



STRONG FAMILIES: HEALING, HOPE & RESILIENCE

A Family Conference Featuring Guest Presenters:



David Cavazos,
Youth Case Worker



Mrs. Feelings,
Ila Fica, CMHC



Jace Meier, MHA



Annie Deming, PhD



Learn More and Register for FREE at:
bit.ly/UPCMentalHealthCon26

Join us for an engaging and informative day focused on emotional regulation and mental health! Parents and caregivers are warmly invited, and we're excited to offer a dedicated youth track for ages 12–17.



Hyatt House
9685 Monroe St.
Sandy, UT 84070



Friday, June 26th, 2026



9:00 AM - 4:00 PM

Questions?

Call: 801-272-1051

Email: Karina@utahparentcenter.org

