



▶ **TAYLORSVILLE SENIOR CENTER**

Presented by:
Allison Lorang

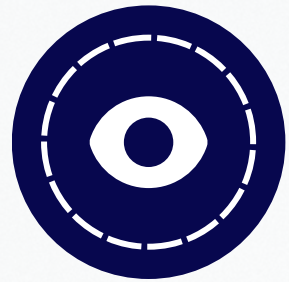
Created By:
Ethan Sellers



Attendance

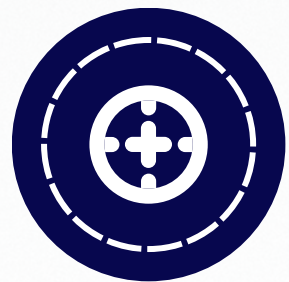
Meals

Under the Older Americans Act, Senior Center meals are served in group settings to help keep older adults healthy and living independently. Some of the benefits include:



- Opportunities to make friends and stay connected.
- Access to health education and wellness activities.
- Nutritious meals that are in a welcoming social setting have proven to reduce senior isolation.
- A gateway to other community services and volunteer roles

Recreation



Senior Centers offer free exercise, recreational, and educational classes for individuals aged 60 and above. These classes can include a diverse range of activities, such as yoga, tai chi, art projects, and evidence-based exercise programs, among many others.



Taylorsville-July 2025 to June 2026



Unique Individual Clients Served

777



Average Daily # of Client Attendance

99



Average Daily Lunch Meals Served

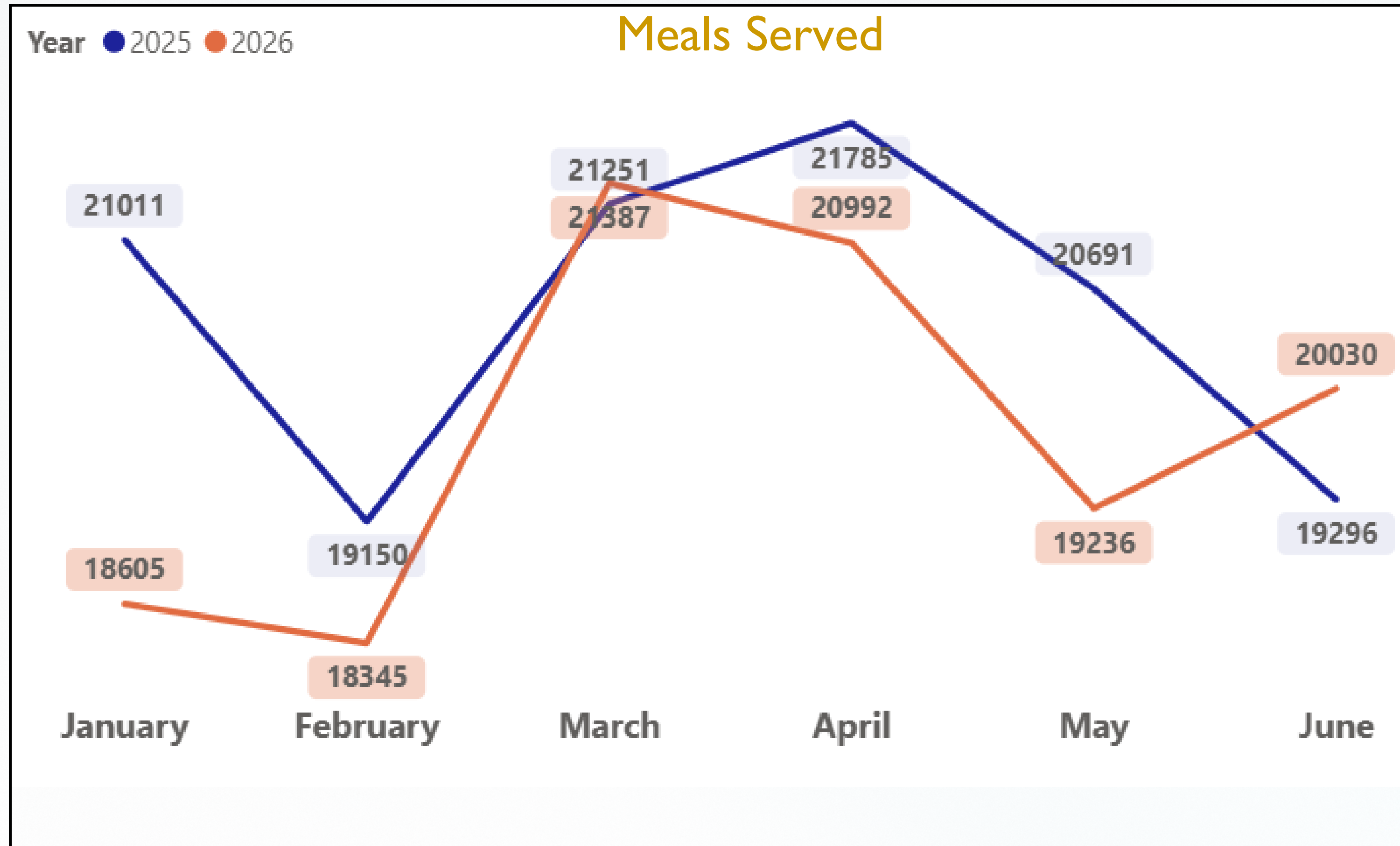
50



Average Daily Exercise & Entertainment Hours

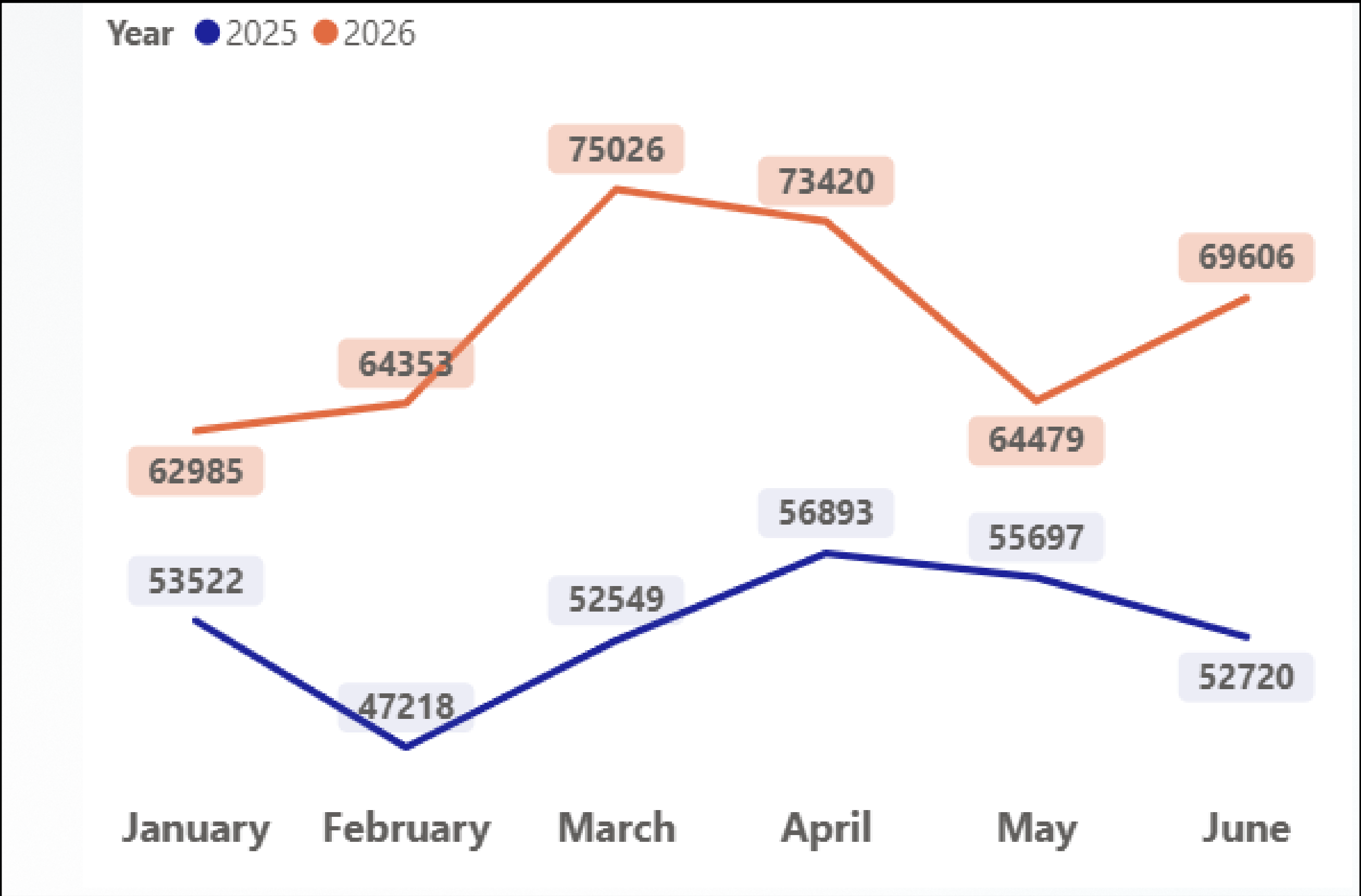
230

Meal Overview

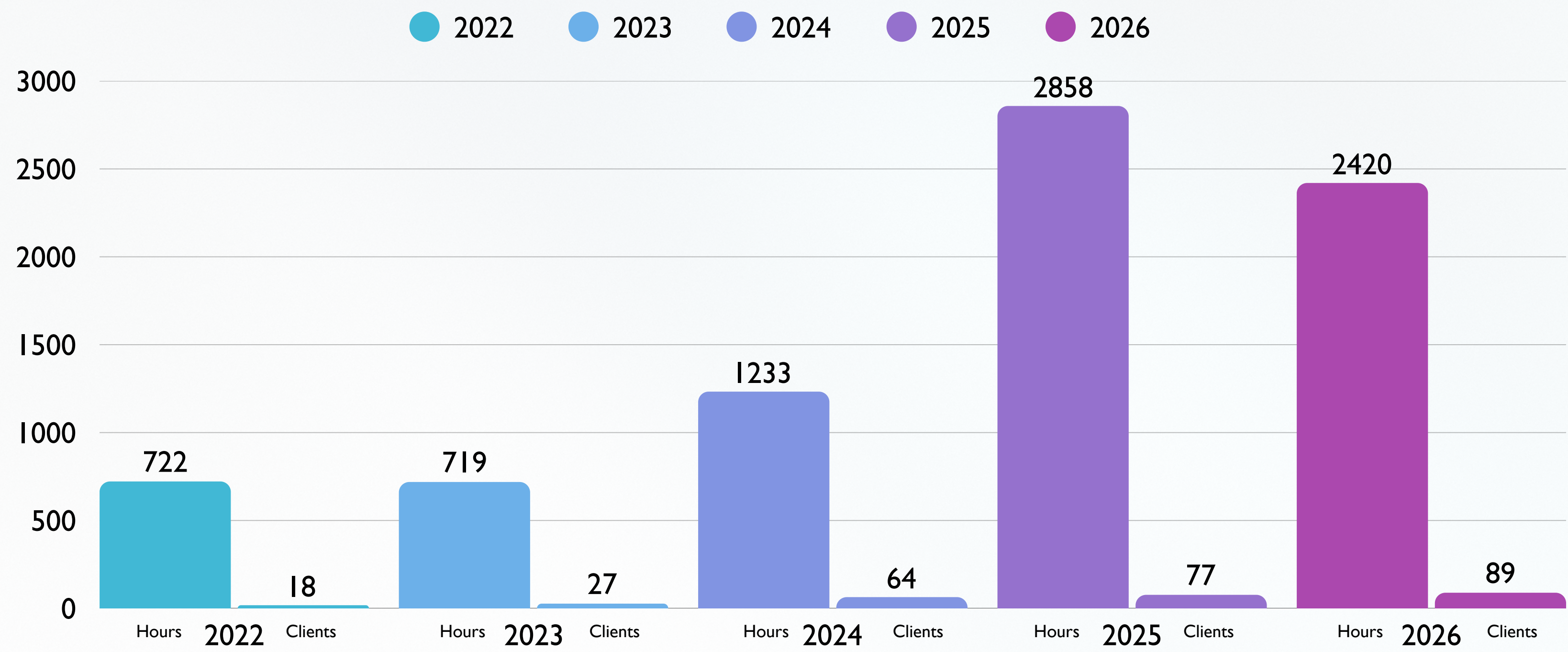


Recreation & Exercise Hours Overview

Recreation & Exercise Hours



Health Promotion



Senior Center Transportation

