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**Aging Advisory Council Meeting**

South Summit County Senior Center

Thursday, July 12, 2018

1:00 p.m.

**MINUTES**

**Conducting:**  Chairman Glenn Wright, Summit County Council Member

**Attending:**

Lyndia Carter, Springville Senior Center

Marianne Christensen, Senior Companion Program

Patty Cross, Utah County Health Department

Heidi DeMarco, Aging & Family Services Director, MAG

Ashley Fish, Wasatch Senior Center

Andrew Jackson, Executive Director, MAG

Heather Nalette, Summit County Senior Services

Grant Parker, American Fork Senior Center

Jeremy Pehrson, Nutrition Manager, MAG

Randall Probst, Wasatch County Health Department

Joan Stradling, Information & Program Support, MAG

Dennis Wilson, RSVP Advisory Board Representative

**Excused:**

Gena Bertelsen, Orem Senior Friendship Center

Steven Farrell, Wasatch County Council Member

Maurine Lindsay, Pleasant Grove Senior Center

Judy Seegmiller, Caregiver Representative

**Guests:**

Stephanie Benson, Public Relations, MAG

Geri Lehnardt, Case Manager, MAG

Alicia Koehler, Case Manager, MAG

Samantha Collier, Case Manager, MAG

Bonnie Lewis, RSVP Program, MAG

Dawn Loper, SHIP Counselor, MAG

Council member Wright called the meeting to order at 1:00 pm and welcomed everyone in attendance. Ashley Fish offered the opening prayer remarks. Lunch was provided by the new South Summit County Senior Center, with appreciation extended to Heather Nalette and her staff for hosting this meeting.

**Minutes**

Council member Wright asked if there were any comments to the minutes of the May 3, 2018, meeting, copy provided with the agenda.

**Grant Parker moved that the minutes of the May 3rd meeting stand approved. Ashley Fish seconded the motion. The motion was carried.**

**DISCUSSION & ACTION AGENDA:**

**“Love Your Later Life” Campaign and Outreach – Stephanie Benson**

Stephanie Benson was asked to introduce the “Love Your Later Life” campaign that was recently launched by MAG Aging & Family Services. She explained that Aging’s role is to help people navigate the nuances of aging and to serve as unbiased advocates for people in their later years. She added that we want people who are aging to appreciate what age offers. Outreach efforts for the Department will emphasize both the challenges and opportunities of aging.

Stephanie then presented the new “Love your Later Life” brochure and folder that will contain information sheets that can be added and updated as program changes are made. She noted that the brochure is simple so that people can call and ask questions. We will also have referral cards and magnets that can be distributed. She emphasized that while we want to be life advocates, we will also educate and guide individuals to make their own decisions. We are hoping to keep excitement and energy moving forward with our new campaign.

Heidi noted that we are looking at reframing the idea of aging, to bring more value to the aging adult population in our communities, by encouraging the community to embrace aging in a positive way. She added that we are using “aging adult” vs “senior” or “elderly” in all of our outreach efforts going forward.

Stephanie commented that Mountainland will be doing outreach at the senior centers using our new “Love your Later Life” campaign, and at many other locations. One suggestion from Commissioner Wright was that we should expand our outreach efforts to primary hospital facilities in Salt Lake since many individuals from Summit may be treated by hospitals in Salt Lake.

**Case Management Services in Wasatch/Summit County – Geri Lehnardt, Alicia Koehler, Samantha Collier**

Heidi mentioned that the Aging Department has experienced a lot of turn over in the last year, including a long-term Case Manager in the Wasatch and Summit County area. In addressing that loss of experience, we have tried to expand our presence in the Wasatch and Summit counties. She introduced the case management team that is now working in both Wasatch and Summit Counties.

**Alicia Koehler –**Alicia is a new case manager, and is working with the New Choices Waiver program, helping people who have been living in long-term care transition into a less restrictive setting. She is also helping with the Caregiver Program.

**Geri Lenhardt –**Geri is a long-term case manager with Mountainland. She is engaging with clients and has great knowledge, especially with the Caregiver program. She has been doing an excellent job working with clients in the Waiver, Alternatives, and IIIB programs. Both Geri and Alicia are adding new clients as funding allows.

**Samantha Collier –** Sam’s primary role is to lead the quality assurance effort for Case Management. She also helps with case management training, assigns new clients being added, and provides backup Case Management.

Dawn Loper and Bonnie Lewis were also in attendance. Dawn helps with Medicare counseling and Bonnie oversees the RSVP program in the Wasatch/Summit area.

These individuals were given an opportunity to introduce themselves and provide additional information about their background, and their work with seniors in Wasatch and Summit counties.

**Nutrition Services in Wasatch/Summit Counties – Jeremy Pehrson**

Jeremy reported that the Nutrition Program has increased staffing from three to four employees, a part-time nutrition specialist has just been hired. We also have an intern each semester that performs assessment. Currently, there are 300 active volunteer drivers and 32 volunteer routes, seven staff drivers in Utah County, one in Wasatch and one in Summit. More than one-half of meals are being delivered by volunteers. We have eight delivery trucks in Utah County, two trucks in Wasatch and 3 in Summit County.

Jeremy reported that Intermountain Medical has donated water bottles with an added insert to teach seniors how to keep hydrated. We have distributed these water bottles to all home-delivered meal clients and will give extras to new clients that come on to the program. We are also looking at emergency response buttons for MOW clients that are isolated and live alone, and there have been several seniors who have expressed interest in getting one. As part of the home-delivered meal assessment, we are also expanding to provide a safety assessment and the new staff member will help with this project. In August, we will make Glucerna available at the senior centers for those with a Dr. order for Glucerna. There will be a suggested donation for this service in the same way there is for Ensure.

In the three-county area, we are delivering 550 home delivered meals and approximately 600-700 meals are being served in the 16 senior centers. Eagle Mountain will become the 17th senior center to be added to congregate meal program.

He noted that the IT director for Mountainland is working on getting better data reports so that we can see the trends of who is coming on and off our HDM program.

**Other News and Business**

Heidi noted that the Commodity Supplemental Food Program (CSFP) is available to Utah County residents but not in Wasatch or Summit Counties. The low-income senior population can benefit from this program. This program provides $55.00 in food each month, but the box requires refrigeration from delivery from the Food Bank until the box can be picked up by the beneficiary.

It was suggested that Denise’s Home Plate could be contacted to give input into possible locations for refrigeration. Samantha Collier commented that a location would need to be available for pickup but we could have flexibility to determine the delivery and pickup schedule. Heidi suggested that delivery could be part of the HDM program. Chairman Wright suggested we check with the Christian Center in Park City and the WIC program in Wasatch for possible locations. Heather also suggested Community Action in Coalville might be a possible site.

Heather Nalette indicated that she will be leaving her job to be a stay-at-home mom, her baby boy is due in August. Ashley Fish recognized the wonderful service that Heather has rendered to the seniors of Summit County and her contributions to the Aging Advisory Council. We wish her well!

**Roundtable Discussion**

Members present reported on activities and events in each of their respective areas as part of the round table discussion.

The group was invited to tour the new Summit County senior center and library at the conclusion of this meeting.

The meeting adjourned at 2:45 pm. The next meeting of the Aging Advisory Council will be September 13, 2018, 1:30 pm, in the Mountainland Conference Room, 586 E 800 N, Orem, Utah.