



Utah Developmental
Disabilities Council™

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March 15, 2026 – May 1, 2026

2027-2031 Five-Year State Plan

Goal 1: Community Supports

Individuals with Intellectual and Developmental Disabilities (I/DD) and their families have increased ability to access community life, services, and resources.

Objectives:

1. By September 2031, UDDC will help secure at least one ongoing funding source for home and community-based services¹ in Utah.
2. By September 2031, UDDC will help increase the number of students with I/DD participating in post-secondary readiness and career pathway programs, from baseline by 5%, by promoting and supporting post-secondary transition² planning and training opportunities.
3. By September 2031, UDDC will conduct at least 15 outreach and education events for care and service providers of people with I/DD about trainings and professional development opportunities.

4. By September 2031, UDDC will partner with and support the access and availability of accessible and affordable transportation options for people with I/DD in all Utah counties, as measured by established partnerships with transportation entities in each county.

5. By September 2031, UDDC will support and create projects that respond to emerging issues and trends affecting individuals with I/DD and their families.

Goal 2: Leadership and Advocacy

The Council will increase opportunities for people with intellectual and developmental disabilities, their families, and supporters to develop into effective advocates and community leaders.

1. By 2031, at least 75% of individuals with intellectual and developmental disabilities (I/DD) participating in Council-supported activities offered statewide will indicate the activities assisted them in developing meaningful peer supports and social connectedness, as measured by an outcomes survey.

2. By 2031, increase, from baseline, the percentage of people with I/DD and their families who report feeling equipped and supported to pursue the lives they want (based on 2027 baseline survey data).

3. Annually, the Council will provide outreach, training, technical assistance, and leadership skill development to strengthen self-advocacy organizations led by people with intellectual and developmental disabilities (I/DD). Additionally, the Council will expand the participation of people with I/DD on

at least one cross-disability and culturally diverse coalition, fostering more I/DD leaders and achieving a more unified self-advocacy movement.

1. Home- and Community-Based Services (HCBS) are types of person-centered care delivered in the home and community. A variety of health and human services can be provided. HCBS programs address the needs of people with functional limitations who need assistance with everyday activities, like getting dressed or bathing. HCBS are often designed to enable people to stay in their homes, rather than moving to a facility for care (CMS.gov).
2. Post-secondary transitions are plans, services and supports to facilitate the move from high school to adult life.