

MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
January 23, 2018
Beaver, Utah

MEMBERS IN ATTENDANCE

Wallace Gibson (Chair)
Clem Griffin
Lael Chynoweth
Wynona Henderson
Earl Paddock
Arlen Grimshaw
Pauline Prince
Kaye Reese
Ron Lehm
Sharon Griffiths
Lois Bulloch
Judy Henrie
Art Cooper
Sharon Ott
Doug Maxwell
Carma Sly
Karr Farnsworth
Joyce Griffin

REPRESENTING

Kane County Advisory
Garfield County Advisory
Garfield County
Garfield County
Iron County Advisory
Iron County Advisory
Garfield County Advisory
Washington County Advisory
Washington County Advisory
Beaver County Advisory
Iron County Advisory
Garfield County Advisory
Garfield County Advisory
Washington County Advisory
Iron County Advisory
Beaver County Advisory
Washington County Advisory
Garfield County Advisory

MEMBERS NOT IN ATTENDANCE

Mary Schaidt
Madeleine Wanlass (Excused)
Robert Rasmussen (2nd Chair)
Carol Sullivan
Nancy Ford
Fayann Christensen (Excused)

Beaver County Advisory
Kane County Advisory
Iron County Advisory
Kane County Advisory
Kane County
Kane County Coordinator

OTHERS IN ATTENDANCE

Sheila Shotwell
Curtis Crawford
Donna Chynoweth
Christine Holliday
Jaquel Brooks
Ramona Sorenson
Natalie Rollins
Craig Hansen
Jim Sly
Dennis & Maxine Cox
Carrie Schonlaw
Linda Sawchenko

Beaver County Coordinator
Iron County Coordinator
Garfield County Coordinator
Washington County Coordinator
Garfield County
Garfield County
Beaver County
Kane County
Beaver County
Beaver County
Five County Association of Governments
Five County Association of Governments

**MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
January 23, 2018
Beaver, Utah**

I. WELCOME AND INTRODUCTION

Mr. Wallace Gibson welcomed the members of the council to the meeting and introductions were made.

II. MINUTES PREVIOUS MEETING OCTOBER 24, 2017

Mr. Wallace Gibson, chair, requested a motion to accept the minutes of October 24, 2017.

**MOTION WAS MADE BY MR. CLEM GRIFFIN TO ACCEPT THE MINUTES OF OCTOBER 24, 2017. MOTION SECONDED BY MR. ARLEN GRIMSHAW
MOTION CARRIED UNANIMOUSLY.**

III. LOCAL SHARING

Mr. Wallace Gibson, chair, requested local sharing from County Coordinators.

Beaver County - Ms. Sheila Shotwell

Ms. Sheila Shotwell stated she would give report by center.

Beaver- December had annual Christmas party. Congregate meals are usual at 3 times a week.

Minersville - Attendance for congregate meal is down as some of the seniors have left for the winter. Health Fair April 25th at the Minersville Fairgrounds. Everything else is about the same.

Iron County - Mr. Curtis Crawford

Mr. Curtis Crawford reported that both centers are doing fantastic having an increase in numbers. He handed out the newsletter. The exercise classes are doing exceptionally well. They have two yoga classes, 2 Tia Chi classes and a total of eleven exercise classes with 10-20 people attending each. The Stepping-On class by Five County is very successful. Had a "Don't Be Targeted by Fraud" class taught by Five County that was well attended. The six week Diabetes Self Management class is going on. They are still having the usual card games, starting some beginner classes and other activities that can be checked out in the newsletter he passed out. Received funding from county to remodel the restrooms and get a new heater and air conditioner in area where MOW sealers work. All else is going fantastic

Washington County – Ms Christine Holliday

Ms. Chris Holliday handed out pictures of her new bus with the new graphics hoping to change the way people perceive the Senior Centers. Struggling with room for the new exercise classes with so many activities going on. They had the usual special Thanksgiving and Christmas meals. Experience high number of employees out with the flu and strep throat in all the centers. The two MOW vehicles have not arrived yet. Picking up 2 other new busses in SLC once they go through UDOT inspection and training. Tax season is starting which is a great service. They extended the food provider for another year. MedTech came and did malware training.

Enterprise –. Had a National Hot Dog Day and a National Belly Laugh Day.

The new driver is doing okay and our MOW custodian is leaving.

Hurricane – On January 18th Five County did a kick-off event which provided a lot of education information. Pharmacist that did presentation at the Senior

Conference did a presentation. Without a bus driver for a while brought back a previous driver.

Springville- The numbers are down due to the construction in the area.

St George – They have a new bus driver. New office assistant that was suppose to start could not take the position due to family problem. Five County is doing a Chronic Pain and Management class. The quilting group is going strong as well as all the other activities.

Garfield County - Ms. Donna Chynoweth

Ms. Donna Chynoweth reported that all was going well in Garfield County. The demolition has started and the city is building a new community center. Excited about moving into a new Senior Center. The Henriville cook had surgery and will try to come back to work. Panguitch is doing okay but slow due to the winter weather. MOW truck is finally repaired. Had the special Thanksgiving and Christmas meals and parties throughout the county. Escalante lost MOW driver so they are short staffed now. Ramona Sorenson the Five County representative at large is attending the meeting for the first time. Chronic Pain class at Escalante. Diabetic class at Panguitch and yoga class.

Kane County - Mr. Craig Hansen

Valley center is still doing its shopping trip to St George. The numbers are down but the MOW deliveries are doing very good. Kanab has exercise classes twice a week with a large class attendance. The Caregiver support group is doing great and is such a good program. Shopping once a month. September did a trip to Jacobs Lake, October went to Kodachrome and in November went to the Jubilee of Trees and in December did extra shopping trips for Christmas. Home meals are increasing.

IV. LEGISLATIVE & FISCAL UPDATE

Legislative Session (FY19 Funding)

The meeting was turned over to Ms. Carrie Schonlaw.

Federal level the budget has been extended on Continuing Resolution until February 8th we have been informed by the Division of Aging that the State of Utah has enough funding to keep us running for about six months.

State Level – Handout to read at your leisure.

Request this year for funding for Senior Services, looks different.

1. For meals funding is separate request by U4A (AAA across the state) for \$550,000 increase Statewide. We have a lobbyist with Mountainland AOG that will lobby on our behalf.
2. The Division of Aging submitted a request for funding that included meals but none of the requests made by Human Services for Aging made it to the Governor's budget. If it is not on the budget then DAAS cannot advocate for that funding.
3. Request to add \$550,000 in on-going funding to the base budget of the Division of Aging for MOW and Senior Center meals so we can continue to serve seniors.
4. The one time funding (reserve) for meals is expiring in FY19 which will eliminate about 67 thousand meals.
5. The paper plates' campaign we had the senior's write up at the Senior Voice Day will be mailed to our legislators when it comes time for a vote to remind them these meals are important.
6. Since it is not on the Governors budget we will have to negotiate where this will be on that list.

7. The Utah State Plan for Alzheimer's which the AAA's are working with the Alzheimer's Association and AARP for funding would support an increase in funding for the AW, Alternatives and Caregiver in home services, as well as the LTC Ombudsman program. Secondly it would provide education, training and data collection provided directly by the Utah Dept. of Health as part of the implementation of the State Plan to address Alzheimer's and related dementias.

Budgets

Carrie handed out spreadsheet of the mid-year budgets/expenditures report.

The items highlighted in yellow pertain to the Senior Centers.

The top section is where we are to date and the percentage of what is remaining for the year.

The second section is an estimate of where we will be at the end of year based on our current spending levels and projected spending through remainder of the year. Based upon current spending levels:

1. We would have a balance of \$30,820.13 in Supportive Services of which a maximum of \$41,559 can be carried over.
2. There would be a balance of \$50,612.66 in congregate meals of which a maximum of \$26,345 can be carried over leaving an overage of \$24,267.66.
3. We would be in the hole for Home Delivered if we keep spending at the same levels.
4. There is still funding allocated in the budget to cover the purchase of MOW containers. Carrie will work with the Counties to see what is needed.
5. We can request to transfer funds from Supportive Services to either congregate or home delivered up to 30%. And we can request transfer of funds from congregate to home delivered up to 40%.
6. If we get to the 3rd quarter we may still be able to request transfer; but usually won't approve any transfers in the last couple months of the fiscal year.

Based upon these projections, recommendation would be to transfer \$10,000 from Supportive Services leaving about \$20,000, if needed for additional cost by areas that may need to additional funding. And, transfer \$35,000 from congregate meals to home delivered, leaving about \$6,000 in congregate budget for a reserve.

Opened up for discussion, questions, comments or suggestions: none were offered:

Motion was made by Art Cooper to approve the budget to transfer the funds at noted above and seconded by Arlen Grimshaw. Opened up for final vote.

MOTION CARRIED UNANIMOUSLY

V. NUTRITION PROGRAM

Meal on Wheels Vehicle

There was \$32,000 in 1x funding in this year's budget to help with the cost of one new MOW Vehicle. Washington and Iron Counties did not make a request for funding this year. Iron County reported they did not need any new or replacement vehicles at this time. Washington County received funding for 2 of the 5 vehicles from last year so they chose to let the other areas request the additional funding this year. They will be purchasing some new vehicles with funding from the County as well as money raised by their local advisory councils.

The other three counties (Garfield, Kane & Beaver) requested funding to help cover cost of an additional vehicle. These three counties have sent the following information in to Five County: list of current MOW vehicles to include mileage, type, and age of vehicles and reason for request, i.e. replace old vehicle, add new routes, 4WD, etc. This will be submitted to the steering committee to review and make determination of which county will received the 1x funding for a new vehicle. Carrie will get with the county

coordinators once a decision is made so it can be ordered before the end of the fiscal year.

VI. Reports

NAPIS Report

Carrie handed out a summary of the FY 17 Federal NAPIS Report showing the number of individuals and units of service we served over the past Federal Fiscal Year which is from October 1, 2016 to September 30, 2017.

The handout provided gives a summation of the number of people served, total service units and dollars amounts:

1. Chore with 7 providers and served 641 people for 47,196 units
2. Home Delivered 8 providers and served 1495 people and 418 high nutrition risk for 117,972 meals
3. Assisted transportation 5 providers served 165 people for 5,371 units
4. Congregate Meals with 8 providers served 2,239 people with 56,647 units.
5. Transportation with 8 providers served 31,793 units
6. Legal Assistance with 1 provider served 106 units
7. Nutritional Education with 5 providers served 2,332 units
8. Information & Assistance with 8 providers served 52,067 units
9. Outreach with 8 providers served 9,525 units
10. Health Promotion & Disease Prevention with 7 providers served 1,232 people

This is submitted to the State the end of November along with a 2 year comparison report which explains any differences of 10% or more.

Annual Plan Report

Each AAA in the State must complete a Four Year Plan along with an annual update. The plan update for year four (July 1, 2018 – June 30, 2019) is due in May. This will be the final year of the current four year plan.

Carrie distributed a handout for members of the advisory council to provide any feedback they may want to provide or include in this year's annual plan. The handout lists the five priorities for the current four year plan on the front and any feedback on the back side. Members can send any feedback in to Carrie or submit it to their County Coordinator. The County Coordinators have been asked to provide a summary for each of their counties as well. The priorities include:

1. Coordination of Title III & Title VI Native American programs
2. Integration of health care and social services systems
3. Empowering seniors in maintaining health, safety and independence
4. Planning for the future
5. Elder Justice

VII. BOARD CHAIR AND VICE CHAIR ELECTIONS

Elections are every two years for the Board chairperson and Vice Chairperson.
Opened for nominations.

Wallace Gibson opened up the floor for nominations.

Suggested that Wallace Gibson retain the position he declined as he has family issues and feels he would not be able to attend all the meetings.

Arlen Grimshaw nominated Doug Maxwell and he declined as he has some family health issues

Sharon Ott volunteered to serve as chairperson.

**KAYE REESE MADE A MOTION TO EXCEPT SHARON OTT AS
CHAIRPERSON AND ARLEN GRIMSHAW SECONDED IT. MOTION WAS
OPENED FOR VOTE. MOTION CARRIED UNANIMOUSLY.**

PAULINE PRINCE NOMINATED JUDY HENRIE FOR VICE CHAIRPERSON.

PAULINE PRINCE MOTIONED TO ACCEPT JUDY HENRIE AS VICE CHAIR AND ART COOPER SECONDED IT. MOTION WAS OPENED FOR VOTE. MOTION CARRIED UNANIMOUSLY.

VIII. OTHER BUSINESS

Home and Community-Based Programs

Lost Veterans funding for helping them apply for benefits.

New program BEC – Benefits Enrollment Center: screens Medicare recipients, with focus on low income, for public benefits MSP, LIS, Food Stamps, HEAT, & Medicaid. In addition to those programs, we can help with applying for other public benefits, including Veteran’s Benefits. This is an 18 month grant, Janeil will do any VA help and Kristina will help with the other programs.

Upcoming events

RSVP

Carrie passed out a flyer - Volunteers are needed must be 55 years or older. Will be reimbursed for Mileage, meals and volunteer insurance is provided.

Also, need people to be on the Advisory Board if anyone is interested contact DaCota Terry.

Annual Senior Conference

Carrie handed out a flyer with Save the Date for the Annual Seniors Conference which will be held on May 4th at the Heritage Center in Cedar City.

The topic this year is Navigating Your AAA. We will have six breakout sessions. This is not the final flyer it is just a reminder to keep this date open.

Preventative Health Program Updates

Carrie did not have the dates of all the preventative health classes but will get for anyone that wants it.

Open Floor for discussion

Art Cooper made comments on the Panguitch winters.

Sharon Ott wanted to know if there was any rule that prevented her from having a petition signed by registered voters at the Senior Center. She has an AARP petition that she want signed to give seniors a voice to promote funding for Medicaid and SHIP.

Donna Chynoweth wanted to get some information to her seniors on widow benefits. Discussion ensued and it was determined that if this is a veteran she could have them call Janeil and she might be able to help her.

Next meeting will be Garfield County on April 24th

**MOTION TO ADJORN MEETING WAS MADE BY MR. ART COOPER AND
SECONDED BY NATALIE ROLLINS MOTION CARRIED UNANIMOUSLY.**

X. ADJOURN

Meeting was adjourned and lunch was provided by the Beaver Senior Center.