Davis County Health Department
Senior Services Advisory Council
June 21, 2019 Minutes

Board Members Present:
Mark Perry, Vice-Chair
Joshua Alvarez
Dr. Johnnie Cook
Debbie DeAgostine
Lorene Kamalu, Davis County Commissioner
Lorna Koci
Manuel Martinez

Board Members Excused:
Shelly Nettesheim
Larry Millward

Department Staff Present:
Priscilla Angulo, Senior Services; North Davis
Viki Bowman, Senior Services; Central Davis
Kristy Cottrell, Deputy Director Senior Services
John Cowan, Senior Services Bureau Manager
Karen Henderson, Senior Services: South Davis
Shawna Mahan, Senior Services Bureau Manager
Amy O'Dell, Administrative Secretary
Jackie Smith, Senior Services RSVP

Guests:
Grant Johnson

Davis County Senior Services Advisory Council held a meeting on April 19, 2019 at the Davis County Health Department, 22 South State, Clearfield, Utah. The meeting was called to order by Mr. Mark Perry at 10:30 am.

Call to Order/Welcome
Mr. Mark Perry extended a welcome to the Council and Health Department staff.

Ms. Kristy Cottrell shared that Mr. Ralph Vaughan, Chair, has resigned his Senior Advisory Council seat due to health issues. Appreciation for his service and his contributions were noted. Ms. Cottrell stated that interim elections, or 2020 Executive Board elections will take place in upcoming meetings. She requested that anyone interested in serving in this capacity reach out to her.

Approval of Minutes
The minutes of the April 19, 2019 meeting were presented and reviewed.
Ms. Lorna Koci motioned to accept the proposed minutes, with one name edit. Dr. Johnnie Cook seconded. The vote was unanimous.

Retired and Senior Volunteer Program (RSVP)
Ms. Jackie Smith was introduced as the new Retired and Senior Volunteer Program (RSVP) Coordinator with Davis County. Ms. Smith extended the invitation to make referrals for programs that the volunteers can aid with. She recognized Grant Johnson as an RSVP volunteer attending as a guest with her. Mr. Johnson shared information regarding his efforts to educate the community regarding elder abuse and scams. Presentations take place at assisted living centers and the senior activity centers. Mr. Johnson introduced an educational tool from the Federal Trade Commission (FTC) called "Pass It On" folder. It includes telephone numbers of who to contact for various concerns --- Adult Protective Services, AARP, and so forth. Mr. Johnson stated that the objective is to be informed and to educate family and friends of the elderly. He reported that the Utah Commission on Aging received funding from the Department of Justice to develop a video and podcast to be released in upcoming month; it includes his family story of elder scam abuse.

Ms. Smith expressed the importance of Mr. Johnsons efforts; noting he is a great example of service in the community.

Ms. Cottrell added that another of the education efforts included talking to seniors regarding the importance of running free annual credit checks to identify issues.

Ms. Koci expressed appreciation for the RSVP volunteers that serve at the Bountiful Food Pantry. She stated that there is potential to increase the number of RSVP volunteer by sharing knowledge of the program with others also serving at the pantry. They agreed to build upon that idea with follow-up conversations.

Ms. Smith shared that the RSVP program has 300 volunteers currently, with that number growing. She reported that one area that they are working to build is the Friendly Callers program to address social isolation with the elderly.

Senior Activity Centers & Wellness Programs
Representatives from each of the Senior Activity Centers presented an overview of the activities and classes available at each location. Presenters included Viki Bowman from Central Davis, Karen Henderson from South Davis, and Priscilla Angulo from North Davis. Highlights of the activities included: an Antelope Island field trip, a car show specifically for the seniors, and a community taco night. Evidence based programs, offered in workshop style, include: Tai Chi, Enhanced Fitness, Stepping On- Fall Prevention, and Living Well with Chronic Conditions.

Director's Report
Ms. Cottrell announced that Davis County Senior Services, along with community partners, will be receiving a N4a Aging Achievement Award, Vouchers Volunteers and Vehicle Award, for the travel voucher program.

She shared that a Silver Alert was activated for the first time on June 16th. The media article was electronically displayed. Further discussion regarding the importance of educating the community regarding this House Bill 215 took place.

Ms. Cottrell shared resources on what to do as you plan to retire. The first resource shared was "Engaged", a national website/toolkit. The second resource is AARP who offer curriculums. She reported that there is an opportunity to help seniors and grow our volunteer base by sharing this type of education.

Commissioner's Report
Commissioner Lorene Kamalu offered an expression of appreciation for all of the services and efforts that Aging Services and community partners provide to better the lives of Davis County citizens.

She stated that the County received a federal funding grant to provide a new roof on South Davis Senior Activity Center.

She reported on another grant, awarded for Utah's Intergenerational Poverty Initiative, will provide $130,000 for this initiative. Optimism for sustainability of funding due to community needs was noted.

Commissioner Kamalu closed her remarks by stating that it is amazing on what happens when individuals join together to better their community.

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Chair Report
Mr. Perry thanked the Council and guests for their time and the conversations which provided valuable input.

Community Announcements
Mr. Manuel Martinez and Ms. Koci spoke of monthly food boxes being available for senior home delivery. Eligibility for this supplemental food program is determined based on self-reported income vs income verification. Case Managers and activity center staff are encouraged to share this resource.

Adjournment
Ms. Lorna Koci motioned to adjourn the meeting. Mr. Mark Perry seconded. The meeting was adjourned at 11:57 am.

Next meeting:
August 16, 2019 10:30 am - 12:00 pm – Cancelled
October 18, 2019 10:30 am- 12:00pm