

**MINUTES
UTAH PHYSICAL THERAPIES
BOARD MEETING**

March 10, 2026 9:00 A.M.

CONVENED: 9:08 A.M.

ADJOURNED: 9:50 A.M.

DOPL STAFF PRESENT:

Bureau Manager: Lisa Martin
Board Secretary: Brylee Vanderwarf

DOPL: Maryann Penman
Legal Analyst: Lauren Harvey

BOARD MEMBERS PRESENT:

Jeffery Lau
Linda Scholl
Cortney Heiner

Lyndsay Fait
Jacqueline Waring
Elizabeth Cardell

BOARD MEMBERS NOT PRESENT:

Shannon Gudowicz

GUESTS:

Kristen Neville, AOTA

Note: Other guests may have been in attendance electronically but were not identified.

ADMINISTRATIVE BUSINESS:

Call Meeting to Order

Mr. Lau called the meeting to order at 9:08 a.m.

Read and Approve September 09, 2025 Minutes (00:05:35)

Ms. Fait made a motion to approve the September 09, 2025 minutes.

Ms. Heiner seconded the motion.

The Board motion passed unanimously.

Investigations Update (00:07:02)

Ms. Martin stated there are no current probationers for either profession.

DISCUSSION:

Legislative Update (00:07:45)

Ms. Martin stated Sb 117 changed the Board name to Physical and Occupational Therapy Licensing Board. Ms. Martin stated SB 31 took the word trigger point out of Dry Needling. Ms.

Martin state SB 31 will be defining joint mobilization. Ms. Martin stated SB 42a changes the supervision ratio to be defined by rule.

NEXT SCHEDULED MEETING:

JUNE 09, 2026 – SEPTEMBER 08, 2026 – DECEMBER 08, 2026

ADJOURN:

Meeting adjourned at 9:50 A.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

Privacy Notice:

This meeting may be recorded. If you attend, join or participate in this meeting, the personal data that you provide, or that is collected from you, is generally classified as a public record pursuant to Utah Code 63G-2-301 of the Government Records Access and Management Act (GRAMA), and may be made available to the public as provided by Utah Code 63G-2-201, except where the meeting is closed under Utah Code 52-4-205.

August 22, 2026

_____ (ss) *Lyndsay Fait*

Date Approved

Chairperson, Utah Physical Therapies Board

8-24-2026

_____ (ss) *Lisa Martin*

Date Approved

Bureau Manager, DOPL