



April 10, 2019

To Utah Board of Pharmacy Board Members:

On behalf of Birth Control Pharmacist, it is my pleasure to submit our contraception training program to the Utah Board of Pharmacy for approval. This training program is a 3-hour home study continuing education program with additional optional content available to learners. Please see program details attached.

About Birth Control Pharmacist:

Established in 2016, Birth Control Pharmacist provides education and training, implementation assistance, resources, and clinical updates to pharmacists prescribing contraception, as well as engaging in advocacy, research and policy efforts to expand the role of pharmacists in family planning.

This program is adapted from programs used to train California pharmacists, other healthcare professionals including physicians and nurses, and national pharmacist audiences. Given our extensive experience with education and training regarding contraception, as well as personally providing birth control services to our patients, we are confident that this training program will be effective in preparing Utah pharmacists to participate in the standing order to serve their patients and communities.

We would like to request approval of this program to meet the training requirements for Utah pharmacists to participate in the statewide standing order for hormonal contraception. Given the need for training options, we hope to hear back soon and make this program available to Utah pharmacists.

Please let us know if you would like any additional information.

Sincerely,

A handwritten signature in black ink, appearing to read "Sally Rafie".

Sally Rafie, PharmD, BCPS, APh, NCMP
Pharmacist Specialist, UC San Diego Health
Assistant Clinical Professor, UC San Diego Skaggs School of Pharmacy &
Pharmaceutical Sciences
Advanced Practice Pharmacist, The Pharmacists Clinic
Founder, Birth Control Pharmacist



ATTACHMENT – PROGRAM DETAILS

Program Title

Training for Pharmacist Birth Control Services

Target Audience

Pharmacists and technicians in community pharmacy settings

Educational Need

As of 2019, Utah pharmacists may dispense hormonal contraceptives under statewide standing order. Pharmacists need to know how to deliver this service safely and effectively.

Goal

To prepare pharmacists to provide evidence-based contraception services under state authority in a pharmacy practice setting.

Learning Objectives

Upon completion of this application-based program, the participant will be able to:

- Demonstrate an understanding of the scope and impact of unintended pregnancy and barriers to contraceptive use.
- Describe pharmacist procedures for prescribing and dispensing contraception, including state-specific requirements.
- Identify appropriate screening assessments for the various methods of contraception.
- Apply the medical eligibility criteria for contraceptive use and algorithm to individual patients.
- Provide accurate patient counseling about the mechanism, effectiveness, side effects, and instructions for use for contraception methods including self-administered hormonal and non-hormonal contraception, as well as emergency contraception.
- Assist patients in selecting method(s) of contraception.
- Manage side effects and refer for further evaluation when appropriate.
- Implement contraception prescribing in a pharmacy practice setting.



Program Format

This 3-hour program will be available for home study online.

The program covers therapeutics, screening and medical eligibility (according to CDC), counseling, and state-specific standing order enrollment and procedures. The program consists of lectures, role modeling and demonstrations, and application activities -- patient cases and quiz questions.

In addition to the continuing education program's required content, additional related content will be available to learners who desire additional education and training. Additional content includes more practice cases, as well as state-specific implementation and service delivery considerations.

Program Credit(s)

3 hours

Program Faculty

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Program Accreditation

ACPE-accredited home-study continuing pharmacy education (CPE) activity