Davis County Health Department
Senior Services Advisory Council
October 19, 2018 Minutes

Board Members Present:
Shelly Nettesheim, Chair
Lorna Koci, Executive Board
Jim Smith, Davis County Commissioner
Joshua Alvarez
Dr. Johnnie Cook
Debbie DeAgostine
Manuel Martinez
Kate Nederostek
Ralph Vaughan

Board Members Excused:
Larry Millward
Mark Perry

Department Staff Present:
Kristy Cottrell, Senior Services Deputy Director
Bob Ballew, Davis County PIO
Viki Bowman, RSVP
Debbie Draper, Senior Services Bureau Manager
Shawna Mahan, Senior Services Bureau Manager
Amy O'Dell, Administrative Secretary

Guests:

Davis County Senior Services Advisory Board held a meeting on October 19, 2018, at the Davis County Health Department, 22 South State, Clearfield, Utah. The meeting was called to order by Shelly Nettesheim at 10:35 am.

Call to Order/Welcome
Ms. Nettesheim extended a welcome to the Board, department staff, and guests. Ms. Nettesheim opened the floor for roundtable introductions to take place.

Approval of Minutes
The minutes of the June 15, 2018 meeting were presented and reviewed.
Lorna Koci motioned to accept the proposed minutes. Dr. Johnnie Cook seconded. The vote was unanimous.

Caregiver Support Program

Advisory Council Status & Activity; Ralph Vaughan stated that the Caregiver Advisory Council met on September 27, 2018 for their quarterly meeting. He shared that November is National Caregiver month. Mr. Vaughan encouraged all to celebrate and recognize the efforts that caregivers provide. He shared the opportunity to participate in Caregiver events taking place at the Davis County senior activity centers.

- North Davis, November 14th
- Central Davis, November 15th
- Golden Years, November 20th

Kristy Cottrell stated that further details regarding the events would be shared with the Board through Senior Services. Mr. Vaughan reported that Megan Forbush, Senior Services Caregiver Coordinator, is very engaged in the program and does a great job. The next meeting will take place in January, with the date to be determined.

Caregiver Academy; Shawna Mahan reported that Senior Services has launched the Caregiver Academy. Ms.

Mahan described it as a skill based workshop. She noted that this approach is a replacement for the Caregiver Classes in which guest speakers addressed various topics. Ms. Cottrell shared that the University of Utah worked with the agency to conduct a program evaluation research study. These findings were used to guide the realignment of the local budget to allow for more support and education in the community.

Ms. Cottrell stated that the new Caregiver Academy brought in twenty participates for October, with the next series in January already filling as well. The maximum number of participants is set at twenty-five. A comparison noting that in the previous Caregiver Classes, attendance ranged from three to seven participants. The Board voiced their congratulations and support for the efforts of the Senior Services Division.

Retired Senior Volunteer Program (RSVP)
Viki Bowman provided an update regarding the number of volunteers serving in the RSVP program for the April 2018 through March 2019 time period. She identified the categories, services within each area, how measures are tracked, and how funding is determined as she shared a visual aid.

Healthy Futures; Currently 104 Volunteers/ Goal of 205 Volunteers
Outcome Focus; Currently 120 Volunteers/ Goal of 188 Volunteers
Total Number of Volunteers; Currently 308 Volunteers/ Goal of 375 Volunteers

Ms. Bowman reported that 82% of the RSVP goal has been met within the first six months of the year. The Board expressed appreciation for the services that are provided through the program.

Elder Abuse CAPE Committee
Ms. Cottrell stated that the monthly Elder Justice; CAPE Committee meeting took place earlier this morning. She shared an overview of the agencies that attend and network with one another to aid victims of elder abuse. They include: County Government, Law Enforcement Agencies, Adult Protective Services, Banking/Financial Fraud, and Legal experts participate in the committee. Ms. Cottrell recommended that awareness of this committee take place to encourage case staffing discussions. Commissioner Jim Smith added that case discussions are in a private and confidential environment.

Ms. Cottrell noted that the annual Elder Abuse Conference is scheduled for May of 2019 in Provo, Utah. More information will be shared as it becomes available. Com. Smith recognized this as a great educational opportunity and encouraged participation.

2019 Area Plan Priorities
Ms. Cottrell shared a draft version of the Community Survey. She stated that this survey information will be utilized to guide the new Four-Year Plan goals. The Board provided feedback and verbiage suggestions for consideration. The combined suggestions of SSAB and CAPE will be used to finalize the survey for publication.

Utah Area Agency on Aging (u4a) 2019 Legislative Priorities
Ms. Cottrell shared a presentation on the Fiscal Year 2020 Legislative funding. The $750,000 dollar amount provides funding outlined for Alternative Programs, Caregiver, Aging Medicare Waiver Program, and Ombudsman services. Handouts were shared with the Council.

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Director's Report
Ms. Cottrell reported that the as the Senior Services Advisory Board is not a policy making group. Therefore, a change in the name is appropriate to reflect this group as a council. Documents will be updated to reflect, Senior Services Advisory Council (SSAC).

Ms. Cottrell proposed that the December 14, 2018 meeting take place with a shortened time frame in order to include a holiday lunch with the seniors at North Davis. She also shared that efforts were underway to invite the newly elected County Commissioners. This will take place in lieu of a Senior Voice Event that was discussed in prior meetings. The Council was supportive of this suggestion.

Ms. Cottrell requested input regarding the 2019 SSAC schedule. The option to hold quarterly or every other month was suggested. The Council opted to continue with the 3rd Friday, every other month, at from 10:30 am to 12:00 pm.

Ms. Cottrell invited the Council to attend one of two Senior Service Division In-Service Trainings scheduled. The Older Americans Act and Health Department Strategic Plan are among the topics being presented. They are scheduled as follows:
November 27th; Health Department, 1:00 pm-3:00 pm
November 29th; Golden Years, 9:00 am-11:00 am

Ms. Cottrell stated that she was beginning a "Cookies with Kristy" to encourage open dialogs with patrons at the senior activity centers. The focus is similar to national efforts such as Coffee/Cookies with Congress or Juice with Jon Curtis. The next Senior Services event is scheduled for December 13, 2018.

Ms. Cottrell reported that Davis County Senior Services was presented an award by the Division of Aging and Adult Services (DAAS) Certificate of Recognized as a triple A for the preventive health education, nutrition and volunteer services provided to the community.
National Association Award for the Pantry On-the-Go Program at the senior centers in partnership with the Lorna Koci and the Bountiful Food Pantry. The Council recommended that this be shared at an upcoming County Commissioners meeting. Com. Smith offered his support in doing so.

Ms. Cottrell shared that the Alzheimer's Association Walk Event took place on October 13, 2018. It was a well-planned event by the Alzheimer's organization; Kate Nederostek was recognized as part of these efforts. Ms. Cottrell shared that the Health Department and Senior Services Division took part in walking or serving at the walk.

Ms. Cottrell stated that open enrollment time with Medicare is taking place. She shared that counseling is available through Senior Services with education and appointments with Case Management. She also shared that the goal is to provide the facts to the individual so that they can make their own decisions; however, this free service is cost effective with an average savings of $2,300 a year for older Americans.

Commissioner Report
Commissioner Jim Smith shared that election voting to fill Commissioner Seats in 2019 will take place in

November. Candidates for Seat A include Bob Stevenson and Tamara Long. Currently the only candidate for Seat B is Lorene Milner Kamalu. Com. Smith also shared that there is transition in Davis County within the state legislature. It includes the President of the Senate, Speaker of the House, and Co-Chair of Appropriations being residents of the county, and is an opportunity to educate regarding needs and supports for older adults.

Chair Report
Ms. Nettesheim encouraged the Council to vote and take advantage of this opportunity.

Community Announcements

- Caregiver Academy Workshops
  See handout for full detail
  Dates: October 9,16,23,30 and November 6, 13 (Attend all dates for full workshop)
  Time: 11:00 am – 12:30 pm

- Dementia Dialogue Course
  See handout for full detail
  Dates: October 16, 23 and 30 (Attend all dates for full course)
  Time: 6:00 pm - 8:30 pm

- Davis Hospital is phasing out their Senior Advantage program. The membership program offered activity and education opportunities. The Doctor's Orders portion of education will continue as a hospital resource. Ms. Cottrell and staff presented to the members. The clients were encouraged to participate and learn about resources within the county with the senior activity centers.

Ms. Koci and the Council expressed gratitude and appreciation for Commissioner Jim Smith for his service in the community and with the Senior Service Advisory Council.

Adjournment
Dr. Johnnie Cook motioned to adjourn the meeting. The meeting was adjourned at 11:20 am.

Next meeting:
Friday, December 14, 2018 (Special date)