

**MINUTES**  
**DISTRICT V**  
**AGING & NUTRITION SERVICES ADVISORY COUNCIL**  
**JULY 26, 2016**  
**PANGUITCH, UTAH**

**MEMBERS IN ATTENDANCE**

Carma Sly  
Clem Griffin  
Judy Henrie  
Art Cooper  
Pauline Prince  
Geraldine Liston  
Joyce Griffin  
Earl Paddock  
Lois Bulloch  
Ila Mae Swapp  
Arlen Grimshaw  
Wallace Gibson (Chair)  
Kaye Reese  
Sharon Ott  
Carol Sullivan

**REPRESENTING**

Beaver County Advisory  
Garfield County Advisory  
Iron County Advisory  
Iron County Advisory  
Kane County Advisory  
Iron County Advisory  
Kane County Advisory  
Washington County Advisory  
Washington County Advisory

**MEMBERS NOT IN ATTENDANCE**

Mary Schaidt  
Kenneth Wanloss (Excused)  
Gayle Rohde  
Sharon Griffiths  
Robert Rasmussen  
Doug Maxwell  
Tamara Atkinson

Beaver County Advisory  
Kane County Advisory  
Washington County Advisory  
Beaver County Advisory  
Iron County Advisory  
Iron County Advisory  
Washington County Advisory

**OTHERS IN ATTENDANCE**

Calvin Sly  
Curtis Crawford  
Fayann Christensen  
Christine Holliday  
Donna Chynoloeth  
Lael Chynowelle  
Wyonona Henderson  
Carrie Schonlaw  
Governments  
Linda Sawchenko

Beaver County  
Iron County Coordinator  
Kane County Coordinator  
Washington County Coordinator  
Garfield  
Garfield  
Garfield County  
Five County Association of  
  
Five County Association of Governments

**MINUTES  
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**I. WELCOME AND INTRODUCTION**

Mr. Wallace Gibson, Chair, welcomed the members of the council to the meeting in Panguitch and introductions made. Carrie Schonlaw of Five County introduced Linda Sawchenko as the replacement for Carolyn Moss who had retired.

**II. MINUTES April 26, 2016**

Mr. Wallace Gibson, Chair, requested a motion to accept the minutes of April 26, 2016. Mr. Art Cooper pointed out that the wrong meeting location was typed on the April 26, 2016 minutes; Ms. Schonlaw stated that would be corrected.

**MOTION WAS MADE BY MR. ART COOPER TO ACCEPT THE MINUTES OF APRIL 26, 2016. MOTION SECONDED BY MR. CLEM GRIFFIN. MOTION CARRIED UNANIMOUSLY.**

**III. LOCAL SHARING**

Mr. Wallace Gibson, Chair, requested local sharing from County Coordinators.

### **Beaver County - Ms. Carma Sly (in for Ms. Sheila Shotwell)**

Ms. Carma Sly, stated that the cook's helper was on maternity leave but that they had help from the other centers. The commission had given them permission to hire extra help for Beaver but they could help out in the other centers if needed. Congregated meals are around 25-30 and Meals on Wheels around 56. The Minersville Center had 11 seniors go to Mesquite in June. Bingo is still being held once a month in Minersville. Attendance is up at the Milford Center now that the snow birds are back. Senior Day will be held at the Beaver County Fair on Thursday the 25<sup>th</sup>.

### **Washington County - Ms. Christine Holliday**

Ms. Christine Holliday thanked Five County for the extra money. Meals at all the centers are down, just waiting for the snow birds to return. The Thrift stores are doing well with the Hurricane Center doing exceptional bringing in between \$1100 to \$1200 a month. Looking to make changes in the newsletter and may be going with a new company for printing, still in the works and haven't taken it to the commission yet. The supervisor at the Enterprise Center retired and has been replaced with Ms. Forsyth who is a great fit for the position. The CDL bus driver at Enterprise has been on leave so they have been using the Crown Vic. Ms. Holliday stated that she thinks that they have found a bus that does not require a CDL license driver that is still in the works. St George has had an influx of scams and Ms. Holliday wanted to know if someone could do a presentation on dealing with scams for the seniors. All the centers are doing okay.

### **Kane County - Ms. Fayann Christensen**

Ms. Fayann Christensen thanked Five County for the extra money. Carol Sullivan has replaced Ken Wanloss as chairman. A woman has brought in some sewing machines and is teaching quilting classes. Still doing the shopping trips to St George, Cedar City and Page and picnics to Jacobs Lake. Starting to do the Medicare classes that Five

County requested. Ms. Christensen confirmed that she would be sending a couple people to St George for the Stepping-On training. Praised her cooking staff for the outstanding job they do. Very happy with new truck. Rumor has it that they may be getting a new Senior Center, as they are planning to turn the middle school into a community center.

**Garfield County - Ms. Donna Chynoweth**

Ms. Donna Chynoweth thanked Five County for the extra money. Numbers have improved in Henrieville. Panguitch Center had the Fiddlers entertain and has been very busy and doing great even with staff on vacation. Escalante Center is busy but the volume is down with the volunteers working at the Heritage Center. Last week was the first time using the new Meals on Wheels truck and it was great, looking forward to another one.

**Iron County - Mr. Curtis Crawford**

Mr. Curtis Crawford reported that centers are doing well in Cedar City and Parowan. Numbers for both congregate and home delivered meals have increased; receiving lots of compliments about the meals. The cooks are much happier now that they have been given an increase in wages. The usual activities are ongoing and the exercise classes are increasing still working on a new Web page. Had the floors professional cleaned and it makes a big difference. Stepping-On program will be starting next week; we have had a lot of interest in this. Just finished a Chronic Disease and Wellness this went well. Amy's presentations during lunch have been received positively. Mr. Crawford reports that all is well.

**IV. LEGISLATIVE & FISCAL UPDATE**

Information on Legislative and Fiscal updates was presented to the Council by Ms. Carrie Schonlaw.

## **General**

Ms. Carrie Schonlaw stated that things have been busy with year-end close out, new fiscal year set ups and staff changes.

Ms. Schonlaw passed out the new contracts before the meeting and will get the billing forms out.

## **FY17 Legislature**

Division of Aging has reserve funding and Ms. Schonlaw explained how that needed to be used on one time cost items and not services. Since we are going to the legislators for more funding we need to impress on them the growing senior population still has needs that are not being met.

## **Changes to Senior Day**

Due to the increasing cost of attending the Senior Days at Legislature, U4A has decided to replace it with Advocate Days at the local level around late October and early November. These Senior Voice events will advocate for needs in our community and the funding needed to provide those. Senior Voice events will have some taped presentations and some live presentations. Ms. Schonlaw stated that this plan is still in the developing stages but the decision that needs to be made today is whether to do only one event this year and look at doing more events in future years. It was suggested that Cedar City is centrally located so maybe that is where the first Advocate Day be held. Ms. Schonlaw stated she should have the preliminary plans in place when coordinators meet in August.

### **Preliminary Year and Fiscal Report**

Ms. Schonlaw distributed the formal budget and went over the spreadsheets. Starting October 1<sup>st</sup> all dollars must be used on full evidence based benefit programs.

### **FY 17 Budget Approval**

The FY 17 final budget information was discussed, by sections, with the council by Ms. Schonlaw taking all questions and offering to answer any individual questions at any time. The overall budgets are remaining about the same - allocated differently from federal funds, state reserves, and one-time funding. Budget changes were made so that the base formulas for allocations to each county be increased; III-B from \$35,000 to \$45,000; congregate, \$30,000 to \$35,000 and Home Delivered Meals, \$45,000 to \$50,000.

**MOTION WAS MADE BY MR. ARLEN GRIMSHAW TO APPROVE  
THE BUDGET FOR FY 2017. MOTION SECONDED BY MR. ART COOPER  
MOTION CARRIED UNANIMOUSLY.**

### **V. NUTRITION PROGRAM**

Program is going well. The Steering Committee of Five County wanted to know what the commissioner felt the biggest need would be regarding the \$160,000 cap expenditure and it was determined that would be new Meals on Wheels trucks. Five County met with the coordinators to determine what location had the biggest need. Washington County could use 3-5 vehicles with a 50% match, Iron County didn't need any, and Beaver County could use one for Minersville/Milford (4 wheel drive), Kane County and Garfield County could each use one. Decided

5 vehicles with 28% match one going to each county (except Iron) with Washington County getting a second one. This will be presented to the Five County Steering Committee in August.

**MOTION WAS MADE TO SEND THE APPROVAL OF THE VEHICLE PURCHASE TO THE STEERING COMMITTEE BY MS. JUDY HENRIE. MOTION SECONDED BY MS. IDA MAE SWAP. MOTION CARRIED UNANIMOUSLY.**

### **NANASP Conference Report**

Informative presentations and all had a great time.  
Aging Mastery Program seemed like a good program but too expensive for the Senior Centers at this time.  
Eat Smart Live Strong-place mats with nutrition information on them.  
Western Union-Scams-can do trainings  
Food Stamps and Medicaid  
Presentation working with local hospitals to get doctors on board for nutrition not just meals but someone to check in on the seniors

### **VIII. OTHER BUSINESS**

Home and Community-Based Programs - Handout on Utah's Senior Voice RCI Reach free program 12 sessions with the Care Giver gives them tools to deal with dementia.

#### **Preventative Health Program Updates**

Another Train the Trainer program in St George this week.  
Loss both Tai Chi instructors but have found a Train the Trainer program and may be sending Ramona.  
Focus on volunteer leaders to run programs.

**Open Floor for discussion**

Mr. Art Cooper pointed out that the RCI pamphlet had some misspelling, corrections will be made.

Next meeting location TBD.

**MOTION TO ADJORN MEETING WAS MADE BY MS. ILA MAE SWAP.  
SECONDED BY MS. GERALDINE LISTON. MOTIONS CARRIED  
UNANIMOUSLY**

**X. ADJOURN**

Meeting was adjourned and lunch was provided by the Panguith Center.