

## MINUTES

### UTAH Clinical Mental Health Counselor Licensing Board MEETING

March 16, 2016  
Room 474 - 4<sup>th</sup> floor – 9:00 A.M.  
Heber M. Wells Building  
Salt Lake City, UT 84111

**CONVENED:** 9:15 A.M.

**ADJOURNED:** 3:01 P.M.

**Bureau Manager:**  
**Board Secretary:**

Dane Ishihara  
Lee Avery

**Board Members Present:**

Jason H. King, Ph.D., Chairperson  
Jerri Sena  
Kenneth Roach  
Ruth Baxter, Vice Chairperson  
Travis Manning

**DOPL Staff:**

Susan Higgs, Compliance Specialist  
Carly Rowe, Licensing Specialist

**Guests:**

Uma Dorn, U of U  
Colleen Sandor, Westminster College  
Zac Imel, U of U

#### TOPICS FOR DISCUSSION

#### DECISIONS AND RECOMMENDATIONS

##### **ADMINISTRATIVE BUSINESS:**

Elect a new Chairperson

Ms. Sena nominated Ms. Baxter for Chairperson. Mr. Roach seconded the nomination. The nomination passed unanimously.

Elect a new Vice Chairperson

Ms. Baxter nominated Mr. Manning for Vice Chair. Ms. Sena seconded the nomination. The nomination passed unanimously.

##### **MINUTES:**

The Board reviewed the minutes dated December 2, 2015. Ms. Sena made a motion to approve the minutes with changes. Mr. Manning seconded the motion. The motion passed unanimously.

##### **Probation Report:**

Ms. Higgs, Compliance Specialist

The Board has two new probationers

**Niki Wolfe** submitted a probation plan and has questions regarding CE courses she needs to complete. She has two employers. The Division received reports from both.

**Aaron Gardner** submitted a probation plan, submitted CEs approved by Mr. Oborn from the public reprimand he received at the beginning of 2015. He resubmitted this essay and CE from the public reprimand from 2015.

**Discussion:**

He may find it difficult to find CEs related to animal cruelty. He may look for courses related to effective problem solving, professional conduct, thinking errors, He had received a public reprimand prior to the incident that led to his license being placed on probation. Another unlawful professional conduct violation, the Division would move to revoke his license.

**APPOINTMENTS:**

Niki Wolfe, new probation interview

Ms. Wolfe met with the Board. Mr. Manning conducted the interview. Ms. Wolfe stated she works two jobs, part time for North Valley Behavior Health and for a private agency. She is receiving two to three hours a week in supervision. The Board noted Ms. Wolfe's stipulation requires her to submit employer reports and to complete an additional ten hours of CEs. The Board encouraged her to find courses in ethics and provide Ms. Higgs with this information. She will review it with the Board for approval. Ms. Wolfe advised the Board that she has family plans to be out of the State the week of June 21, 2016. The Board advised Ms. Wolfe to make accommodations so that she is available for a telephone interview with the Board. Ms. Wolfe stated she plans to take the exam before the next Board meeting. The Board asked to see Ms. Wolfe June 21, 2016. The Board approved a telephone interview as long as she stays in compliance with her stipulation.

Aaron Gardner, new probation interview

Mr. Gardner met with the Board. Mr. Roach conducted the interview. Mr. Gardner stated he submitted all documents required by the Board. He

moved to a new location and is not working as late in the evenings. This move has freed up a lot of time for him. The Board reminded Mr. Gardner that he needs to complete CE hours and an essay. These are in addition to those required for his license renewal. The Board determined that the courses need to meet the following criteria:

1. Related to ethical decision making; and
2. Thinking errors.

Mr. Gardner needs to complete an essay. The Board is looking for how he can communicate lessons learned and the internal change in himself. Mr. Gardner was advised that he had a public reprimand a year ago. Now his license is on probation with the Board. Another violation and the Division may move towards revocation of his license. The Board asked to see Mr. Gardner June 22, 2016.

#### Lyle Cottle, CMHC public reprimand

Mr. Cottle met with the Board regarding a public reprimand. Mr. Cottle stated he is doing well since he last met with the Board. He completed the two CE classes suggested by the Board. He found them both, very informative. They focused on dual relationships and laid out step-by-step what a therapist can and cannot do. Mr. Cottle stated he is seeing seven clients a week now. Mr. Cottle was advised that he has shown a pattern of misconduct and the Division may move to revoke his license if there is another violation.

#### Michelle Glover, review reinstatement of surrendered license

Ms. Glover met with the Board regarding reinstatement of her CMHC license that she surrendered on January 16, 2014 and she cannot reapply for three years. Ms. Glover advised the Board that she had a personal relationship with a former client who was on parole. Because she was a contracted therapist with the Department of Corrections, they filed charges against her. Ms. Glover is asking the Board to reconsider the suspension of her professional license because the criminal charges against her were dismissed. She is not working in the field at this time. Mr. Manning made a motion to hold Ms. Glovers request. The Board will reconsider it at the June 22, 2016 Board meeting after Ms. Glover completes the following:

1. Complete CE courses to include dual relationships and thinking errors.

2. Submit a 500 word essay to include what she learned from the CE courses, self-reflection, boundaries she has set up to keep this from happening again.

The Board would like her to submit this before the Board meeting June 22, 2016. Mr. Roach seconded the motion. The motion carried.

Cori Price, ACMHC , expired license, limited stipulation

Ms. Price met with the Board. Ms. Price stated she had a non-professional relationship with a parolee in California. She resigned her position with the Dept. of Corrections in California and criminal charges were filed. Ms. Price advised the Board that the charges have been dismissed and she would like the Board to reinstate her ACMHC license. She is currently working for DABC. The Board expressed no concern regarding reinstating Ms. Price's ACMHC license without conditions to complete her supervised hours.

Daniel Johnston, ACMHC request to extend ACMHC license

Mr. Johnston met with the Board to request an extension of his ACMHC license. Mr. Johnston's ACMHC license was issued April 10, 2003. Mr. Johnston stated he has not been able to complete the supervised hours required for many personal reasons. He is now ready to get back into the field. Mr. Johnston submitted a Verification of Supervised Experience form showing he completed 1,300 hours, including 30 hours of direct, face to face, supervision. Mr. Johnston stated that he did not pass the NCMHCE exam. He plans to take it again in June 2016. The Board advised Mr. Johnston that all Utah ACMHC's need to complete forty hours of continuing education and six of these hours need to be in ethics and law, every renewal cycle. The Board requested Mr. Johnston submit documentation of completing his CEs to the Board by the Board meeting September 21, 2016. Ms. Baxter made a motion to approve one more extension of Mr. Johnston's ACMHC license, for no longer than 12 months. Mr. Roach seconded the motion. The motion carried.

John Washington, request to extend ACMHC license

Mr. Washington met with the Board to request an extension of his ACMHC license. His ACMHC license was initially issued February 5, 2009. Mr. Washington stated that he has not been able to complete is supervised hours for many reasons and is

now ready to get back into the profession. He submitted a Verification of Post-Graduate Supervised Experience” form signed by his supervisor showing he completed 2,379.5 hours. Mr. Washington advised the Board that he is on social security and is not able to work more than sixty hours a month and because he has not been working in the field, it has been difficult for him to gain his supervised hours.

The Board reminded Mr. Washington that Utah ACMHC’s need to complete 40 hours of continuing education and six of these hours need to be in ethics and law. CE hours need to be completed every renewal cycle.

The Board advised Mr. Washington that NBCC is a good place to get CE courses because these are specific to clinical mental health counselors. The Board requested Mr. Washington submit documentation of completing his CEs to the Board. Mr. Manning made a motion to approve Mr. Washington’s request to extend his license, one more time for 24 months from the date it expired. The motion was seconded by Mr. Roach and carried.

Elaine DeVos, application review

Ms. DeVos met with the Board and reviewed her education and work history. Ms. DeVos does not meet the education requirement for the Social Work or Psychology license. The MFT Board reviewed her application and denied her request for an MFT license citing extensive education deficiencies. When completing the education information in the ACMHC application, Ms. DeVos used several courses multiple times. The Board determined that Ms. DeVos’ education is deficient in professional orientation, career development and her internship is short 200 clinical hours. She needs to obtain the conversion rate from her education program in Africa. The Division will hold her application open until April 25, 2016. After this date, her application will be denied and she will need to resubmit a new application.

Deborah Coleman, questions regarding Phoenix Rising Yoga Therapy

Ms. Coleman failed to keep her appointment with the Board. The Board would like to talk with Ms. Coleman regarding her plan to incorporate Phoenix Rising Yoga Therapy into her Mental Health Therapy practice.

**DISCUSSION ITEMS:**

1. AASCB 5 year plan, Dr. King

Ms. Dorn and Mr. Imel joined the discussion. The Board reviewed the AASCB proposal to adopt five years minimum practice duration for applicants to be able to obtain license by reciprocity. The Board noted that Utah Statutes allows license by endorsement if the applicant can show 4,000 hours of work experience with 1,000 hours in mental health therapy. The Board took no action.

2. CACREP degree needed for licensure

The Board expressed concern regarding the education requirement for a Utah CMHC license. Ms. Dorn and Mr. Imel joined the discussion. The Board reviewed R156-60c302a, Qualifications for Licensure – Education Requirement and noted that current language opens the education requirement to applicants with degrees in something other than clinical mental health counselor or professional counselor. The Board discussed changing some of this language. Mr. Ishihara will draft language for the Board to review at the September Board meeting.

3. Review application for Angela Pobanz

The Board reviewed the ACMHC Extern application/education submitted by Ms. Pobanz. The Board feels her course work meets requirements. She needs to complete an additional 400 hours for her intern/practicum. Ms. Probanz' ACMHC Extern license was approved.

4. Review additional information submitted by Jessica Berry Javier.

The Board reviewed the additional education information submitted by Ms. Javier.

The Board would like to see a course syllabus with more detail including course goals and standards for the following:

1. Professional Orientation and Ethical Practice.
2. Internship/practicum to include experience with the four stages of mental health therapy to include:
  - a. Formal assessment of client, observations, and interviews, tests
  - b. DSM diagnosis
  - c. Development of treatment plan to target the symptoms of diagnosis
  - d. Engage in practice of psychotherapy, techniques, interventions strategies and

skills to remediate the symptoms of the diagnosis they assessed for the client.

The Board feels she has not met the education requirement for the following:

1. Substance Use Disorders or Addictive/Compulsive Behaviors;
2. Career development for art therapist does not meet standards. Needs to be career development in clinical mental health therapy;
3. Human growth and develop. Her transcripts show only children and adolescents. She needs more education covering over the life span.

5. Review ACMHC application education for Somer Brown

The Board reviewed the ACMHC application submitted by Ms. Brown. The Board determined that all of her education requirements are met and approved her application for licensure.

**BOARD MEETINGS:**

The next Board meeting is scheduled for June 22, 2016

**2016 Board meetings tentatively scheduled:**

June 22, September 21, December 7

Motion to adjourn at 3:01 P.M.

*Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.*

6/22/16  
Date Approved

(ss) Paul A Baxter  
Chairperson, Utah Clinical Mental Health Counselor Licensing Board

June 22, 2016  
Date Approved

(ss) [Signature]  
Bureau Manager, Division of Occupational & Professional Licensing