

Senior Services Advisory Board

Date: August 13, 2026

Location: 22 South State St. Clearfield, UT

Time: 9:02 am -10:36 am

Room: 3rd Floor Boardroom

Minutes Approval Date:

PENDING: [SSAB Audio Recording](#)

Board Members

Lorna Koci, Chair
Mike Allred, Vice-Chair
Lorene Kamalu, Commissioner
Kelly Van Noy
Wendy Farr (excused)

Larry Millward
Mark Perry

Davis County Health Department Staff

Rachelle Blackham, Division Director
Aimee Dussol, Administration
Austin Andrews, Administration
John Cowan, Senior Services
Shawna Mahan, Senior Services
Debbie Draper, Senior Services

Tazia Venstra, Senior Services
Eric Applegarth, Communications Team
Trevor Warner, Communications Team

Welcome/Call to Order (0:00:00)

(Lorna Koci)

The meeting of the Davis County Senior Services Advisory Board was held Thursday, August 13, 2026 at the Davis County Health Department, Board Room, 22 South State Street, Clearfield, Utah. The meeting was called to order at 9:02 a.m. by Chair Lorna Koci. A quorum was present.

The Chair announced a recent restructuring of Davis County Commission assignments, welcoming back Commissioner Lorene Kamalu, who will serve as the Commission representative sitting in with the Senior Services Advisory Board for the upcoming months.

Minutes (Action) (0:01:03)

(Lorna Koci)

The minutes from the April 09, 2026 meeting were presented to the members and reviewed.

Lorna Koci called for action on the meeting minutes. A motion was made by Larry Millward to approve the minutes as presented. The motion was seconded by Mike Allred. All were in favor. The motion passed unanimously.

Aging Initiative (Information) (0:02:28)

(Trevor Warner)

Trevor Warner presented an overview of the department's strategic Aging Initiative. Developed following the COVID-19 pandemic, the initiative aims to enhance strategic communication, rebuild public trust, and educate the community on essential public health and Senior Services through non-politicized messaging.

Trevor detailed the organizational framework spanning staff input, policy team prioritization, and execution by the 5-member full-time Communications Team. Eric Applegarth was introduced as the Communications Team liaison assigned specifically to represent Senior Services. Recent highlights

include the 'Did You Know' social media series breaking down annual reports, coverage of senior center events (such as a luau at North Davis and an art show at South Davis), and a video celebrating a client's 100th birthday that garnered over 3,000 views.

Trevor highlighted the Sleep Health Initiative, developed in collaboration with Southwest Utah Health Department, which reached over 50,000 individuals during National Sleep Awareness Month through social media, youth council engagement, and local magazine features. Plans are underway for a statewide Sleep Health Conference in St. George in March 2027. Senior Services is incorporating sleep health education into newsletters and scheduling center presentations. Trevor noted upcoming initiatives in public health awareness and oral health, with Chair Koci noting ongoing efforts to update oral health resources on Davis Links.

Metopio - Data Dashboard (Information) (0:20:15)

(Austin Andrews)

Austin Andrews presented an overview of the Community Health Assessment (CHA) and the transition to the Metopio data platform. The CHA is conducted every five years to align with FAB accreditation and state minimum performance requirements, informing both the Community Health Improvement Plan (CHIP) and the Senior Services Four-Year Plan.

To streamline the traditional 300+ page assessment—which previously required 5 years and 15–20 staff members—the department procured Metopio (\$30,000 annually under a three-year contract, total \$90,000). The platform offers public-facing interactive dashboards, automated metric tracking, and AI-assisted data analysis in a secure sandbox environment, dramatically reducing administrative overhead.

Austin provided a live demonstration showcasing custom data visualizations, mapping low food access areas across Davis County zip codes overlaid with senior resource center locations. He also demonstrated metrics for Medicare flu vaccination rates (49.0% in Davis County) and proportions of seniors living alone. Static Older Adult Profiles will be converted into dynamic, real-time reports to support grant applications and community partnerships. The Board discussed local data nuances, including zip code vs. municipality breakdowns and Hill Air Force Base considerations.

USAgging Innovation Award (Information) (0:45:00)

(Debbie Draper)

Debbie Draper presented on the Senior Farmers Market Voucher Program, which received a USAgging Innovation and Achievement Award at the national conference in San Diego in July.

Now in its third year, the program collaborates with state grants and local producer Open Child Farms (Fred) to deliver fresh produce and local honey (Desert Bees) directly to senior centers and homebound clients. Debbie reported that 54 of the 60 allocated \$50 voucher booklets have been distributed to date.

Debbie emphasized that Davis County's direct-delivery model is uniquely effective nationwide. While

other programs issue vouchers for distant farmers markets resulting in unknown redemption rates, Davis County's closed-loop system achieved redemption rates above 90% (reaching 97% in 2025), ensuring nearly all grant-funded produce reaches seniors in need while fully compensating local farmers.

Director's Report (*Information*) (0:57:10)

(**Rachelle Blackham**)

Rachelle Blackham provided division updates across several major areas:

- **UTA 5310 Funding:** The division secured \$150,000 in UTA 5310 grant funding (written by John Cowan) to support medical transportation, retroactively funding fiscal years 2025 and 2026.
- **Meals on Wheels & Online Contributions:** Received ~\$10,000 from Meals on Wheels America (via Mackenzie Scott grant distributions). To address declining check contributions (down from \$150k to \$100k annually), the division is launching an online donation portal ('Feed a Senior Today') in September during Malnutrition Awareness Month.
- **CALM Certification:** Three staff members completed Counseling on Access to Lethal Means (CALM) certification to strengthen suicide prevention efforts for older adult men.
- **Service & Personnel Trends:** Nutrition services are trending upward (+150 clients, +20,000 meals projected). Medical transportation trips decreased following a structural transition to part-time drivers only, saving ~\$238,000 annually in personnel costs. Caregiver programs maintain strong engagement.
- **Legislative Requests:** State requests submitted by Aging Director Nels Holmgren include \$4.2 million ongoing for senior nutrition, \$1.2 million for the Alternatives Program (TAP, which yields \$1.5M in savings per \$100k invested), and \$800,000 for the Long-Term Care Ombudsman program.
- **Home Delivered Meals (HDM) Boundary Realignment:** Route boundaries between North, Central, and South Davis centers were realigned to cap volunteer delivery routes at ~2 hours, resolving previous 3-hour routes in North Davis.

RSVP Report (*Information*) (1:07:15)

(**Tazia Venstra**)

Tazia Venstra presented updates on the Retired and Senior Volunteer Program (RSVP), reporting 272 unduplicated volunteers active since April 1, 2026. RSVP is partnering with Davis County Community & Economic Development to support the upcoming Volunteer Recognition Event, scheduled for October 20 or October 27, 2026. For the 9/11 Day of Service (25th anniversary), RSVP is exploring a meal-packing initiative with 911day.org.

Tazia highlighted two newly onboarded volunteer stations: The Nature Conservancy Utah (Wings and Water Wetlands Education Program at USU Botanical Center) and Common Spirit Holy Cross Hospital (formerly Davis Hospital). Dashboard performance targets were met or exceeded across all key categories, including nutrition support, companionship, food pantry, ombudsman, and schools. RSVP is preparing for upcoming AmeriCorps grant guidelines that emphasize performance-based outcome measures.

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Chair's Report (*Information*) (1:16:10)

(Lorna Koci)

The Chair challenged Board members to complete quarterly site visits to senior activity centers or programs, noting that staff (Aimee Dussol and Austin Andrews) are preparing a reference list of suggested Activities.

The Chair reported on the establishment of the Utah Oral Health Alliance, where two advisory board slots have been secured for senior advocates representing rural and Wasatch Front regions. She highlighted a recent Deseret News article on estate planning and Alzheimer's disease by Maureen Henry and commended Marie Jorgensen for organizing home dental care assistance for a client in need.

Commissioner's Report (*Information*) (1:18:20)

(Lorene Kamalu)

Commissioner Kamalu expressed pleasure in returning to serve as the Commission liaison to the Senior Services Advisory Board. She presented America 250 Challenge Coins—produced by the Davis County Tourism Department—to Board members in recognition of their dedication and public service.

Meeting Adjourned (1:21:00)

A motion was made by Larry Millward to adjourn the meeting. The motion was seconded by Mike Allred. All were in favor. The meeting adjourned at 10:36 a.m.