



**CITY OF NORTH SALT LAKE
HEALTH AND WELLNESS COMMITTEE
MEETING NOTICE & AGENDA
JULY 13, 2026
6:30 P.M.**

Notice is given that the Health and Wellness Committee of the City of North Salt Lake will hold a meeting on the above noted date and time in the Council Conference Room on the 2nd Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically. The following items of business will be discussed; the order of business may be changed as time permits.

AGENDA ITEMS

1. Welcome and Introduction
2. Citizen Comment
3. Approval of Minutes from June 22, 2026
4. Discussion on Neighborhood Block Parties
5. Discussion on Health and Wellness Fair
6. Schedule Date for Next Meeting and Discussion Topics for the Agenda
7. Adjourn

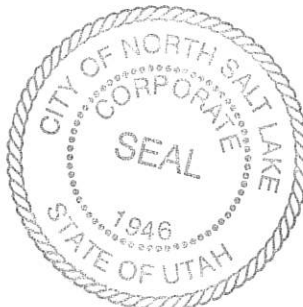
Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.

Notice of Posting:

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the foregoing agenda were posted on the Utah Public Notice Website: <https://www.utah.gov/pmn/>, City's Website: <https://nslcity.gov/>, and at City Hall: 10 East Center Street, North Salt Lake.

Date Posted: July 9, 2026

Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE
2 HEALTH AND WELLNESS COMMITTEE MEETING
3 CITY HALL-10 EAST CENTER STREET, NORTH SALT LAKE
4 JUNE 22, 2026
5

6 **DRAFT**
7

8 PRESENT: Jeff Scroger, Chair
9 Sam Ball
10 Mason Bennett
11 Nicole Whetstone, Vice Chair
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13 EXCUSED: Christine Seamons
14 Alisa Van Langeveld, City Council
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16 STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief.
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18 1. WELCOME AND INTRODUCTION
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20 Jeff Scroger, Chair, called the meeting to order at 6:04 p.m. and invited those present to
21 introduce themselves.
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23 2. CITIZEN COMMENT
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25 There were no citizen comments.
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27 3. APPROVAL OF MINUTES
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29 The Health and Wellness Committee minutes of May 11, 2026 were reviewed and approved.
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31 **Chair Scroger moved to approve the minutes of May 11, 2026, as written. Committee**
32 **Member Ball seconded the motion. The motion was approved by Committee Members Ball,**
33 **Bennett, and Scroger.** Committee Members Seamons and Whetstone were excused.
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35 4. TRAIL SERIES UPDATE
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37 Jeff Scroger provided an update, per Councilmember Van Langeveld's email, which noted that an
38 artist had been selected. He continued for the Get Out in the City Trail Series stickers there
39 would be eight total stickers for four trails and four City events. He noted that it was anticipated

to have the stickers ready for the July trail event. He asked if staff could post information about the Get Out in the City stickers on social media.

Mason Bennett reported on the trail cleanup and said it was well attended. He noted that there was a trail hike on June 15th which was not as well attended. He spoke on the potential to host a guided trail tour. Jeff Scroger offered to provide the guided tour in the Foxboro area.

Nicole Whetstone arrived at 6:08 p.m.

5. DISCUSSION ON HEALTH AND WELLNESS FAIR

Jeff Scroger said there had been several interested parties and mentioned the list of previous participants. He asked for help from the Committee in contacting those on the list. He suggested that the Health Fair info be updated to August 6th on City's website. He noted that Councilmember Van Langeveld had also requested staff create a Facebook event for the Health Fair/Back to School Night/Night Out Against Crime event.

6. DISCUSSION ON NEIGHBORHOOD BLOCK PARTIES

Nicole Whetstone reported on the neighborhood block parties and said she had not completed all the tasks. Ken Leetham commented that he would make it a higher staff priority to create the program details and suggested collaborating together to complete the work. He said the City Council had expressed interest and had approved the \$3,000 in the budget for this program.

Nicole Whetstone spoke on the proposed July 5th roll out date and suggested that this was flexible. Jeff Scroger suggested that the block parties could be advertised and held after Liberty Fest and July 4th as those were big City events.

Mason Bennett suggested the kickoff could be late July or August. Ken Leetham said July 24th would be a good date to aim for. He said the program materials and social media could then be launched and included in the City's newsletter.

Mason Bennet asked about the application page. Ken Leetham replied that it would link to a fillable form that staff could review.

The Committee reviewed items to potentially be included on the application including:

- Request for law enforcement/fire personnel or City Council attendance at the block party
- Request for City staff/representatives upon availability (list of available individuals)

- Information related to date, time, location of party
- Advanced notice (10 days)
- Any restrictions on locations (no street closures)
- List of locations (parks, churches, etc.)
- Who to invite (parameters-location or number of attendees, clarify neighbors vs friends)
- Clarify appropriate use for funds (drinks, food, supplies, not for alcohol)
- Invite flyer template
- Helpful tips
- Verification process for gift card (contract or agreement, ID or proof of City residency)
- Requirements for photos (submit to City with hashtag)
- Information packets (City Committee information, trail maps, City events)
- “City Supported” verbiage
- Other restrictions (hosts can only apply once per year)
- Deadlines (April 1st-November 1st)

Chief Black joined the meeting at 6:35 p.m.

Nicole Whetstone asked about the Davis Behavioral Health class. Chief Black commented that he had recommended this but could not make this a judicial decision.

Ken Leetham clarified that it was difficult to invite individuals from the court system. Chief Black added it would need to be a condition of probation or something similar.

Nicole Whetstone commented that Davis Behavioral would like to schedule a date for the Circle of Security class in September. She said they would cover expenses for food. Chief Black noted they would also provide childcare onsite.

Ken Leetham said staff would pick a date and advertise the class. Chief Black noted that two rooms would need to be reserved.

The Committee then discussed what should be included in the information packets. They suggested trail maps, City events, parks information, frequently asked questions (FAQs), QR code, any applicable information from the new resident packet, and City point of contact.

Ken Leetham commented that he would reach out to the staff members over the City committees to see if there were any publications they would like included. He added that he would create a newsletter item for the neighborhood block parties. Nicole Whetstone mentioned information from the CDC related to the benefits of social connection.

Nicole Whetstone asked if One Kind Act a Day had launched block parties. Mason Bennett replied that they were supporting the block parties in South Salt Lake and Tooele and were working with several other cities. He said One Kind Act may donate funds to the City and provide a flyer in the information packet. He mentioned that he could follow up with One Kind Act related to the City's neighborhood parties.

Jeff Scroger reported on the Summer Recreation adult Zumba class per Councilmember Van Langeveld's email and her suggestion for a one week class held Monday through Thursday at 10 a.m. at Legacy Park which coincided with regular summer recreation classes. He stated per the email the original instructor was not available and if a new instructor was not available Councilmember Van Langeveld recommended that the idea be tabled until next summer.

7. SCHEDULE DATE FOR NEXT MEETING AND DISCUSSION TOPICS FOR THE AGENDA

The Committee determined the following items would be discussed at the next Health and Wellness meeting on July 13th at 6:30 p.m.:

- Discussion of block parties
- Health and Wellness Fair

They also noted future agenda items:

- Point in time count/Code Blue report
- Advising on housing policy (Ken to report after 2026 Legislative session)
- Advising on transportation policy
- Advising on air quality
- Review of City's Wellness Survey results (June/July)
- Review draft policy and criteria involvement with non-city organizations (Ken)
- Discuss Wellness Fair/Night Out Against Crime/Back to School Night (on agenda through August)
- Discuss SHARP survey/action plan results
- Intergenerational Connection in the City (August)

8. ADJOURN

The meeting was adjourned at 6:55 p.m.

155 *The foregoing was approved by the Health and Wellness Committee of the City of North Salt*
156 *Lake on July 13, 2026 by unanimous vote of all members present.*

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Jeff Scroger, Chair

Wendy Page, City Recorder