowed.

## **V. NUTRITION PROGRAM**

Charlotte has confirmed her dates and locations for the Monitoring visit. On Monday November 4<sup>th</sup> she will be in Minersville around 3pm for the meal route. On Tuesday November 5<sup>th</sup> she will be at the Hurricane Senior Center and she will also meet with Gloria and the Evidence Based Staff that same day. On Wednesday November 6<sup>th</sup> she will be at the Panguitch Center. Carrie requested that you get with her on times for the MOW route so they can plan accordingly.

## **VI. REPORTS**

### **NAPIS – National Aging Program Information Systems**

This is the annual report to the Feds. Carrie will be printing up her reports for the whole Five County and comparing them with the reports from the Senior Center to make sure they have no discrepancies. Carrie informed the council that they have a new deputy Director with the State his name is Jake Murakami he came from the Senior Corp programs. Since he is new, we may have some changes in the process for submission of these reports. Should have the FY 19 report ready for review at the January meeting.

## **VII. OTHER BUSINESS**

### **Upcoming Events**

DAAS training for the coordinators will be on October 29<sup>th</sup> -30<sup>th</sup>. The senior Center training will be on the 29<sup>th</sup> and DAAS on the 30<sup>th</sup>. Carrie handed out a schedule of the training to the county coordinators. This will be held the same place as last year.

### **Upcoming Training/Classes**

Carrie passed out a flyer of the RSVP trainings for each county. The front of the flyer is information on how to become a volunteer and the back has the upcoming classes and workshops.

Carrie then turned the meeting over to Amy Brinkerhoff to do a presentation on Medicare open enrollment and the dates they would be at each Senior Center. Amy explained that as of January 2020 the old Medicare cards would no longer be valid. Plan C & F will no longer be available to new applicants but if you were eligible for Medicare before January 2020 you would still be able to get those plans. Amy explained the new plan finder and the changes in the donut hole. Amy then took questions and let people know she can set appointments with anyone who wanted after the meeting.

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### **Open Floor for discussion**

Judy Henrie asked if anyone had anything they wanted to report or discuss, no one had anything else to discuss.

Next meeting will be on January 28, 2020 in Parowan.

### **X. ADJOURN**

**MOTION WAS MADE BY MR. ART COOPER TO ADJOURN THE MEETING  
SECONDED BY MR. WALLACE GIBSON. MOTION CARRIED  
UNANIMOUSLY.**

Meeting was adjourned, and lunch was provided by the Kanab Senior Center.