DAVIS 4 HEALTH

Board of Health

Tuesday, November 12, 2019
Clearfield, Utah

Davis COUNTY

DAVIS4HEALTH EVENT HIGHLIGHTS

- YOUth Matter Summit & Davis Youth Council Meeting – June 12 & Sept 17
- Grow Your Network – June 25
- Mental Health Screening for Youth – Sept 25 & Oct 1

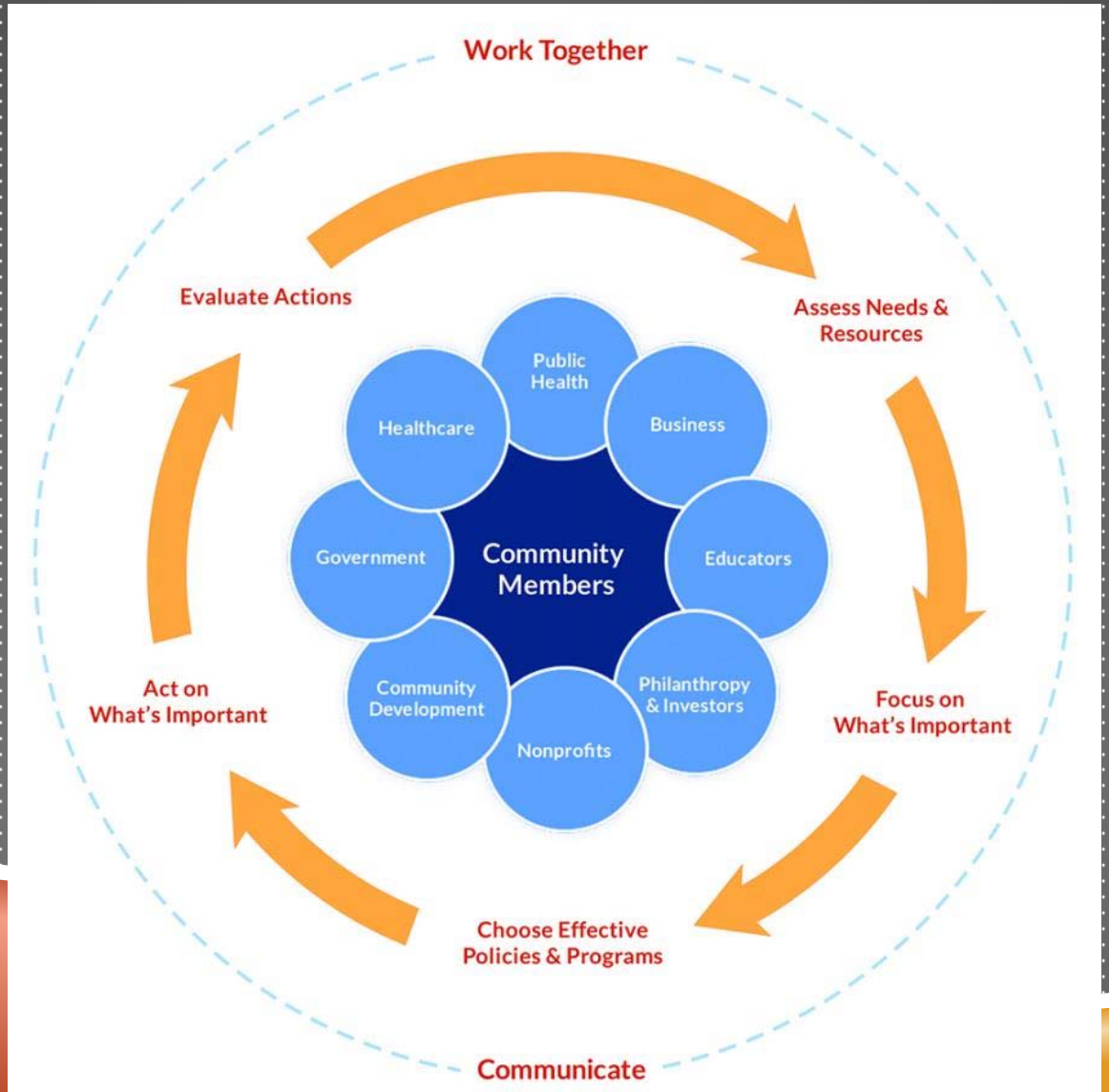




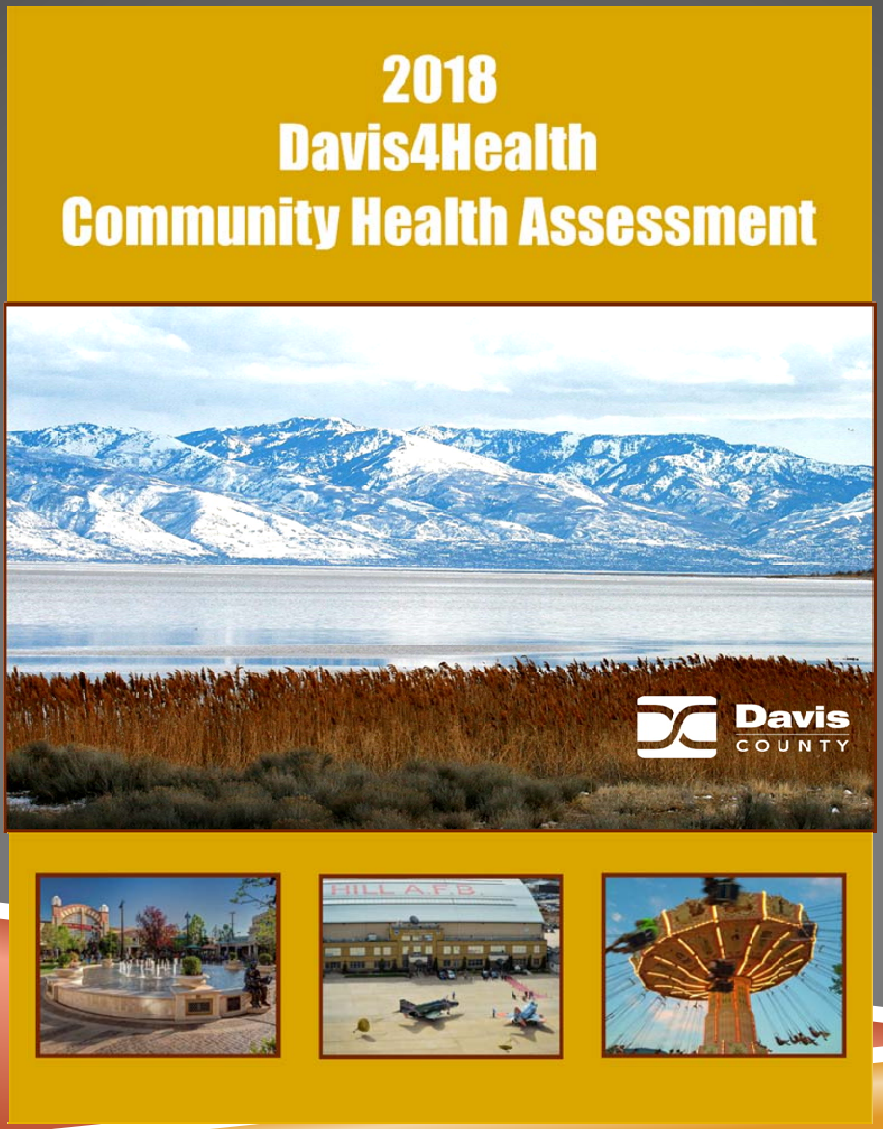




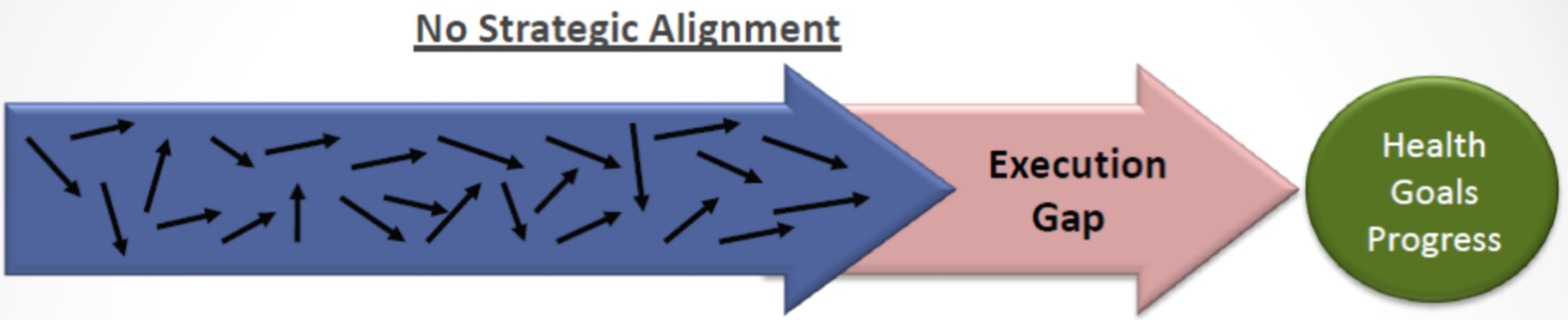
ACTION CYCLE



ASSESS NEEDS & RESOURCES



The Need to Collaborate around a Strategy





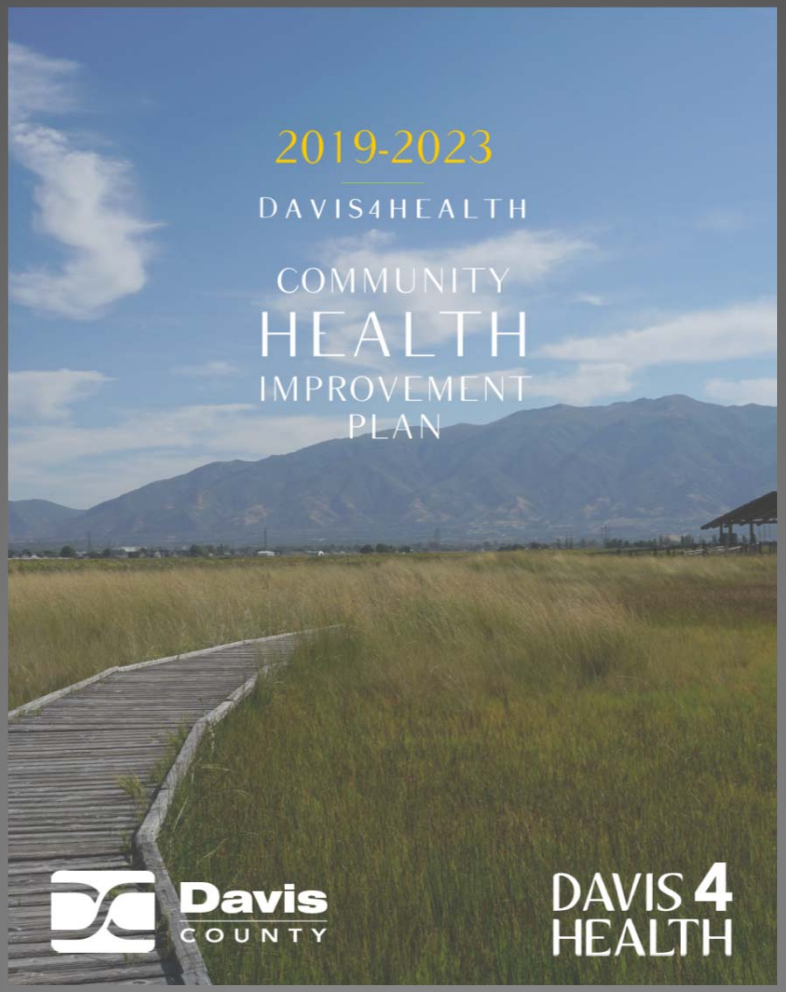
FOCUS ON WHAT'S IMPORTANT

- Suicide
- ACEs/Trauma
- Opioids



Coordinate **Prevention** efforts & efforts to improve **Access** to services which overlap all 3 priorities

CHOOSE EFFECTIVE POLICIES & PROGRAMS



1) Suicide **2) ACEs & Trauma** **3) Opioids**

DAVIS HELPS (PREVENTION COALITION)



1) Suicide **2) ACEs & Trauma** **3) Opioids**

HUMAN SERVICES DIRECTORS COMMITTEE



1) Suicide **2) ACEs & Trauma** **3) Opioids**

OPIOID PREVENTION WORKGROUP



1) Suicide **2) ACEs & Trauma** **3) Opioids**

DAVIS BEHAVIORAL HEALTH NETWORK



1) Suicide **2) ACEs & Trauma** **3) Opioids**

CONTENTS

- Reasons why the issue is a priority with applicable data
- Resources & assets available to support the action plan
- Strategies supported by evidence-based policies & practices
- Designation of organizations responsible for implementation
- Measurable objectives & outcomes
- One page logic models:
  Suicide, ACEs & Trauma, Opioids,
  Prevention, Access

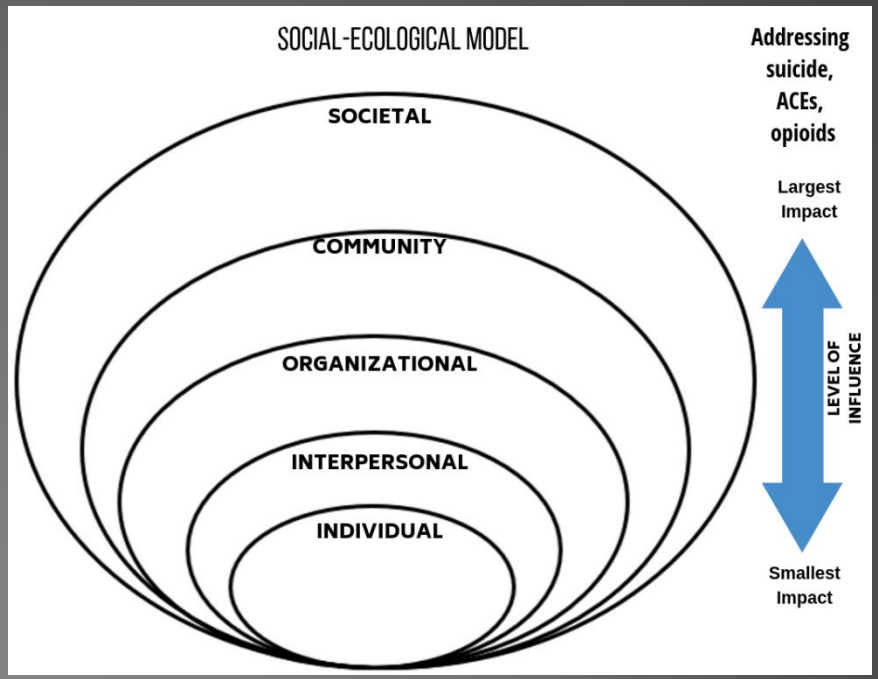


1) Suicide **2) ACEs & Trauma** **3) Opioids**

WHAT'S NEW

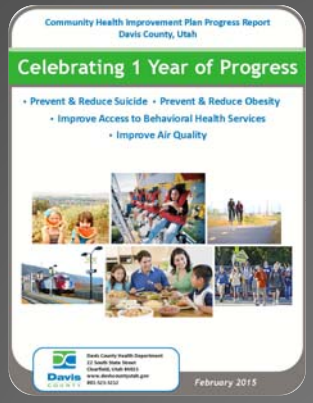
Progress toward addressing health equity, social determinants of health, upstream prevention

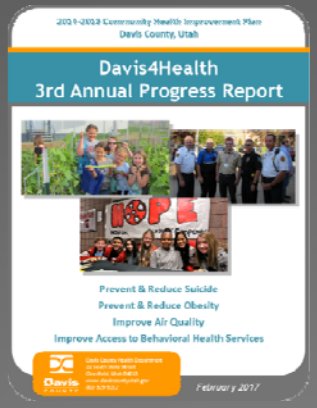
1. Shared Risk & Protective Factors
2. Policy Recommendations for the Alleviation of Health Inequities
3. ACEs & Trauma as a Top Health Issue
4. Coordinated Community Prevention Plan

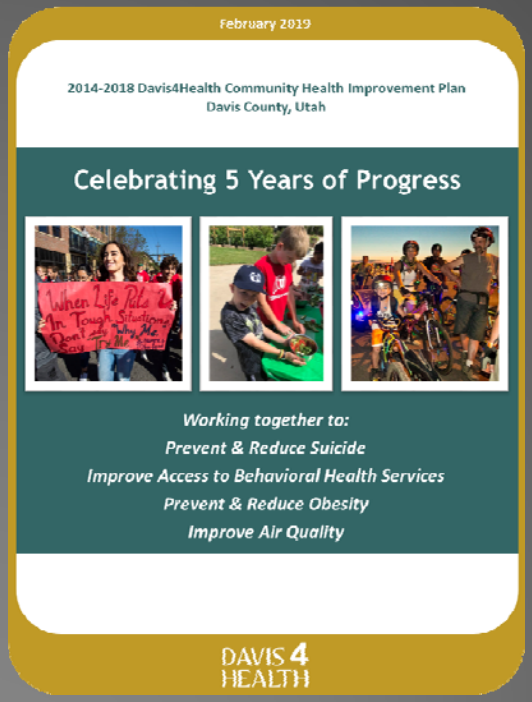


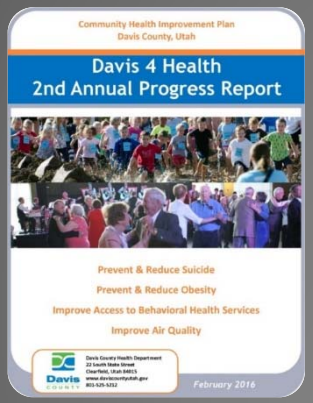
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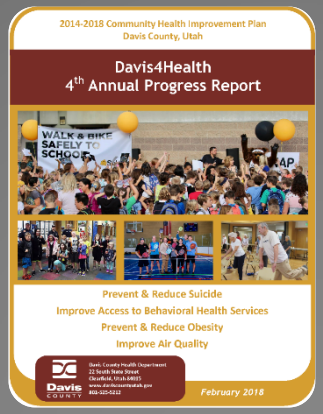
ACT ON WHAT'S IMPORTANT











1) Suicide **2) ACEs & Trauma** **3) Opioids**

WE CAN ALL DO SOMETHING TO HELP OUR COMMUNITY.

- Build strong, positive relationships with family and friends.
- Write down a family and individual mental health or self-care plan.
- Limit screen time for you and your family.
- Be consistent with your sleep patterns.
- Have meals as a family as often as you can.
- Have clear rules that are consistent and age appropriate.
- Safely store firearms and opioids.
- Provide support for education by helping with homework and encouraging school attendance.

Suicide

- Lock unloaded firearms and ammunition separately.
- Learn how to discuss suicide in an appropriate way.
- Ask someone you are concerned about if they are considering suicide.
- Seek professional help if suffering from anxiety or depression.

Childhood Trauma

- Show children and other adults that conflicts can be resolved without yelling or hitting.
- If you are feeling overwhelmed, reach out for help. Seek professional help, if necessary.
- Let children know they are loved through your actions, words, time and attention.
- Be responsive to the signals and needs of children.

Opioids

- Ask your doctor about non-opioid methods of pain management.
- Don't share prescription opioids.
- Properly dispose of prescription opioids that are no longer being used or that have expired.
- If you or a family member are taking opioids, have naloxone (opioid overdose reversal) readily available.

DAVIS 4 HEALTH

EVALUATE ACTIONS

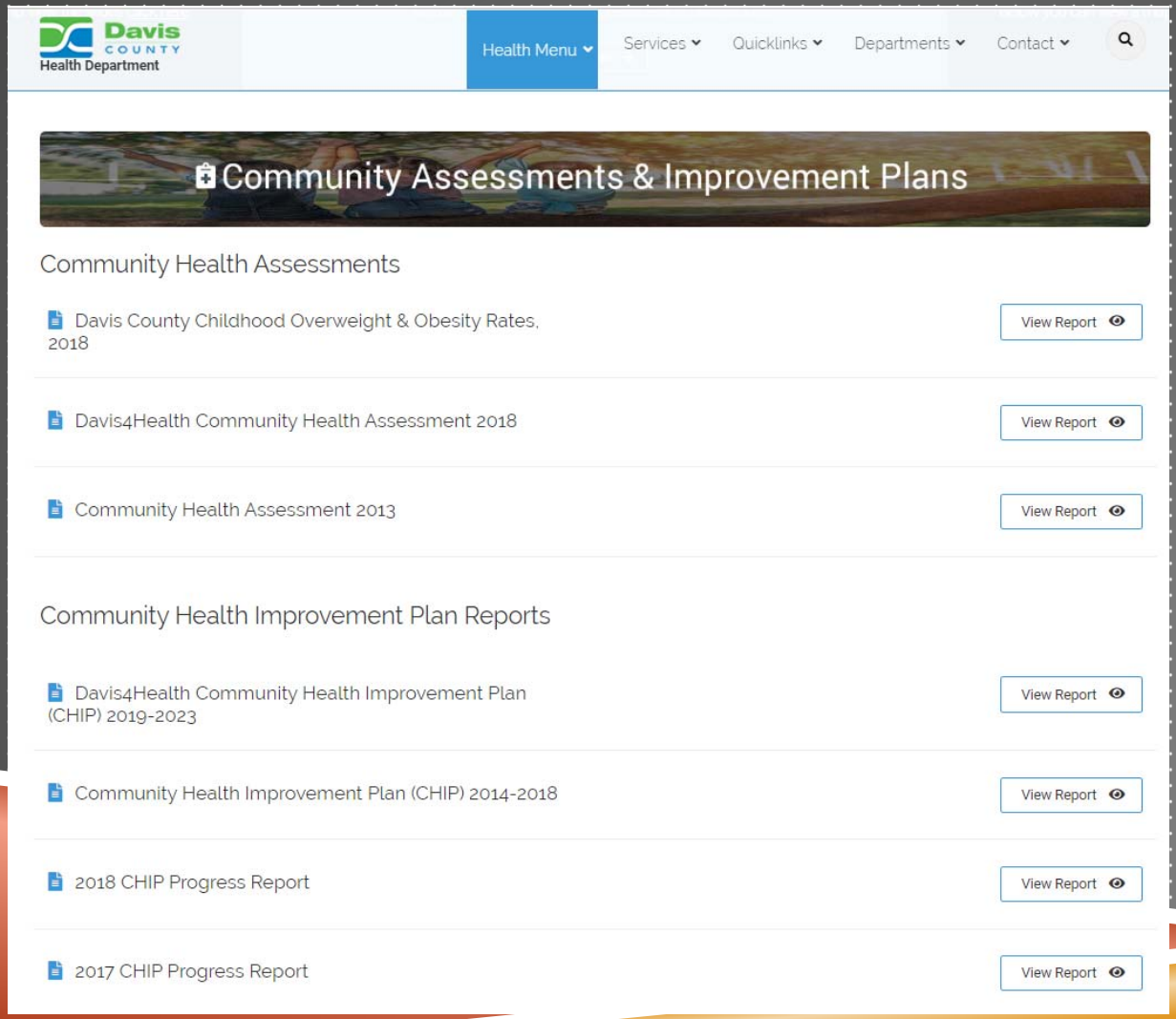
- Tools to monitor & measure processes, progress, effectiveness, outcomes, population changes
- 3 primary population health outcomes
  1. Suicide
  2. Child Abuse
  3. Poisoning Deaths
- Many additional population measures (set baselines & targets)

Population Health Outcomes	Davis County Rate^	Outcomes Goals
Suicide (IBIS)	14.5 (2014-2016)	10.2*
Child Abuse (DCFS)	808.6 (2015-2017)	727.7**
Poisoning Deaths (IBIS)	16.9 (2013-2015)	13.2*

^Rate per 100,000 population, *Healthy People 2020 Target, **A 10% reduction from baseline

1) Suicide **2) ACEs & Trauma** **3) Opioids**

DOCUMENTS ONLINE
DAVISCOUNTYUTAH.GOV/HEALTH



DAVIS4HEALTH PLANS FOR THE FUTURE

- Partner Satisfaction
- Continuous Assessment



DAVIS4HEALTH SAVE THE DATES 2020

- Tuesday, February 25 - Davis4Health Annual Progress Celebration
- Tuesday, April 28 - Davis4Health Steering Committee Meeting
- Tuesday, October 27 - Davis4Health Steering Committee Meeting

Lunch, 11:30 – 1:30
Davis County Admin Bldg, Room 131
Farmington, Utah







YOUTH SERVICES DIRECTORY

- Contains nearly 150 local services such as medical treatment, counseling, self-care, support groups, classes, crisis lines, etc.
- For providers & community agencies wanting help to make referrals
- https://go.usa.gov/xn4FK

