MINUTES

UTAH PHYSICIANS LICENSING BOARD MEETING

January 20, 2016

Room 474 – 4th Floor – 9:00 A.M. Heber Wells Building Salt Lake City, UT 84111

CONVENED: 9:19 AM ADJOURNED: 3:07 PM

Bureau Manager: Larry Marx Board Secretary: Lisa Martin

Compliance Assistant: Debbie Harry

Board Members Present: David A. Cook, MD

Daniel J. Parker, MD

Kenneth L. Schaecher, MD Chairperson

Lindsay Klimes, MD Paul J. Affleck, MD David Moulton, MD Gary A. Hale, R.Ph

Board Members Absent and Excused: Richard W. Chapa, MD

John S. Montgomery, MD Georgia Katshohirakis David D. Byrd, MD Mark Bair, MD

DOPL Staff:

Guests: John Mahan, University of Utah

TOPICS FOR DISCUSSION DECISIONS AND RECOMMENDATIONS

MINUTES: The minutes from the November 18, 2015 Board

meeting were read. Dr. Parker made a motion to approve the minutes as read. Dr. Klimes seconded

the motion. The Board vote was unanimous.

APPOINTMENTS:

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9:15 A.M. Debbie Harry, Compliance Update

Ms. Harry reported the following are in compliance or out of compliance with their Stipulations and Orders:

- Ms. Harry states Dr. Adamson has not submitted the report from the Idaho Recovery Network. All chaperone reports, supervisor reports and chart reviews have been received.
- Ms. Harry states Dr. Andersen has submitted the therapist reports. Dr. Andersen has submitted an updated practice plan.
- Ms. Harry states Dr. Blackburn is still seeking employment and has submitted a request to speak with the board.
- Ms. Harry states Dr. Hansen has submitted supervisor reports and chart reviews. Dr. Hansen has not submitted a controlled substance report.
- Ms. Harry states Dr. Hillam would like the board to clarify the role of the supervisor. Dr. Hillam has submitted all reports and is attending meetings.
- Ms. Harry states Dr. Kimball has submitted supervisor reports, chart reviews, and therapist reports. Dr. Kimball has submitted a new practice plan.
- Ms. Harry states Dr. Keep has submitted all reports, however the chart review has not been received.
- Ms. Harry states Dr. Long has submitted the therapist report, she has missed meetings and check ins.
- Ms. Harry states Dr. Lewis has submitted all required reports and chart reviews. Dr. Lewis has submitted a new practice plan there is a possibility of employment in Arizona.
- Ms. Harry states Dr. Molly Mears has submitted all required reports.

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• Ms. Harry states Dr. Weitzel has submitted all reports.

9:40 A.M.

Dr. Theran Adamson, Telephonic Probationary Interview

Dr. Cook conducted the interview asking how Dr. Adamson is doing.

Dr. Adamson states the practice is going well. Dr. Adamson states he is supervising two physician assistants.

Mr. Hale asks if Dr. Adamson was able to start his suboxone practice.

Dr. Adamson states he has obtained the waiver however he has not submitted a practice plan as there are some details to sort prior to starting.

Mr. Hale asks how often Dr. Adamson is attending meetings.

Dr. Adamson states he attends three meetings a week and they are going well.

Mr. Hale asks about Dr. Adamson's relationship with his supervisor.

Dr. Adamson states he meets with the supervisor weekly to review charts.

Dr. Schaecher states the report from the Idaho Recovery Network has not been received.

Dr. Adamson states he has contacted them and was informed reports were sent. Dr. Adamson states he will contact them again.

Dr. Moulton asks if Dr. Adamson is attending psychotherapy sessions.

Dr. Adamson states he was released from that requirement by his therapist.

The Board contacted Dr. Adamson's supervisor Dr. John Baker by phone.

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Mr. Hale asks if Dr. Baker has any questions or concerns about his role as supervisor.

Dr. Baker states he has been submitting reports and has no questions.

Ms. Harry states the more detailed in the report is helpful for the board.

Mr. Hale thanks Dr. Baker for his time and willingness to act as supervisor.

The Board states Dr. Adamson is in compliance with his Stipulation and Order.

An appointment was made for Dr. Adamson to meet with the Board telephonically on March 16 2016.

10:00 A.M.

Dr. Matthew Andersen, Probationary Interview

Dr. Schaecher conducted the interview asking how Dr. Andersen is doing.

Dr. Andersen states he has submitted the current work plan which reflects he is working four jobs including Sherwood Hills, Accurate Accountability Outpatient, Steinmann Clinic, and Recovery Ways. Dr. Andersen states as he is now working close to full time and he is focused on maintain balance.

Dr. Parker asks about the missed check ins.

Dr. Andersen states he has changed his phone alerts to help and most of the missed days were over the winter break.

Dr. Cook asks about Dr. Andersen's comfort level with maintaining four jobs.

Dr. Andersen states it is not ideal however with the probation he has lost board certification and insurance panels causing a struggle to find one full time job.

The Board states Dr. Andersen is in compliance with his Stipulation and Order.

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An appointment was made for Dr. Andersen to meet with the Board on March 16 2016.

10:20 A.M.

Dr. Roy Blackburn, Telephonic Probationary Interview

The board attempted to contact Dr. Blackburn by phone. Dr. Schaecher left a message.

The board states Dr. Blackburn is not in compliance with his Stipulation and Order.

Dr. Blackburn will be rescheduled for March 16 2016.

Break 10:30 A.M.

10:40 A.M.

Dr. Thomas Hansen, Telephonic Probationary Interview

Dr. Cook conducted the interview stating the Arizona controlled substance report has not been received.

Dr. Hansen states he has sent the reports every month. Dr. Hansen requests a second email contact as the messages he has sent to Ms. Harry are not being received.

Dr. Cook provides Dr. Hansen with Mr. Marx email.

Dr. Hansen clarifies the reports from October to present have not been received.

Ms. Harry confirms the last report received was for October.

Dr. Cook asks if there have been any changes in the way Dr. Hansen practices.

Dr. Hansen states he continues to practice the same way. Dr. Hansen states he has referred a patient to a pain clinic.

Dr. Schaecher states in past discussions Dr. Hansen had presented a request to supervise physician assistants. After discussion it was determined that it was not appropriate for Dr. Hansen to supervise Page 6 of 17 Minutes Physicians Licensing Board January 20, 2016

10:50 A.M.

Dr. David Hillam, Probationary Interview

physician assistants. Dr. Schaecher asks if there has been any push back from him employer.

Dr. Hansen states his employer has asked if the request could be made again, Dr. Hansen state he has told his employer that it will not be possible while he remains on probation.

The Board states Dr. Hansen is in not in compliance with his Stipulation and Order.

An appointment was made for Dr. Hansen to meet with the board telephonically on March 16, 2016.

Dr. Cook conducted the interview asking how Dr. Hillam is doing.

Dr. Hillam introduces his employer Mr. Neilson and states Dr. Valentine his supervisor can be contacted by phone. Dr. Hillam states he has given a copy of the new stipulation to his supervisors and his employer.

The board contacts Dr. Hillam's supervisor Dr. Valentine by phone.

Dr. Cook asks Dr. Valentine about his role as supervisor.

Dr. Valentine states he has worked as Dr. Hillam's supervisor and has read the stipulation. Dr. Valentine states he is reviewing charts and ask what the most helpful way for him to be involved is.

Mr. Marx states the role of the supervisor is to assist Dr. Hillam to be successful and to mentor him with his practice skills.

Dr. Klimes asks if the initial situation would have given Dr. Valentine pause to report the situation to the board.

Dr. Valentine state to the best of his recollection he was not given great detail of the situations, however he would have been inclined to follow up with more questions to clarify the events.

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Dr. Schaecher states the board feels that an approved supervisor will recognize appropriate care and documentation as well as provide enough support to assist in improving Dr. Hillam's skills.

Dr. Valentine states he understands and wants to assist Dr. Hillam through his probation.

The board thanks Dr. Valentine for his time.

The Board states Dr. Hillam is in compliance with his Stipulation and Order.

An appointment was made for Dr. Hillam to meet with the Board telephonically on March 16, 2016.

11:10 A.M. Dr. Chad Kimball, Probationary Interview

Dr. Schaecher conducted the interview asking how Dr. Kimball is doing.

Dr. Kimball states he is spending most his time working at the family run business.

Dr. Schaecher asks how many meetings Dr. Kimball attends.

Dr. Kimball states he attends an aftercare meeting once a week, professionals in recovery meetings, therapy once a week, and twelve step meetings.

Dr. Schaecher states the board received an updated practice for Dignity Doctors at Home. Dr. Schaecher states at the last meeting the board expressed concern of the work environment.

Dr. Kimball states he has updated the plan to include a definition of the location of the visits and that a chaperone will attend the visits with him if a risk of access to medications is a possibility.

Dr. Schaecher states he agrees that while at an assisted facilities the medication access is not much of a risk; the board concern is when the visit is at a single resident home.

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Dr. Moulton states he would like to have a discussion with the proposed supervisor, Mr. Wilson that is listed on the practice plan to ensure they are fully aware of the requirements.

Dr. Kimball states the supervisor is willing to meet with the board and he has given the stipulation to the supervisor.

Dr. Klimes states the practice plan indicates that the supervisor is also the owner.

Dr. Kimball states there is a different clinical supervisor Mr. Wilson is the owner and administrative supervisor.

Dr. Moulton state the practice plan will need to be updated to clarify the employer and supervisor on the practice plan.

Dr. Parker states he is comfortable with the proposed practice plan.

Dr. Klimes suggests the hospice plan would require a modification to remain consistent.

Dr. Moulton states the board's concern is that during a visit at a private residence medication is more accessible.

Dr. Kimball clarifies that the board is recommending that he only see patients in established facilities and not allow any private residence.

Dr. Klimes made a motion to require an amendment to the hospice practice plan to require a chaperone at private residence. Dr. Parker seconded the motion. The board vote was unanimous.

Dr. Moulton states he would want the board to meet with the proposed supervisor.

Dr. Cook made a motion to approve the practice plan with the modification that Dr. Kimball not see patients in private residence and the facility has Page 9 of 17 Minutes Physicians Licensing Board January 20, 2016

control of all medication. Mr. Hale seconded the motion. The board vote is five in agreement and one abstain the motion is passed.

Dr. Schaecher states both the supervisor and the employer must be present at the March meeting.

The Board states Dr. Kimball is in compliance with his Stipulation and Order.

An appointment was made for Dr. Kimball to meet with the board on March 16, 2016.

11:30 A.M.

Dr. Mark Keep, Probationary Interview

Dr. Parker conducted the interview asking how Dr. Keep is doing.

Dr. Keep states he is doing well. Dr. Keep states his work is more consistent and more structured. Dr. Keep states he is working about 20 hours a week as well as teaching.

Dr. Moulton asked if Dr. Keep attends meetings when he is traveling.

Dr. Keep states he does his best to locate and attend meetings when he is traveling. Dr. Keep requests he be allowed to submit reports quarterly rather than monthly.

Dr. Parker made a motion to allow reports be submitted quarterly. Mr. Hale seconded the motion. The board vote was unanimous.

The Board states Dr. Keep is in compliance with his Stipulation and Order.

An appointment was made for Dr. Keep to meet with the Board on March 16, 2016.

12:00 P.M. – 1:00 P.M. Working Lunch

1:00 P.M.

Dr. Deanne Long, Probationary Interview

Mr. Hale conducted the interview asking how Dr. Long is doing.

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Dr. Long states Dr. DeJohn has retired and she has started as the medical director and works three days a week. Dr. Long states Dr. Puttnum works the other two days and has agreed to act as supervisor.

Mr. Hale asks how Dr. Long is doing with the new responsibilities.

Dr. Long states the transition has been good. Dr. Long continues that the staff is supportive and working three days a week allows for better balance. Dr. Long states the class she was set to teach was cancelled due to the amount of people signed up for the class. Dr. Long states when her mother passed away she missed some check-ins.

Mr. Hale asks about Dr. Long obtaining her controlled substance license.

Dr. Long states the Utah controlled substance license has been granted and she has applied for the DEA license. Dr. Long states she has not received an answer concerning the DEA.

Dr. Moulton asks how often Dr. Long attends meetings.

Dr. Long states she attends therapy twice a month, a professionals in recovery meeting once a week, and should be attending AA meetings.

Dr. Moulton asks what other option would work for Dr. Long if AA isn't working.

Ms. Klimes states Dr. Long's stipulation includes at twelve step program with a sponsor.

Dr. Moulton asks if Dr. Long is considered compliant if she is attending a meeting similar to an AA meeting.

Mr. Marx states if the board feel the attended meetings are equivalent and considers Dr. Long in compliance the division will recognize those meetings.

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The Board states Dr. Long is in compliance with her Stipulation and Order.

An appointment was made for Dr. Long to meet with the Board on March 16, 2016.

1:20 P.M.

Dr. Randall Lewis, Probationary Interview

Dr. Cook conducted the interview asking how Dr. Lewis is doing.

Dr. Lewis states he attended the boundaries course and will attended a documenting course in April. Dr. Lewis states he is seeing a therapist.

Ms. Harry states the therapist report was received.

Dr. Lewis states the Arizona investigation has been completed and a recommendation will be made for a stipulation and order, if the Arizona board allows him to be licensed Dr. Lewis will move to Arizona to practice. Dr. Lewis states the Arizona board will review the recommended stipulation in April. Dr. Lewis continues his current practice is slow as he is limited on the patients he is permitted to see.

Dr. Cook asks if the proposed supervisor's CV had been sent to the board.

Dr. Lewis states as the practice plan had not been approved he did not submit the supervisors CV.

Dr. cook asks about the practice Dr. Lewis would join in Arizona.

Dr. Lewis states the practice mostly treats medicad patients.

Dr. Schaecher states the practice plan does not include a chaperone.

Dr. Lewis states he would have a chaperone in the room.

Dr. Schaecher states given the nature of the stipulation the practice plan needs to be modified

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to include a chaperone.

Mr. Marx states the supervisor's CV will be required as well. If the CV is received the board can meet with the supervisor at the next meeting.

Dr. Cook states the board would want a copy of the Arizona controlled substance report each month.

Dr. Lewis states he does not anticipate writing many prescriptions.

The Board states Dr. Lewis is in compliance with his Stipulation and Order.

An appointment was made for Dr. Lewis to meet with the Board on

1:40 P.M. Dr. Molly Mears, Probationary Interview

Dr. Klimes conducted the interview asking how Dr. Mears is doing.

Dr. Mears states there have been no changes in the practice and things are going well.

Dr. Klimes asks for a review of how the chart are selected for the supervisor review.

Dr. Mears states a list of all seen patients is sent to Dr. Bryner, he will then select and reviews a selection of charts.

Dr. Klimes asks if Dr. Bryner has made any recommended changes.

Dr. Mears states the only suggestion was that the recommendation to follow up with the primary care provider if anything unusual is noted.

Dr. Klimes asks if Dr. Mears has any question for the board.

Dr. Mears asks about changing supervisor reports from monthly submissions to quarterly.

Dr. Schaecher states that change can be discussed

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> at the March meeting as at that time a full six months of submitted reports will have been completed.

The Board states Dr. Mears is in compliance with his Stipulation and Order.

An appointment was made for Dr. Mears to meet with the Board on March 16, 2016.

2:00 P.M.

Dr. Robert Weitzel, Probationary Interview

Dr. Schaecher conducted the interview asking how Dr. Weitzel is doing.

Dr. Weitzel stated things are going well.

Dr. Schaecher states the therapist report has been received.

Dr. Weitzel asks if the board would allowed him to obtain a suboxone license with a limit of 30 patient.

Mr. Hale made a motion to allow Dr. Weitzel to prescribe suboxone to addicted patients. Dr. Klimes seconded the motion. The board vote was unanimous.

Dr. Parker made a motion to allow Dr. Weitzel attend meetings quarterly. Dr. Klimes seconded the motion. The board vote was unanimous.

The Board states Dr. Weitzel is in compliance with his Stipulation and Order.

An appointment was made for Dr. Weitzel to meet with the board on May 18, 2016.

2:20 P.M. James Ott, Sovegna Comprehensive Evaluation Program

Mr. Marx states Mr. Ott approached the division requesting Sovegna be recommended by the board as an approved evaluation provider for probationers.

Dr. Wiet gave background on Sharelle Baldwin, the neurophysiologist that will consult with Sovegna. Dr. Wiet states Dr. Walton has referred some professionals Page 14 of 17 Minutes Physicians Licensing Board January 20, 2016

to Sovegna for a comprehensive evaluations. Dr. Wiet states Sovegna uses a multi-disciplinary team for evaluations. Sovegna provides a consistent report structure for all evaluations.

Mr. Ott states Sovegna provides three assessment levels outlined in the Sovegna hand out.

Mr. Marx asks if Sovegna will evaluate all types of addictions including drug addictions and sexual addictions.

Dr. Wiet states Sovegna would be able to assist with the assessment however they are unable to complete a full psycho-sexual assessment.

Dr. Moulton asks if Dr. Wiet would be the individual evaluating and providing a fitness for duty letter for providers evaluated by Sovegna.

Dr. Wiet states as they are continuing to develop the program and it has not been determined who would provide the fitness for duty letter.

Dr. Schaecher states the fitness for duty letter is an extremely important aspect for probationers that require an evaluation.

Dr. Moulton states the board would like to see a physician that has experience with completing fitness for duty evaluations. Dr. Moulton states many of those physicians have backgrounds with impaired provider programs or time on a clinical competency board.

Dr. Wiet states a larger goal of providing bot an intensive out patient service as well as the residential treatment center. Dr. Wiet continues they would like to offer a treatment plan within the diversion program.

Dr. Moulton asked what other professional would be offered evaluations by Sovegna.

Dr. Wiet states they would provide evaluations for pilots, attorneys, nurses, and executives.

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Dr. Schaecher asks what the time line is for the intensive outpatient program.

Dr. Wiet states they are working towards having the program available this summer.

Mr. Hale asks how long they anticipate it will take to get a patient in for an evaluation.

Dr. Wiet states within two weeks the assessment would be completed.

Mr. Ott states they have completed a few evaluations already; they have been able to get the patient in within three business days and then complete the assessment within fourteen business days.

Dr. Moulton asks how long Sovegna has been up and running

Dr. Wiet states they had their first referral in December a physician referred by Dr. Walton in the diversion program.

Dr. Moulton asks if a fitness for duty letter was requested with the first referral.

Dr. Wiet states a fitness for duty letter was not requested; however Sovegna did include general recommendations.

Dr. Moulton states there is a significant risk when offering a fitness for duty letter, and it needs to be made very confidently. Dr. Moulton suggests that Sovegna have someone that is well trained in physician specific fitness for duty letters participate in the evaluations.

Mr. Ott states they had found a gap of services from being sent to an out of states

Dr. Schaecher states the board feels that Sovegna has presented a potential program that could meet the board's needs. Dr. Schaecher suggest Sovegna continue to work with division on some more details of the program.

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DISCUSSION ITEMS:

Interstate Compact

Board Training

Practice Plan Process

Probationer Appointments

Disciplinary Appointments

Dr. Schaecher states the commission held a meeting in December; the goal is for the compact to be in place is early next year. Every commissioner is on a committee to compose rules for the application process. The next compact meeting at the end of March.

Mr. Marx states Mr. Steinagel will attend the March meeting to conduct training based on the survey that was conducted.

Mr. Marx states to ensure that all practice plans are compliant to the stipulation and appropriate for practice the division will review the practice plan prior to sending it to the board for review. If a practice plan is approved through email it would be considered an electronic meeting.

Dr. Schaecher asks if the practice plan can be sent out prior to the meeting to review and make suggestions prior to the meeting.

Mr. Marx confirms the practice plans can be sent to the board prior to meetings however the board will not be able to make a motion concerning the practice plan until scheduled a meeting.

Mr. Marx states the division would like clarification of how often the board would like to see each probationer.

Dr. Schaecher states the board would like to see new probationers at every meeting for the first full year of probation. Dr. Schaecher continues after the first year if they are consistently in compliance meeting quarterly would be appropriate.

Mr. Marx states the division would like to make the agenda the most effective for the board's time.

Mr. Marx states a physician was given a reprimand in another state and Utah followed suite with a

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reprimand. Mr. Marx asks in these type of situations if the board would want to meet with the licensee.

Mr. Hale states fines and reprimands are not serious enough for the board.

Dr. Moulton states if the reprimand in another state would have been given a stipulation in Utah those would be considered a different situation.

Tele-Health

Dr. Schaecher states there are some bills filed for legislation for the upcoming session concerning tele-health. Currently Utah states to do telehealth you need a license in Utah. Dr. Schaecher states the submitted bills are to help define what can be done and what payment is permitted.

CORRESPONDENCE:

NEXT MEETING SCHEDULED FOR:

Hearing: February 17, 2016 Meeting March 16, 2016

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

Date Approved

Chairperson, Utah Physicians Licensing Board

Date Approved

Bureau Manager, Division of Occupational &

Professional Licensing