

QUICK EMERGENCY CONTACTS

Keep these critical numbers handy for immediate assistance.

Child Abuse Hotline

1-855-323-3237

24/7 Intake & Reporting

Utah County Crisis Line

(801) 691-5433

Confidential crisis support

Crisis Text Line

Text START to 741-741

Free text support for all ages

This brochure compiles essential healthcare, safety, and educational support systems available across Utah County to assist families and community advocates.

Utah County Directory

Community Support Resources

211 United Way of Utah

Call 2-1-1

Connecting individuals and families to local essential community services, housing assistance, utility help, food resources, and disaster response.

Website: 211utah.org

Need Additional Help?

For immediate emergencies, always dial 911.

Referrals can be coordinated through local school counselors, healthcare providers, or community leaders.

RESOURCES FOR CHILDREN & YOUTH

UTAH COUNTY

A Comprehensive Quick Reference Guide for Families
and Caregivers
EMERGENCY & SUPPORTIVE SERVICES DIRECTORY

ABUSE & NEGLECT

Dept. of Child & Family Services (DCFS)

(1-855-323-3237 (24/7))

Services to protect children from abuse and neglect.

Children's Justice Center (CJC)

(801) 851-8554

Support and counseling for physical/sexual abuse trauma.

Family Support & Treatment Center

(801) 229-1181

Prevention and treatment for child abuse and family concerns.

Crisis Respite Nursery

(801) 229-1181

Safe environment during family crisis. Free for ages 11 & under. Available 24/7 for crisis.

The Family Academy (ACAFS)

(801) 377-5050

Assists families in reducing divorce/trauma effects. *Referral required from court, MD, or clergy.

CRISIS & SUPPORT

Hope 4 Utah

(801) 342-3444

Suicide prevention and intervention services for youth and leaders.

Vantage Point Youth Services

(801) 373-2215

Diverts runaway/ungovernable youth (ages 11-17) facing trouble or homelessness.

Encircle LGBTQ Family Center

(801) 613-7305

Workshops, mentoring, and free/reduced counseling for LGBTQ youth.

HEALTH SERVICES

Community Health Connect

(801) 818-3015

Medical/dental access for low-income & uninsured.

Kids Cause

(801) 885-4956

Provides vision exams, glasses, shoes, and coats. *School referral required.

HEALTH & EDUCATION

Mountainland Family Health Center

(801) 429-2000

Well-baby checks, immunizations, dental, pre-natal, and vision care.

Volunteer Care Clinic

(801) 812-8094

Free basic care for uninsured. Open Tue/Thu 5pm-7pm. No chronic care.

EDUCATION & PARENT SUPPORT

Care About Child Care

(801) 863-8589

Daycare and early education referrals.

Help Me Grow / Kids on the Move

(801) 691-5322 / (801) 221-9930

Parent resources (ages 0-8) and Early Head Start for special needs.

Mountainland Head Start

(801) 375-7981

Free school readiness for low-income children ages 3-5.

Utah Parent Center / Boys & Girls Club

(801) 272-1051 / (801) 371-6247

Disability support, after-school sports, and youth fitness programs (ages 6-18).