

## **Eastern Region QIC: 4-1-19**

**Present:** Layne Miller (QIC Chairman), Shelley Bogdin (DCFS), Quinn Nelson (LDS Family Services), Angie Nielson (System of Care/Allies), Ben Bjarnson (Boys & Girls Club), Jesse Sitterud (DCFS, TAL), Patsy Buchmiller (QIC Co-Chairman / DOH)

**Absent:** Kelly Maynes (Price City), Johnathan Fauver (Four Corners), Olivia Dubbing (Boys and Girls Club), Kobi Prettyman (UFCF), Lori Savage (DCFS), Diane Carney (DCFS), Cheryl Karren-DWS, BreAnna Robinson (System of Care), Rick Shaw (Red Dog Communications), Shelley Wright (CJC),

**Welcome:** Layne welcomed everyone to the QIC meeting.

**Attendance Roster & Introductions:** Layne asked for introductions and for everyone to sign the roster.

**Review and Approval of Minutes from Previous Meeting:** Committee reviewed and approved the minutes from March's meeting.

**Ideas to Help Support DCFS-**We have talked about this before. Layne asked if we are headed down the path, we should be. Are we branching into places that we shouldn't. He feels getting youth involved is the right move. After the meeting 2 months ago, Layne got a call from the college asking to get involved in the centralized meetings and activities. They are needing this also and what should that look like? The travel dept. handles most of this but they have a staff of one. We need a central clearinghouse for both counties. Are there ways it would affect DCFS and should it be focused on? The Chamber and Office of Tourism have been cut back. Where are the resources and the activities? We are trying to put band-aids on where the resources are. They need someone full time to keep track of activities. Olivia said we could support this but to make it for something that we are taking responsibility for takes away from a bigger impact of what we should be working on. Everyone agreed. Olivia said they got a grant to have work done on their building. AmeriCorps is always looking for hours of volunteering and this might be an option.

Layne also suggested sex specific therapy. He wants to talk to Shelley W. about what they are doing at the CJC. Quinn suggested talking Greg C. but Ben said there is an issue with Medicaid. Knowing the amount of people this affects would help. Layne said collecting data on how many would need this would help. Angie said kids are going through the motions because they have too because they've been told what to do. They need to have a voice and options.

**Explanation for Youth Members-**From the discussion last meeting these are the expectations of a youth member of the committee.

- Serve 6-12 months on the committee
- Preferred age is 17-22
- That they participate in the discussion and would have time allocated on the agenda
- There would be some time for them to observe and be an honorary member prior to taking on responsibilities. (not having an official vote after attending 2 meetings-then on to 6 months)
- We would be seeking feedback on things like TAL classes, what help they needed to be successful, what barriers make transition difficult etc.

We had down to try to give them some incentive and have money available but also went back on forth on this, as there should also be some motivation to just help others. Considered if they could get some credit at school, but not sure how this would work. Jesse said it has been a big push to get youth involved. He said they are trying to youth involved without an incentive. It's important to just be involved. Angie said it's just important to have an outline and a plan. Ben feels we should make the plan today and vote on it in our next meeting. It has been three meeting talking about this and it would be great to put it into action. Our goal is to have 1-2 youth involved. We should have a goal of having a youth involved by June with a 6 month commitment. Getting out of foster care is a huge wall. Thinking about what comes after is important. Quinn asked about how much success we have with kids going to college. Layne said when he spoke to Cheryl Karen all of the kids that she has helped only one has gone forward with graduating college. There is a gap there with kids not going forward and finishing college. There is value in their time and Olivia sees potential in both ways. This would be an opportunity for them having future references and being able to list on resumes. Building them up with what they did. Should there be an interview for choosing the youth and are we going to take recommendations? We need to have a list of question prepared and treat it like a job interview. We are going to do this next month and get approval from the rest of the QIC staff. Ben wants to brainstorm questions today. It's not about bashing or hashing of their past. It's about moving forward having been through the system to help uncover needs. We just need names and these questions and probably a release form signed. Shelley will check with Lori on the release form. It's important that the youth in care have a voice. Jesse said the youth in care sometimes just shut down and stop speaking in CFTM's. Jesse feels that they should be running their family team meetings so they can have a voice.

#### **Questions:**

Ben-Have them read the QIC paragraph and see how they can contribute to it.

Angie-How do they feel about their experience in (DCFS) and how would they have improved it.

Olivia-What are some things that adults don't know about you.

Jesse-What barriers do you see will prevent you from being successful.

Oliva-In the future what would you have for your personal goals.

**Update on Centralizing Resources / Google Doc** –We are not very far. We had two more business add their information. It doesn't seem like we should continue with so little support. Olivia said that maybe it's getting lost in the emails. She feels the system that Ben created is great. It would be a benefit to help the community and everyone agreed. Ben will bring some stuff next meeting to hand out to gather information.

**Youth Transition Conference** – Jesse discussed some training at USUE that is going to happen. It's about youth in transition and about hearing their voice on April 24<sup>th</sup>.

**Additional Business or New Discussion, if any** – The Boys and Girls Club said they did their first round of sex education. They want to get about 40 more the younger group and 30 more for the older group. There is a set curriculum and there is 14 1 hours sessions. The younger group has 8 sessions. They are looking for participants. Next week is boys and girls club week and they invite the community is invited. Monday is an open house to come check out the club. They will send an email out with more information.

**Next Meeting – Moved to May 13<sup>th</sup>**