



**CITY OF NORTH SALT LAKE
HEALTH AND WELLNESS COMMITTEE
MEETING NOTICE & AGENDA
AUGUST 10, 2026
6:30 P.M.**

Notice is given that the Health and Wellness Committee of the City of North Salt Lake will hold a meeting on the above noted date and time in the Council Conference Room on the 2nd Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically. The following items of business will be discussed; the order of business may be changed as time permits.

AGENDA ITEMS

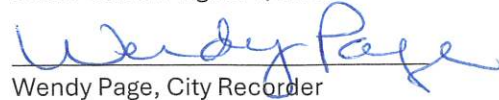
1. Welcome and Introduction
2. Citizen Comment
3. Approval of Minutes from July 13, 2026
4. Recap of the Health and Wellness Fair Event
5. Discussion on Neighborhood Block Parties
6. Discussion on the Trails and Events Sticker Series
7. Update on Get Healthy Utah Grant
8. Discussion on Methods for Intergenerational Connection in the City
9. Discussion on Feedback from Other Committees
10. City Council Updates
11. Committee Member Business
12. Schedule Date for Next Meeting and Discussion Topics for the Agenda
13. Adjourn

Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.

Notice of Posting:

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the foregoing agenda were posted on the Utah Public Notice Website: <https://www.utah.gov/pmnl/>, City's Website: <https://nslcity.gov/>, and at City Hall: 10 East Center Street, North Salt Lake.

Date Posted: August 4, 2026


Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE
2 HEALTH AND WELLNESS COMMITTEE
3 CITY HALL-10 EAST CENTER STREET, NORTH SALT LAKE
4 JULY 13, 2026
5

6 **DRAFT**
7

8 PRESENT: Jeff Scroger, Chair
9 Mason Bennett
10 Christine Seamons
11 Alisa Van Langeveld, City Council
12 Nicole Whetstone, Vice Chair
13

14 EXCUSED: Sam Ball
15

16 STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief.
17

18 1. WELCOME AND INTRODUCTION
19

20 Jeff Scroger, Chair, called the meeting to order at 6:00 p.m. and welcomed those present.
21

22 2. CITIZEN COMMENT
23

24 There were no citizen comments.
25

26 3. APPROVAL OF MINUTES
27

28 The Health and Wellness Committee minutes of June 22, 2026 were reviewed and approved.
29

30 **Committee Member Scroger moved to approve the minutes of June 22, 2026 as written.**

31 **Committee Member Bennett seconded the motion. The motion was approved by Committee**

32 **Members Bennett, Scroger, Seamons, and Whetstone.** Committee Member Ball was excused.
33

34 4. DISCUSSION ON HEALTH AND WELLNESS FAIR
35

36 Jeff Scroger reported that he shared the Excel spreadsheet with the Committee and had
37 assigned three vendors to each member. He reached out to his three vendors and received one
38 positive reaction. He spoke on the email templates including the general email template for
39 vendors.
40

41 Councilmember Van Langeveld requested that staff include the links for the shared access drive
42 in the monthly agenda email.

43
44 Nicole Whetstone commented that she and Mason Bennett had already contacted their vendors as
45 well.

46
47 Jeff Scroger noted that Committee members could invite additional vendors to attend as well.

48
49 Ken Leetham said any vendors needed to fill out the vendor application found on the City's
50 website. Councilmember Van Langeveld clarified that if a vendor was selling items, they would
51 need to pay a \$35 fee as well.

52
53 Chief Black mentioned Davis County Health Department included Davis Behavioral Health and
54 the Davis County Receiving Center. He suggested inviting each of these entities as they offered
55 different services.

56
57 Christine Seamons suggested a Health and Wellness booth offering fruit, information, and
58 potentially a survey. She said her neighbor, who owned a produce company, would donate some
59 fruit. Ken Leetham replied that there would be a City booth with staff and a Youth City Council
60 representative. He invited the Health and Wellness Committee to utilize the booth as well.

61
62 Ken Leetham said that food vendors would not be allowed as the Police Department was offering
63 hot dogs, chips, and drinks. He noted this included food trucks.

64
65 Councilmember Van Langeveld was in favor of a member of the Health and Wellness Committee
66 at the City booth with signage. She also suggested inviting representatives from the Bountiful
67 Senior Center, the Bountiful Food Pantry, Center for Hope, Safe Harbor, Spectrum Academy, and
68 Davis County senior services. She spoke on connecting individuals with available resources and
69 being prepared to share these resources at the Health and Wellness Fair.

70
71 Councilmember Van Langeveld mentioned that Gentry Holbrook, who was the chair of the Back
72 to School Night, had invited Davis County Library, the Davis County Health Department,
73 Prevent Child Abuse Utah, Live on Utah, and Davis County Education. She reached out to the
74 schools and heard back from South Davis who would like a booth.

75
76 Ken Leetham spoke on the layout for the event including the location for the Police Department
77 and vendors.

Chief Black mentioned other attendees including a K-9 demonstration, potentially the Life Flight helicopter, Utah Division of Wildlife Resources (DWR), Fire Department, Davis County SWAT, and Highway Safety. He said the Police Department would also be hosting a bike rodeo and would give away bike helmets through a grant from the State. Jeff Scroger suggested including information on the invitations that participants needed to bring their own bikes for the rodeo.

Ken Leetham invited any Committee Members who were attending to arrive at 5 p.m.

Jeff Scroger mentioned Davis County Health Department and their mobile clinic. He noted finding an appropriate place for them to park.

Ken Leetham noted that Gentry Holbrook would be handing out a pack of back to school supplies for kids.

5. DISCUSSION ON NEIGHBORHOOD BLOCK PARTIES

Chief Black asked if there would be any street closures related to the Neighborhood Block Parties. Nicole Whetstone commented that applications had not yet opened but the plan was to not allow street closures.

Chief Black said if there was a large enough party that may require a street closure that an officer could stop by and introduce themselves. Nicole Whetstone said the application could include a request for a police officer or City official to attend.

Christine Seamons asked about the firework show. Chief Black replied that there were only three arrests. He noted that this year's show ran much smoother than last year with better resources including assistance from Farmington PD, a surveillance trailer, a drone, and lighting.

Chief Black asked who would be in charge of the Neighborhood Block Parties. Ken Leetham said City staff would handle the applications after the Committee established the program.

Nicole Whetstone asked for dates related to the Circle of Security classes through Davis Behavioral Health. She spoke on having three rooms to host simultaneous classes in English and Spanish as well as childcare. Ken Leetham suggested Wednesday or Thursday nights starting in September or November.

Councilmember Van Langeveld suggested offering this class to individuals through the victim's advocate with the Police Department.

Councilmember Van Langeveld then asked about the assignments related to the neighborhood block parties. Ken Leetham said he was currently at the stage of putting together materials. He shared examples based on information from the Tooele City program. He said staff would then prepare social media information for the program.

The Committee reviewed the details to be part of the website application form. Ken Leetham shared the following information that would be included on the application:

- Explanation of the program (connection with neighbors, safety, thriving neighborhoods)
- The role of the City
- Encouragement to send out a certain number of invitations
- Role of the host
- Request for City staff or elected official to attend
- Choosing a location (City park pavilion reservations)
- Encourage neighbors to bring items (food, games, etc.)
- Consideration for drinks, plates, utensils, tables/chairs
- Post photos on social media and tag the City/hashtag (obtain permission for the City to reshare)
- Additional information (street closure)
- Dates (May through November)
- Registration two weeks in advance

He also reviewed what residents would receive once approved:

- \$100 Lee's Market gift card
- Informational packet (Just Serve and One Kind Act information, City event calendar, volunteers for City events, Citizen Academy/City information, etc.)

Christine Seamons reported on a neighborhood America 250 potluck. Councilmember Van Langeveld reported on the America 250 potluck sponsored by the Civic Events Committee on July 5th at the park. She said the event felt nostalgic and charming with approximately 60 people in attendance. She suggested the Events Committee continue this tradition yearly and suggested hosting several at different parks.

Nicole Whetstone commented that the neighborhood block party program would launch around July 24th and run through November 30th.

Councilmember Van Langeveld mentioned the fitness class for adults through the City's Recreation Program and advertising for this next year. She then spoke on the Trails Series stickers and working with the artist to have a mascot and be more whimsical.

Ken Leetham asked if water bottles needed to be ordered soon. Councilmember Van Langeveld said there was no rush to order the bottles as the stickers could be earned at four trail events and four City events with the final City event occurring in December (Winter Fest).

Mason Bennett noted several residents had asked about the stickers. Ken Leetham noted that residents could pick up the sticker at City Hall after they attended the event.

Councilmember Van Langeveld spoke on sharing direction for the stickers. Jeff Scroger suggested sharing photos of the parks/trails or events to help inspire the design.

Mason Bennett provided feedback on the sticker and suggested a variety of shapes.

Councilmember Van Langeveld offered to follow-up with individuals who requested stickers to inform them when the stickers were ready.

Mason Bennett suggested sharing the sticker design and promoting the Strava app on social media to create enthusiasm for the program. Ken Leetham would follow up with the City's communication coordinator on what would be shared on social media.

Councilmember Van Langeveld shared that the Get Healthy Utah annual conference would be held on September 16th from 8 a.m. to 4 p.m. at Millcreek Commons. She noted that the City would pay for the registration. She also mentioned \$2,500 grants available through Get Healthy Utah for Health and Wellness type committees. She introduced the idea of community councils in different areas of the City and using the grant money to establish these.

Christine Seamons provided an update on the Senior Lunch Bunch talent show. She offered to send videos from the event to the Committee.

Ken Leetham shared that the Channel 13 morning show would be at City Hall on July 14th to do live interviews on tips for dealing with high heat as well as highlighting the City recreation program. He invited a member of the Health and Wellness Committee to attend.

6. SCHEDULE DATE FOR NEXT MEETING AND DISCUSSION TOPICS FOR THE
AGENDA

The Committee determined the following items would be discussed at the next Health and Wellness meeting on August 10th at 6:30 p.m.:

- Discussion on Neighborhood Block Parties
- Discuss Wellness Fair/Night Out Against Crime/Back to School Night (review)
- Update on Get Healthy Utah grant
- Trail and Event sticker series

They also noted future agenda items:

- Point in time count/Code Blue report
- Advising on housing policy (Ken to report after 2026 Legislative session)
- Advising on transportation policy
- Advising on air quality
- Review of City's Wellness Survey results (June/July)
- Review draft policy and criteria involvement with non-city organizations (Ken)
- Discuss SHARP survey/action plan results
- Intergenerational Connection in the City (August)

7. ADJOURN

The meeting was adjourned at 7:58 p.m.

The foregoing was approved by the Health and Wellness Committee of the City of North Salt Lake on August 10, 2026 by unanimous vote of all members present.

Jeff Scroger, Chair

Wendy Page, City Recorder