

Effective Clinical Supervision and Supervising Mental Health Counselors in Utah

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The learning objects for this daylong workshop in supervision is to have attendees leave with 1) a greater understanding of clinical supervision, how it is distinguished from other types of supervision, its effective use, and the role of the supervisee and supervisor. 2) Some practical examples and experience in using a supervision model. 3) Be familiar with the ethics and how they apply to supervision. And 4) obtain knowledge of the legal and practical requirements of providing supervision for licensure for a Mental Health Counselor in Utah.

Outline of a daylong Workshop in Supervision

1. Context and Importance of Supervision
Clinical vs Administrative supervision
2. Experience with Supervision:
What Works – What Doesn't
3. Establishing Effective Supervision Relationships
The Supervisor and the Supervisee
4. Theory in Clinical Supervision
What do we do and why
5. Evaluation as a Function of Supervision
Purpose and limitations
6. Supervision in Practice – The Discrimination Supervision Model
Let's Practice
7. Current Ethical and Legal Issues in Supervision
What to do and not to do.
8. Supervising for Utah Licensure
Following Utah Law
9. Conclusion
Questions?