

MINUTES
Five County Caregiver Advisory Council

May 30, 2017
Cedar City, UT 84770
1:00PM

Those in Attendance:

Rosie Fletcher, Chair	Caregiver
Christine Holliday	Washington County Council of Aging
Fayann Christensen	Kane County Council of Aging
Curtis Crawford	Iron County Council of Aging
Sheila Shotwell	Beaver County Council of Aging
Amy Rose	Five County
Heather Cox	Five County Case Manager
Luann Lindquist	(Memory Matters)
Donna Chynoweth	Garfield County Council of Aging
Ronnie Daniel	Alzheimer's Association

Excused

Carolyn Stuercke	Applegate Home Care & Hospice
Logan Aitken	Kind Hearts
Melinda Barney	Caregiver

Staff Support:

Carrie Schonlaw	AAA Director, Five County
Tracy Heavyrunner	Five County Case Management Coordinator
Linda Sawchenko	Five County AOG

Welcome & Introductions

Ms. Rosie Fletcher, Chair welcomed those in attendance to the meeting and introductions of council members were made.

Approval of Minutes

Ms. Rosie Fletcher, Chair, requested motion to accept the minutes of February 28, 2017 meeting.

MOTION TO APPROVE THE MINUTES OF February 28, 2017 MEETING MADE BY MS. Christine Holliday. MOTION SECONDED BY Ms. Luann Lindquist. MOTION CARRIED UNANIMOUSLY.

Report from the Alzheimer's Association Ronnie Daniel

- Reported that after the Town Hall meeting they formed a Southern Utah Coalition to discuss all matters regarding Alzheimer and Dementia. They will do phone conference meetings monthly and in person meetings quarterly. If anyone is interested in joining the coalition let Ron know as at this time not all five counties are represented. The quarterly meetings will be divided between Cedar City and St George.

Memory Matters- Ms. Luann Lindquist

- Memory Activity Class at the St George Senior Center.
- Good Morning Sunshine the Telephone Reassurance Program for seniors who live alone or have memory loss can receive a morning call, reminder calls or short visit. This can work well in the rural areas as well. Callers are screened for seniors' safety. If we have people that qualify for the program in other counties if we fill out the paperwork Memory Matters will process it and start making the calls to seniors.
- Adult Day Care is moving along they have the engineer plans and are close to start the physical work.
- Elder Abuse & Senior Conference -
- Rosie said that everyone she spoke with thought this was the best conference we had so far. Felt that everyone went away with something.
- Elder Abuse conference had 275 in attendance and Senior Conference had 168 in attendance.

Senior Voices

- Senior Voice Events across the State will be held in the fall end of August mid-September per the request of the State Legislators.
- Last year it was held on November 3rd in Cedar City and we had 41 attendees and state officials.
- Beaver reminded council that they had their Senior Day at the Fair on August 24th
- Tracy asked Curtis if we could use the Iron County Senior Center instead of the Heritage Center for this years' conference, he felt that would work out fine.
- Garfield said that Friday would be the best day of the week for their seniors.
- Could we do a Webb conference in conjunction with the actual conference when you have the speakers.
- Senior coordinators were requested to invite commissioner and mayors and to have the seniors invite any of the legislators.

Five County Program

- RCI Reach Program - We now have 8 RCI clients this is a Care Giver coaching program and is evidence based.
- Jerna and Lisa will be training to be RCI
- Veteran's Case Management Services- Cover to cover Option Counseling will end in September due to funding but Jennifer Morgan is looking into other sources to fund this as it is a very beneficial program. VA Directive Program is growing and will be adding more clients soon.

Program Updates

- Outreach (I&R) Making the Link - To educate the doctor and patients. Sent out 300 packets and need 175 more. Ordered pre-printed packets. NCOA website has lots of brochures in Spanish. Ron said he would get us some more brochures and some Spanish ones as well.
- Assistance Case Managers - 54 Caregiver unduplicated clients and 1500 respite. Clarified for the coordinators that the case manager of the day does the intakes as they get better information from the callers.
- Dementia Dialogue Training- 150 Clients. Caregiver has 31 clients signed up for the class in May and June is full for both Cedar and St George.
- Other Training - Adding Music and Memory Programs
- We are working on becoming a site for this program.
- Memory Matters would like to partner with us for this program

Respite

- Ms. Tracy Heavyrunner stated that we have a small waiting list for Respite.

Support Services

- Hurricane Rehabilitation Center- 1st Tuesday of each month at 2pm- Nancy Morrill facilitator
- Cedar City-Brookdale at Cedar City-2nd Friday of each month at 1pm Heather Cox facilitator.
- St George-Brookdale at Southgate-2nd Thursday of each month at 1pm- Nancy Morrill facilitator.
- Bella Terra Health and Rehab St George-3rd Thursday of each month at noon-Sheri Reber facilitator.
- Newsletters are given to each senior center monthly we are now getting out 300.
- Escalante should coordinate with Heather to do a training when she does her client visits there.

Updates/Reports from Committee members

- All coordinators reported that their counties were doing well.

Next meeting will be held August 22th at 1 pm in St George.

Motioned to adjourn by Fayann Christensen and seconded by Donna Chynoweth.