



May For Meals 2018

This May elected officials across the country will deliver meals with their local Meals on Wheels program to homebound seniors in their community, as part of Older Americans Month.

Meals on Wheels would like to invite elected officials in Utah, Wasatch and Summit counties to help deliver meals during their lunch hour.

What: Elected officials would deliver meals with one of our volunteers or staff members to 8-12 seniors. Meals will be pre-packaged and ready for pick up in a cooler and hot thermal bag.

When:

Tuesday, May 8 in Utah County

Wednesday, May 9 in Wasatch County

Thursday, May 10 in Summit County

Meals can be delivered anytime between 10:30 a.m. and 1 p.m. Delivering meals can take anywhere between 30 minutes to an hour.

Where: Meals will be picked up at a central location within the elected official's community.

Why: May For Meals helps raise awareness about the Meals on Wheels program and allows leaders to understand the issues faced by homebound seniors in their community.

Contact:

Mountainland Aging & Family Services:

Joan Stradling

jstradling@mountainland.org

801-229-3804

or

Heidi DeMarco

hdemarco@mountainland.org

801-229-3806