

The Caregiver Academy

Davis COUNTY Senior Services

The Caregiver Academy is a free series of six workshops that assist family and community caregivers in developing the skills needed to manage an in-home care environment. Each participant receives a free Managing Care Guide.

The Six Workshops:

Central Davis Senior Activity Center

81 East Center Street, Kaysville

Wednesdays at 6:00 pm to 7:30 pm

April 10: Finding Caregiver Resources

April 17: Building Caregiver Resilience

April 24: Setting Good Care Boundaries

May 1: Involving Family and Others

May 8: Managing Difficult Behaviors

May 15: Understanding Care Options

Space Limited.
Registration is required.
To sign up call
801.525.5050, Option 5