

MINUTES
CONTROLLED SUBSTANCES ADVISORY COMMITTEE MEETING
April 14, 2026 | 1 P.M.
Room 474, 4th Floor
160 E 300 S Salt Lake City UT

CONVENED: 1:08 P.M.

ADJOURNED: 1:53 P.M.

DOPL STAFF PRESENT:

Bureau Manager: Jim Garfield
Board Secretary: Tina Marshall

CSD Administrator: Jeff Henrie
Pharmacy Program Specialist: Maddy Holt

COMMITTEE MEMBERS PRESENT:

Chair: Stacey Bank, MD
Christopher Sheard, Pharm D
Jennifer McNair, BS
Craig William Davis, MD
Kate Miyagi, ND
Katherine Carlson, MD

Megan Martin, Substance Abuse Addiction
Expert
Benjamin Murie, MD
Steven Arnold, DMD
Amberly Johnson, Pharm D

COMMITTEE MEMBERS NOT PRESENT:

Julie P. Balk, DNP, APRN
Erica Baiden, MD
Jimmy Higgs

Maury Giles, Public Member
Marc Mathis, JD

DOPL STAFF NOT PRESENT:

GUESTS ATTENDED ELECTRONICALLY:

Kelly Whittle-Utah Department of Public
Safety Crime Lab

Samuel Forbyn – DOPL
Lauren Harvey – Legal Analyst

Note: Others may have attended, but were not identified.

ADMINISTRATIVE BUSINESS:

CALL MEETING TO ORDER

Dr. Bank called the meeting to order at 1:08 P.M.

OATH OF OFFICE – STEVEN ARNOLD *(Audio 00:04:40)*

Steven Arnold was sworn in as a member of the Committee.

APPROVE August 19, 2025, MEETING MINUTES *(Audio 00:06:00)*

Dr. Bank made a motion to approve the minutes.

Dr. Davis seconded the motion.

The Committee motion passed unanimously.

DISCUSSION ITEMS:

Legislative Update (*Audio 00:07:22*)

Mr. Garfield provided a Legislative update on bills passed during the 2026 Legislative session.

Mr. Garfield explained that HB 389 relocated medical cannabis to the Department of Agriculture and made changes to allowable dosages.

Mr. Garfield explained that HB 102 established a controlled substance license for EMS agencies and the license is housed within DOPL.

Mr. Garfield explained that HB 301 is a drug recodification bill and allows DOPL to define what an emergency situation is and what qualifies for an exception.

Mr. Garfield explained that HB 83 is the controlled substance schedule amendment. This allows for automatic rescheduling of pharmaceutical composition of a schedule I substance if it is rescheduled on the federal law.

Mr. Garfield explained that SB 45 restricts who can manufacture and sell Kratom. This permits possession, manufacturing and/or distribution of pure leaf Kratom only. The purchase age was raised from 18 to 21.

Rural Health Transformation Plan Update (*Audio 00:12:03*)

Dr. Bank explained the Rural Health Transformation Plan update will be provided in the Health Department & Hospitals update.

REPORTS:

Law Enforcement – Jimmy Higgs (*Audio 00:12:17*)

Mr. Higgs was unable to attend the meeting.

State Crime Lab – Jennifer McNair (*Audio 00:12:29*)

Ms. McNair explained the top 10 most frequently submitted substances in 2025. The list represents approximately 6,000 samples.

Utah Poison Control – Amberly Johnson (*Audio 00:14:36*)

Dr. Johnson explained that Utah Poison Control was asked to put together information regarding reported Ketamine exposures from 2021 to 2025. It was found that reports to Poison Control are increasing from less than 10 in 2021 to 21 in 2025, with a total of 87 reported in this timeframe.

Medical Examiner – Benjamin Murie (*Audio 00:17:10*)

Dr. Murie explained that the Medical Examiner's office is expanding the opioid and overdose review committees.

Health Department & Hospitals – Stacey Bank (*Audio 00:17:52*)

Dr. Bank explained that the Rural Health Transformation Program is aimed at strengthening rural healthcare in the State. Utah was awarded just under \$196 million dollars to support the program. In Utah 25 of its 29 counties are considered rural. Utah, Salt Lake, Davis and Weber counties are

not considered rural. Funds can be applied for and re-awarded over the next 5 years.

Dr. Bank and the Committee discussed groups that could apply for funds and where the information is found on the RHTP website for Utah.

CSD – Jeff Henrie (*Audio 00:25:53*)

Mr. Henrie explained that there were two additional laws that affected the CSD in the Legislative session. They are SB117 and SB 87. Mr. Henrie also explained that the CSD has moved from RxGov to their own in-house submitted system called UPUP. The CSD will be moving from ASAP 4.2 to 5.0 this summer.

Mr. Forbyn provided trends from 2024 to 2025 for the following drugs: Butalbital, Gabapentin and Ketamine. Trends discussed were types of prescriptions, age frequency, and payment types.

Mr. Henrie explained that they had released some numbers to the drug traffic analysis group for 2022 through 2025. The numbers released were for total number of prescriptions in the following categories: stimulants, opioids excluding buprenorphine and fentanyl, buprenorphine, fentanyl, benzodiazepine, ketamine and other.

NEXT SCHEDULED MEETING: August 11, 2026

ADJOURNED: Meeting adjourned at 1:53 P.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

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(ss) 
Chairperson
Controlled Substances Advisory Committee

08/11/2026

Date

(ss) 
Bureau Manager

08/11/2026

Date