

MINUTES
UTAH MASSAGE THERAPY AND ACUPUNCTURE
BOARD MEETING
May 12, 2026 9:00 A.M.

CONVENED: 9:07 A.M. ADJOURNED: 12:01 P.M.

DOPL STAFF PRESENT:

Bureau Manager: Lisa Martin
Board Secretary: Brylee Miller
DOPL: Rosaura Rojas
DOPL: Lindsay Aagaard
Legal Analyst: Lauren Harvey
DOPL: Maryann Penman

BOARD MEMBERS PRESENT:

Maile Tau'A-Roberts, LMT
Anita Egbert, LMT
Miriam Flower, LMT
Katherine Bell, LMT

BOARD MEMBERS NOT PRESENT:

Autumn Bear, ACU

GUESTS:

Randall Nikola, MEPR Committee
Roger Olbrot, MEPR Committee
Kevin Douglas
Seth Dinkel
Rocio Valles
Sharon Lockhart

Note: Other guests may have been in attendance electronically but were not identified.

ADMINISTRATIVE BUSINESS:

Call Meeting to Order

Ms. Roberts called the meeting to order at 9:07 a.m.

Read and Approve November 04, 2025 Minutes (Audio 1 – (00:02:53))

Ms. Roberts made a motion to approve the minutes.

Ms. Flower seconded the motion.

The Board motion passed unanimously.

Read and Approve December 16, 2025 Minutes (Audio 1 – (00:03:24))

Ms. Flower made a motion to approve the minutes.

Ms. Bell seconded the motion.

The Board motion passed unanimously.

Read and Approve February 10, 2026 Minutes (Audio 1 – (00:03:51))

Ms. Flower made a motion to approve the minutes.

Ms. Bell seconded the motion.

The Board motion passed unanimously.

Investigations Report (Audio 1 – (00:04:13))

Ms. Martin stated there will be no investigations report at this time.

APPOINTMENTS

Nancy Carter, Curriculum Review (Audio 1 – (00:04:36))

Ms. Bell made a motion to approve Ms. Carters curriculum.

Ms. Flower seconded the motion.

The Board motion passed unanimously.

Liliana Zerpa Cadena, (Audio 1 – (00:06:01))

Ms. Egbert asked a list of interview questions for Ms. Cadena, including what resources she used to study for the exam.

Ms. Cadena stated she has used and paid for multiple online sources, books, and has taken many notes to study for the exam.

Ms. Roberts asked Ms. Cadena if she completed an apprenticeship or a school.

Ms. Cadena stated she completed an apprenticeship.

Ms. Bell asked Ms. Cadena what her next steps are to prepare for the exam and if her and her supervisor have come up with a plan.

Ms. Cadena stated she has come up with her own plan to continue studying at home for about 2-3 hours a day.

Ms. Roberts made a motion to close the meeting.

Ms. Flower seconded the motion.

The Board motion passed unanimously.

Ms. Roberts made a motion to approve two exam attempts and if she does not pass, she will need to meet with the Board again.

Ms. Bell seconded the motion.

The Board motion passed unanimously.

Ms. Martin stated DOPL will look into regulations and either get Ms. Cadena her apprentice license back to an active status or issue a Massage Assistant License.

Yurley Becerra, Supervisor Education Review (Audio 2 – (00:02:20))

Ms. Roberts asked Ms. Becerra a list of interview questions, including when Ms. Becerra has graduated school.

Ms. Becerra stated she graduated in 2018 at Cortiva.

Ms. Roberts stated Ms. Becerra has had 5 apprentices since 2023 and none of them have passed the exam.
Ms. Cadena stated one has passed the exam, one is leaving the program and three have attempted the exam once.

Ms. Roberts stated she wanted to see the apprentice logs for the individual who has not attempted the exam yet.

Ms. Becerra stated she does not have the logs at the moment.

Ms. Roberts made a motion to ban Ms. Becerra from receiving any further apprentices.
Ms. Flower seconded the motion.
The Board motion passed unanimously.

Ms. Martin stated if Ms. Becerra can retrieve her logs for the apprentice that has not attempted the exam, she can send it to the Division and may request to meet with the Board again.

Heather Magnuson, Supervisor Education Review (Audio 3 – (00:00:18))

Heather stated she has 2 apprentices from 2022 who completed the program but is not sure if they completed the MBLEx exam.

Ms. Magnuson stated she is no longer wanting to be a supervisor.

Ms. Martin stated Ms. Magnuson will need to submit disassociation forms and a written statement that she would no longer like to supervise the current apprentices on her license. Ms. Martin stated once those are received, the individuals on Ms. Magnusons license will be removed and Ms. Magnuson will no longer be able to supervise in the future.

Jennifer Lacanienta, Application Review (Audio 3 – (00:12:39))

Ms. Martin stated Ms. Lacanienta has completed hours without holding an apprentice license. Ms. Martin stated Ms. Lacanienta has since received the apprentice license and has completed some hours while holding an active license.

Ms. Lacanienta stated she was not aware she did not have the apprentice license and realized once she applied for the Massage Therapy license.

The Board reviewed Ms. Lacanientas' logs.

Ms. Roberts made a motion to accept Ms. Lacanientas' hours.
Ms. Flower seconded the motion.

The Board motion passed unanimously.

Sharla Hopkins, Curriculum Review (Audio 3 – (00:23:23))

Mr. Olbrot stated the Committee has approved Ms. Hopkins curriculum.

Ms. Bell made a motion to approve Ms. Hopkins curriculum.

Ms. Egbert seconded the motion.

The Board motion passed unanimously.

Bridgerland Technical College, Curriculum Review (Audio 3 – (00:25:01))

Mr. Olbrot stated the Committee has approved Ms. Hopkins curriculum.

Ms. Bell made a motion to approve Bridgerland Technical Colleges' curriculum.

Ms. Flower seconded the motion.

The Board motion passed unanimously.

DISCUSSION ITEMS:

Committee Update (Audio 3 – (00:25:36))

Mr. Olbrot stated there are 3 positions open on the Committee.

Ms. Martin stated there is 1 individual that is interested in joining the Committee.

Ms. Martin stated the Committee is still completing curriculum reviews and hope to be completed with them by the end of the year.

Establishment Update (Audio 3 – (00:28:45))

Ms. Martin stated the Establishment registration is live, and the Division has received 4 applications so far. Ms. Martin stated the Division is not currently taking disciplinary action for unregistered establishments.

R156-72 Rule Update (Audio 3 – (00:34:54))

Ms. Martin shared the R156-72 rule update draft.

Ms. Harvey stated OPLR has passed additional requirements and changes to the scope for licensure as an Acupuncturists. Ms. Harvey stated the new Rule includes Acupuncture Aids and their scopes. Ms. Harvey stated the Rule now includes Injection Therapy and the training required.

Ms. Roberts made a motion to approve the R156-72 drafted rule.
Ms. Flower seconded the motion.

The Board motion passed unanimously.

Continuing Education (Audio 3 – (00:38:51))

Ms. Roberts stated she would like to have the Board consider adding Continuing Education for Massage Therapy renewals.

Ms. Harvey stated the Divisions global statute 58-1 allows the Board to do continuing education by rule.

Ms. Roberts recommended to require 24 hours of continuing education each renewal cycle. Ms. Roberts recommended including laws and ethics in the hours.

Mr. Olbrot stated the Board will need to specify the number of hours for laws and ethics as well as specifying who can provide these continuing education hours. Mr. Olbrot recommended including Pathology hours.

Board Member Training (Audio 3 – (00:59:16)

Ms. Martin stated being apart of the Board requires attending the Board meetings and sharing voices and input to DOP.

NEXT SCHEDULED MEETING:

AUGUST 11, 2026 NOVEMBER 10, 2026

Meeting adjourned at 12:01 P.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

Privacy Notice:

This meeting may be recorded. If you attend, join or participate in this meeting, the personal data that you provide, or that is collected from you, is generally classified as a public record pursuant to Utah Code 63G-2-301 of the Government Records Access and Management Act (GRAMA), and may be made available to the public as provided by Utah Code 63G-2-201, except where the meeting is closed under Utah Code 52-4-205.

Date Approved

8-11-2026

Chairperson, Utah Massage Therapy and
Acupuncture Board

(ss)

Michelle Davis-Roberts

Date Approved

8-11-26

Bureau Manager, DOP

(ss)

John Martin