

**MINUTES**

**UTAH  
SUBSTANCE USE DISORDER COUNSELOR  
LICENSING BOARD MEETING**

**April 20, 2016  
Room 475, 4th Floor – 9:00 A.M.  
Heber M. Wells Building  
Salt Lake City, UT 84111**

**CONVENED:** 9:05 A.M.

**ADJOURNED:** 11:28 A.M.

**Bureau Manager:**  
**Board Secretary:**

Dane Ishihara  
Lee Avery

**Board Members Present:**

Santiago Cortez, Chairperson  
Michael Dulle  
David Felt  
Bruce Chandler  
Lori Buhler  
Valerie Fritz

**Board Members Excused:**

Leslie Woodfall

**DOPL Staff Present:**

Susan Higgs, Compliance Specialist

**TOPICS FOR DISCUSSION**

**DECISIONS AND RECOMMENDATIONS**

**ADMINISTRATIVE BUSINESS:**

Minutes:

The Board reviewed the minutes from the January 13, 2016 Board meeting. Ms. Fritz made a motion to accept the minutes. Mr. Dulle seconded the motion. The motion carried unanimously.

**COMPLIANCE REPORT:**

Susan Higgs, Compliance Specialist

Ms. Judy Berrocal, probation interview. Ms. Berrocal submitted certification of notification for employer, supervisor, and prescribing practitioner. She also submitted supervisor reports and support group attendance.

**Discussion:**

The Board decided to have Ms. Berrocal submit her supervisor reports monthly.

Ms. Chelsie Durden submitted supervisor reports monthly for one year. The Board may want to change these to quarterly. She went back into therapy and submitted reports for these. She sent her CE documentation and essay.

Mr. Michael Haws, new probation interview. He submitted supervisor reports for February, March and April. He does not need to submit therapy reports.

Mr. Todd Ash is not working in the field right now, but has a potential for employment. He submitted a therapy report. The Division found this was not sufficient and asked him to submit another report. His therapist submitted an email to Ms. Higgs.

Ms. Lindsay Titus, was working for a SUDC company, doing more marketing and not using her license. She was sent the surrender form with instructions to sign and return to Ms. Higgs. She did not return this form. She contacted Ms. Higgs indicating that she wants to keep her license and is ready to complete her probation. She was supposed to meet with the Board today, but was unable to keep this appointment because she is out of the area. She started doing drug screens again and will meet with the Board July 13, 2016. The Board noted that she was not in compliance with her stipulation before and questioned if her license should be revoked.

#### **APPOINTMENTS:**

Ms. Judy Berrocal, new probation interview

Ms. Berrocal met with the Board. Mr. Felt conducted the interview. Ms. Berrocal stated that Ms. Gina Himma is the new clinical director and her supervisor. The Board reviewed Ms. Himma's, LCSW, CV. Ms. Berrocal continues working for Steps at their Draper facility. She attends support groups in Orem. She prefers to attend an all woman's meeting. She is attending ASUDC classes online with UVU. She is looking for part time employment so she can use her license more. She is setting better boundaries with her employer and feels she is doing better now. The Board encouraged Ms. Berrocal to continue in the direction she is going. The Board asked to see Ms.

Berrocal July 13, 2016.

Ms. Cheslie Durden, probation interview.

Ms. Durden met with the Board for her probation. Mr. Felt conducted the interview. The Board noted that Ms. Durden is current with all reports and submitted the CV for Misty Newman, CMHC. Ms. Durden stated they talk about boundaries and setting boundaries. They have also discussed oversharing and how oversharing leads to crossing boundaries. Mr. Felt motioned to approve Ms. Newman, CMHC, as Ms. Durden's therapist. Ms. Buhler seconded the motion. The motion carried unanimously. Ms. Durden stated that she continues working at Crystal Recovery and enjoys working there. She continues setting boundaries with clients and does not attend meetings with them. Mr. Felt made a motion to move her supervision reports to quarterly. Mr. Dulle seconded the motion. The motion carried unanimously. The Board asked to see Ms. Durden July 13, 2016.

Mr. Michael Haws, probation interview

Mr. Haws met with the Board. Mr. Cortez conducted the interview. Mr. Haws stated that he works at Davis Behavioral Health, on the recovery support team. He is a case manager and doing workshops. He has a personal caseload of fifteen men. The Board noted that his supervisor reports are current. The Board wants him to continue with monthly reports for a while longer. Mr. Haws stated that his recovery has been solid. He attends support groups and is a sponsor. His time with individual he sponsors is different than the time he spends with his clients. When he has an individual he is sponsoring, needing therapy, he refers them to someone else. He is being very careful to set boundaries. The Board encouraged him to continue in this direction. The Board asked to see Mr. Haws July 13, 2016.

Mr. Todd Ash, probation interview

Mr. Ash met with the Board. Mr. Chandler conducted the interview. Mr. Ash stated it has been a while since he met with the Board because had not been working in the field. He now has potential for employment in the field; and is meeting with the Board to provide an update. He advised the Board that he has been in therapy and has learned a lot including how to separate his personal issues from his clients' issues. He is

learning how to be more professional. Mr. Ash advised the Board that he has been clean for twenty-four years. He is very active in his recovery and continues attending support meetings.

Mr. Ash stated his personal plan to keep the violations from happening again, is to find employment where he has supervision and will turn to his supervisor for assistance. He continues with therapy; and he is committed to be active in his own recovery. He attends support groups outside of Utah County to ensure he is not attending groups with clients. Mr. Ash stated the employment offer he had fell through, however, he hope to get back into the field.

Mr. Ash's CSUDC license is active on probation. His probation term has stopped until he starts working in the field.

The Board noted the change in Mr. Ash since he first met with the Board in April 2014, however, The Board still has concerns about Mr. Ash's boundary violations.

Mr. Felt made a motion for Mr. Ash to do the following:

1. Has weekly supervision meetings,
2. Submits supervisor reports monthly
3. He submits reports to Board regarding what he has learned in supervision;
4. He submit reports regarding what he learned in therapy;

After further discussion, the motion was amended to include:

5. He works with men only for now.

Ms. Fritz seconded the motion. The motion carried unanimously.

The Board reminded Mr. Ash that this is a very serious situation. His personal issues cannot be dealt with at the expense of clients. The Board asked to see Mr. Ash July 13, 2016 if he is working in the field.

Ms. Tracey Williams, application/CH review

The Board reviewed the application and criminal history information Ms. Williams submitted for her CSUDC license.

Ms. Williams met with the Board. Mr. Cortez conducted the interview. Ms. Williams reviewed her history with the Board. In 2011, she went into sober living for women and learned a lot about herself. She started working at New Roads doing case management. She enjoys working in the recovery and

helping others in recovery. The Board discussed giving Ms. Williams a probationary license. Mr. Felt made a motion to recommend a two year probation to include the following:

- Random UAs;
- Therapy and/or Psychological evaluation and reports at the Board and Divisions discretion;
- Support group attendance; and
- Supervisor reports

Ms. Fritz seconded the motion. The motion carried unanimously. The Board asked to see Ms. Williams July 13, 2106. Mr. Ishihara will draft the stipulation order.

**DISCUSSION ITEMS:**

R156-60d-304(4)(C) Continuing education, 15 hour maximum for distance learning

The Board reviewed proposed language in R156-60d-304(C) continuing education, 15 hour maximum for distance learning. The proposed change includes moving the continuing education to a format to add clarity including,

- 1 establishes hours required
- 2 what is recognized for CEs
- 3 who needs to sponsor the CEs
- 4 documentation
- 5 extra hours

Mr. Ishihara will obtain feedback from all of the mental health Boards and draft language for review.

Next Board Meeting:

July 13, 2016

2016 Board meetings have been tentatively scheduled:  
July 13, October 12

**ADJOURN:**

The meeting adjourned: 11:28 A.M.

*Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.*

July 13, 2016  
Date Approved

(ss)   
Chairperson, Utah Substance Use Disorder Counselor  
Licensing Board

July 13, 2016  
Date Approved

(ss)   
Bureau Manager, Division of Occupational &  
Professional Licensing