

Health and Sex Education Curriculum Review Committee

Sept 2, 2026, in CTE Classroom #2

Chair: Jessica Mohler

Attending: Andre Dilworth, Emily Giles, Suzanne Kimball, Wendy Lefevre, Jessica Mohler, McKenzie Stowell, Lisa Pruitt, Jason Beardall, Jen Nash, Abbey Marshall, Jon Taylor

Guest Attendees:

Opening Statement:

We will now begin our Health and Sex Education Curriculum Review Committee meeting. This meeting is being recorded. Today is Sept 2, 2026. Committee members in attendance today are [names]. We will now begin the discussion of our agenda items.

Agenda:

A. Welcome! Thank you for being here!

Andre Dilworth	Parent/Salem	andredilworth2011@gmail.com
Abbey Marshall	Parent/Spanish Fork	absmarshall2@gmail.com
Jared Parmenter	Parent/Springville	parmenterjared@gmail.com
Jason Slack	Parent / Payson	jason.slack@uvu.edu
Emily Giles	Parent/Santaquin	Giles.em@gmail.com
Jen Nash	Parent/Mapleton	jenalyn.nash@gmail.com
John Taylor	Health Professional	j.taylor@nebo.edu
Tylene Shelley	School Nurse	tylene.shelley@nebo.edu
Jason Beardall	Administrator at Landmark	jason.beardall@nebo.edu
McKenzie Stowell	Health Teacher at MMHS/District Health Specialist	mckenzie.stowell@nebo.edu
Jessica Mohler	Health I Teacher	jessica.mohler@nebo.edu
Suzanne Kimball	Associate Superintendent	suzanne.kimball@nebo.edu
Lisa Pruitt	Secretary-minutes	lisa.pruitt@nebo.edu
Wendy LeFevre	Secondary Curriculum Coordinator	wendy.lefevre@nebo.edu

B. Review Norms

- This is a recommendation committee.
- This is a safe place for discussion.
- All recommendations will be made through a simple majority vote.
- All recommendations will be supported by the majority.
- The public may address the committee, following the same procedures used in Nebo School District Meetings.
 - All meetings will be posted and the public may contact the chair if they want to make a statement.
 - A time limit of 3 minutes per person will be adhered to.
 - The committee will take the public comments under advisement as it considers recommendations.

C. Review Opt-in Topics. Please note that we sometimes review sensitive materials that are not on this list.

- a. Adoption, in accordance with 53G-10-404
- b. Chronic, infectious, and acute diseases and conditions of the reproductive system, including sexually transmitted infections and diseases (STI/STD)
- c. Information about contraceptive methods or devices
- d. Healthy dating practices, marriage, and parenthood, aligned with the Success Sequence as defined in 53G-10-402
- e. Human development, including puberty and maturation
- f. Human reproductive anatomy and physiology
- g. Human reproductive processes, including conception, fetal development, pregnancy, and birth
- h. Refusal skills, as defined in 53G-10-402
- i. Sexual abstinence

D. Review and approve the minutes from March 4, 2026. [Notes here](#)

Motion to approve notes: Jen Nash, Second, Emily Giles

E. Review of materials continues—please keep in mind the varying ages of students when determining which instructional materials are appropriate for each group.

- a. Success Sequence- New topic on the consent form and required to teach in Health I, Health II, and Financial Literacy.
 - i. [Institute of Family Studies](#)
 - Do we worry about students who may already be single parents, or in single parent families?
 - Jason Beardall talks about being mindful of these subjects. We can't avoid the topics.
 - Jessica feels it is ok.
 - Andre feels like the beginning is more facts but the end is much more kind.
 - Health teachers are very aware and good at making it a safe space for the students.

Motion to approve videos or website, Abbey Marshall, Second the motion, Jason Beardall

- ii. Utah Marriage Commission- [USU Lessons](#)
Motion to approve these lessons: Emily Giles , second Jen Nash
- b.  7 Symptoms Every Pregnant Woman Should Know
- c.  Gestational Diabetes, Animation
- d. [The difference between healthy and unhealthy relationships](#) (TED Talk)

F. The next meeting will be on October 7, 2026

Motion to end meeting: Jason Beardall, Second Jen Nash

Resources:

- [Vetted Materials Document](#)
- [Courses under law and policy requirements](#)