The scope of the National Cosmetology Practical Examination includes 10 (ten) core domain services. The Core Domain Sections are based on the national job analysis and are noted in bold.

1. **Work Area and Client Preparation, and Set Up of Supplies** (First client 15 minutes)
   - + Blow Dry Styling (10 minutes)
   - **Thermal Curling** (10 minutes)
   - **Haircutting** (30 minutes)
   - + Roller Placement (10 minutes)
   - + Fingerwaving and Pin Curl Placement – Skip Wave (10 minutes)

2. **Work Area and New Client Preparation, and Set Up of Supplies** (Second client 15 minutes)
   - **Chemical Waving** (20 minutes)
   - **Predisposition Test and Strand Test with Simulated Product** (Untimed)
   - **Highlighting with Foil, Virgin Application with Colored Simulated Product** (15 minutes)

3. **Hair Color Retouch with Colored Simulated Product** (10 minutes)
4. **Virgin Hair Relaxer Application with Colored Simulated Product** (Untimed)
5. **Blood Exposure Procedure** (Untimed)
6. + **Work Area and New Client Preparation, and Set Up of Supplies** (Additional nail technology services client 15 minutes)
7. + **Manicure and Polish Application** (20 minutes)
8. + **Nail Tip Application and Blending** (20 minutes)
9. + **Sculptured Nail** (20 minutes)
10. + **Work Area and New Client Preparation, and Set Up of Supplies** (Additional esthetic services client 15 minutes)
11. + **Basic Facial** (20 minutes)
12. + **Hair Removal of the Eyebrows by Tweezing and Using Simulated Soft Wax** (Untimed)
13. + **Hair Removal of the Upper Lip Using Hard Wax** (Untimed)
14. + **Facial Makeup Application** (20 minutes)

+ Denotes Additional Sections for States that elect to test this/these sections. Confirm State requirement. Administration of any of these sections must be performed in the numerical order outlined.
Candidates will be evaluated on proper designation of materials that are disposed. You are required to bring and use the following supplies for the appropriate disposal of materials:
- Container labeled “to be disinfected”
- Container labeled “soiled linens”
- Container labeled “trash”

It is specified that there is more than one client represented for the purpose of this examination. A new client is introduced and must be prepared for during the course of the examination (see Advanced Practice Esthetics Practical Examination Content Domains Sections).

The following sections are new to the Advanced Practice Esthetics Practical Examination:
- Work Area and New Client Preparation, and Set Up of Supplies (Content Domain Section 6)
- Work Area and New Client Preparation, and Set Up of Supplies (Content Domain Section 10)
- Body Treatment-Dry Exfoliation and Mud Mask (Content Domain Section 11)
- Blood Exposure Procedure (Content Domain Section 12)

Candidates are not allowed to label products as single-use items.

Use of single-use products may result in a failing score for the examination.

Advanced Practice Esthetics practical examination mannequin MUST have a décolletage.

ADVANCED PRACTICE ESTHETICS PRACTICAL EXAMINATION CONTENT DOMAIN SECTIONS

The scope of the National Advanced Practice Esthetics Practical Examination includes 12 (twelve) core domain services. The Core Domain Sections are based on the national job analysis and are noted in bold.

1. Work Area and Client Preparation, and Set Up of Supplies (First client, 15 minutes)
2. Cleansing the face with Product (10 minutes)
3. Manual Lymphatic Drainage (10 minutes)
4. Particle Microdermabrasion on the Forehead (10 minutes)
5. LED Treatment (10 minutes)
6. Work Area and New Client Preparation, and Set Up of Supplies (Second client, 15 minutes)
7. Ultrasonic Treatment of Forehead and Upper Lip (10 minutes)
8. Beta Hydroxy Acid (BHA) Treatment (10 minutes)
9. Microcurrent Treatment to Upper Orbicularis Oculi (10 minutes)
10. Work Area and Client Preparation, and Set Up of Supplies (Third client, 15 minutes)
11. Body Treatment-Dry Exfoliation and Mud Mask (15 minutes)
12. Blood Exposure Procedure (Untimed)
AUGUST 5, 2016

Subject: Updated Content Outline for NIC Theory and Practical Exams

To Whom It May Concern,

The National-Interstate Council of State Boards of Cosmetology (NIC) is pleased to announce the following NIC theory and practical examinations have been updated to reflect current professional practices in the U.S.

- Cosmetology
- Esthetics Advanced (AP) (Master Esthetician)

The updated content for above-mentioned examinations will become effective November 1, 2016. Candidates taking these examinations on or after that date will be examined on the updated content.

The updated content for both the theory and practical examinations can be found on the NIC website at www.nictesting.org by selecting "Preparing for Your Licensing Program".

The Candidate Information Bulletins (CIBs) provide detailed information related to each examination. The NIC strongly recommends that the CIBs be reviewed carefully and thoroughly. The state of Utah will require the following content areas to be included in the administration of the Cosmetology and Advanced Practice Esthetics practical examinations:

**Cosmetology**

1. Work Area and Client Preparation, and Set Up of Supplies
2. Thermal Curling
3. Haircutting
4. Work Area and New Client Preparation, and Set Up of Supplies
5. Chemical Waving
6. Predisposition Test and Strand Test with Simulated Product
7. Highlighting with Foil, Virgin Application with Colored Simulated Product
8. Hair Color Retouch with Colored Simulated Product
9. Blood Exposure Procedure
10. Work Area and New Client Preparation, and Set Up of Supplies
11. Sculptured Nail
12. Work Area and New Client Preparation, and Set Up of Supplies
13. Hair Removal of the Eyebrows by Tweezing and Using Simulated Soft Wax
14. Work Area and New Client Preparation, and Set Up of Supplies (Barber portion)
15. Haircut
16. Shave
17. Facial

**Advanced Practice of Esthetics** *(Master Esthetician)*

1. Work Area and Client Preparation, and Set Up of Supplies
2. Cleansing the face with Product
3. Manual Lymphatic Drainage
4. Particle Microdermabrasion on the Forehead
5. LED Treatment
6. Work Area and Client Preparation, and Set Up of Supplies
7. Ultrasonic Treatment of Forehead and Upper Lip
8. Beta Hydroxy Acid (BHA) Treatment
9. Microcurrent Treatment to Upper Orbicularis Oculi
10. Work Area and Client Preparation, and Set Up of Supplies
11. Body Treatment-Dry Exfoliation and Mud Mask
12. Blood Exposure Procedure

Please **don't hesitate to reach out if you have any questions or concerns regarding the changes. Tammy Vasquez is also available for assistance and can be reached via email at tvasquez@psionline.com or by phone at 1-800-367-1565 x 7409.**

Warm regards,

**Lynn Thomas**

**PSI COSMETOLOGY CLIENT SERVICE MANAGER**
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