

Aging Advisory Council Meeting
Mountainland Association of Governments
Thursday, May 3, 2018
1:30 p.m.

MINUTES

Conducting: Chairman Glenn Wright, Summit County Council Member

Attending:

Gena Bertelsen, Orem Senior Center
Lyndia Carter, Springville Senior Center
Marianne Christensen, Senior Companion Program
Patty Cross, Utah County Health Department
Heidi DeMarco, Director, Mountainland Aging & Family Services
Bill Lee, Utah County Commissioner
Heather Nalette, Summit County Senior Services
Grant Parker, American Fork Senior Center
Jeremy Pehrson, Nutrition Manager, Mountainland Aging & Family Service
Randall Probst, Wasatch County Health Department
Judy Seegmiller, Caregiver Representative
Joan Stradling, Information & Program Support, Mountainland Aging & Family Services
Lopini Wolfgramm, United Way

Excused:

Ashley Fish, Wasatch Senior Center
Dennis Wilson, RSVP Council

Councilmember Wright called the meeting to order at 1:30 pm and welcomed everyone in attendance. Commissioner Lee offered the opening prayer remarks and Councilmember Wright led the group in the Pledge of Allegiance.

Minutes

Councilmember Wright asked if there were any comments to the minutes of the March 8th, 2018 meeting, copy provided with the agenda.

Lyndia Carter moved that the minutes of the March 8th meeting stand approved. Gena Bertelsen seconded the motion. The motion was carried.

DISCUSSION & ACTION AGENDA:

Introduction of New Council Members – Councilmember Wright

Councilmember Wright welcomed **Patty Cross**, Director of Health Promotion at the Utah County Health Department, and **Randall Probst**, Executive Director of the Wasatch County Health Department, as new members of the Aging Advisory Council. Both individuals introduced themselves and spoke briefly about their professional backgrounds.

Aging Four-Year Plan – Heidi DeMarco

Heidi provided a handout and reported that the Mountainland Department of Aging and Family Services just completed the Area Agency on Aging: Four-Year Plan (FY 2016-2019). She noted that the areas of emphasis for FY2019 are as follows:

Projects implemented FY2018

- 1) Department branding project
- 2) 5310 funding to expand Utah Valley Rides Program
- 3) Summit Home-Delivered Meal bid process
- 4) Nutrition Counseling program
- 5) HomeMeds program
- 6) Achieved ongoing State funding for Nutrition programs

Continuing Projects:

- 1) Enhance public relations and community outreach
- 2) RCI REACH program
- 3) Support volunteer programs
- 4) Continue State and Federal advocacy
- 5) Pursue grant opportunities
- 6) Strengthen partnerships within the Aging network
- 7) Identify unmet needs

New Projects:

- 1) Implement Dept branding
- 2) Prevention of isolation
- 3) Encourage focus on health across the lifespan
- 4) Dementia Dialogues
- 5) Serve those with greatest needs through expanded outreach
- 6) Prioritization of programs

Heidi then referred to the “Budget Summary” section of the handout and noted that the State RVP money provided through the State of \$22,687, is divided between RSVP, the Foster Grandparent Program and the Senior Companion Program. This funding was initially considered for elimination, but through support Marianne and other leaders of these programs,

it was continued for this year. She also reminded the group that this budget includes the ongoing funding we were awarded by the Legislature, as well as one-time funds awarded with support of the Alzheimer's Association that will benefit our Alternatives, Caregiver, Ombudsman and Aging Waiver programs.

Heidi mentioned that the Aging Waiver program has been on hold since July 1, 2017. MAG was serving 99 clients at the beginning of this fiscal year, but we are now down to 76 clients being served through this program. The State is just beginning to add clients to this program.

Heidi invited any questions regarding the plan. With no questions, she requested a motion to approve the proposed Four-Year Plan, and noted that the Executive Council will also approve the Plan at their next meeting.

Gena Bertelsen moved to approve the Four-Year Plan for FY 2019. Lyndia Carter seconded the motion which carried unanimously.

Summit County Meal Bid – Jeremy Pehrson

Jeremy reported that in the Spring of 2017, Mountainland Aging & Family Services completed the Utah County Meal contract. For this year, we opened the Summit County Home Delivered Meals bid process. To oversee the process, a Sub-Committee of five people residing in Summit County, and Councilmember Wright as Chair of the Aging Advisory Committee, was organized to provide oversight to the process. One decision by this group was that meals should be provided five days per week. The committee felt that this delivery schedule offers a fresh meal each day, and also ensures a safety check for homebound seniors.

The Summit County Meal bid went out March 31st. Questions could be submitted to MAG by April 2nd, but we did not receive any questions on the bid document by this deadline. The bids had to arrive to the MAG office by April 18th, and the bid opening was set for April 19th. Denise's Home Plate, our current home-delivered meal provider in Summit County, was the only bidder. This bid did not have to go back to the Sub-Committee since there was no review or scoring of bids needed, but the Sub-Committee did approve continuing with the current provider.

The pricing under the bid will stay at approximately the same rate. In the past, Denise's had billed a staffing fee and cost-per-meal. The bid required a cost-per-meal rate only, so Denise's combined those rates. MAG will enter into a five-year contract with Denise's. Mountainland will provide packaging and meal delivery. The vendor will provide 25-30 home-delivered meals per day.

Jeremy also mentioned that MAG will be providing packaging supplies for Wasatch County, resulting in a reduced cost per meal for the County.

Jeremy invited the Council's approval to enter into a new contract with Denise's Home Plate for a five-year period. Since only the current provider bid on the project, it will not be necessary to take the new meal contract to Executive Council for their approval.

Gena Bertelsen moved and Judy Seegmiller seconded the motion to approve the Summit Council Meal Bid. The motion carried unanimously.

SSBG Application Process- Councilmember Wright

Councilmember Wright indicated that Mountainland received SSBG applications from ten (10) applicants, all of which were very qualified and deserving of our help. He noted that we currently do not know how much money we will have to distribute. Since it is not expected that there will be a significant increase, the SSBG Review Committee recommended the new funding be divided equally across projects.

May for Meals Campaign – Heidi DeMarco

Heidi commented that Stephanie Benson has done a wonderful job in coordinating the "May for Meals" event which will take place during the week of May 7-11th. Commissioner Lee will participate along with 29 other elected officials throughout the three-county area, as well as BYU president, Kevin Worthen. We received a great response considering the number of new Mayors in our Region.

Food Drive to Benefit Seniors – Jeremy Pehrson

Jeremy explained that the month of May is "Older Americans" month. May is also the month that the US Postal Service does their food drive which will take place on May 12th. MAG is happy to announce that they are teaming with the Postal Service and the Community Action Food Bank to provide food for seniors who may be in need. Community Action will help MAG provide as many bags they need for our seniors. He also recognized Community Action's efforts in helping us with food boxes in the past. Jeremy said he would prepare a press release and is in process of creating a list of seniors who may need help. Heidi added that MAG is trying to help ensure seniors have a three-day supply of food on hand.

In the News

There were no new reports to present.

Other Business

Heidi mentioned that the Elder Abuse Conference will be held May 15th in Richfield. Next year the conference will be sponsored by MAG and held in our region.

Heidi also noted that the Alzheimer's Association will be presenting from 6-9 pm at the Provo Library on Thursday, May 10th. She invited everyone to help get word out about this event.

Heidi also stated that the next Aging Advisory Council meeting will be held at the new Summit County Senior Center on July 12th at 1:00 pm. Lunch and a tour of the new facility will be provided.

Roundtable Discussions

Members present reported on activities and events in each of their respective areas as part of the round table discussion.

The meeting adjourned at 2:30 pm. The next meeting of the Aging Advisory Council will be July 12, 2018, 1:00 pm, at the new Summit County Senior Center, 110 N Main Street, Kamas, Utah.