

SOUTHWEST BEHAVIORAL HEALTH CENTER AUTHORITY BOARD MEETING MINUTES

March 11th, 2026

Cedar City, Utah

PRESENT:

Commissioner Jerry Taylor
Commissioner Celeste Meyeres
Commissioner Wade Hollingshead

STAFF MEMBERS:

Michael Sherratt, Clinical Director
Rita Cervantes, Executive Assistant
Matt Gardiner, Controller
Melissa Veater, Prevention

EXCUSED:

Mike Deal, Executive Director SBHC
Commissioner Victor Iverson
Commissioner Paul Cozzens

CALL TO ORDER/ INTRODUCTIONS

The meeting was called to order by Commissioner Hollingshead, Vice-Chairperson of the Authority Board, who welcomed all those in attendance.

APPROVAL OF JANUARY MINUTES

Commissioner Hollingshead asked for a motion to approve the January 2026 Authority Board Minutes. Commissioner Meyeres made the motion to approve the minutes and Commissioner Taylor seconded the motion. The minutes were unanimously approved.

APPROVAL OF BI-MONTHLY OPERATIONS REPORT

Mike Sherratt briefed on the Bi-Monthly Operations Report Personnel Changes noting no negative separations and mentioned the excitement of a new SMR team member and some of the functions of the SMR team. Mr. Sherratt also reviewed; Major Expenditures, Risk Management, Director's Travel and Public Use of Center Facilities for the time period January – February 2026. Mr. Sherratt started with highlighting larger expenditures on the financial pages such as the payments for John Henry Smith payment for liability insurance & Davis Behavioral Health and reviewed the areas where there were special notes. All other payments were not out of the ordinary. Mr. Sherratt highlighted key incidents reported on the bi-monthly report and addressed any concerns related to liability. Mr. Sherratt discussed a matter in the Risk Management report that happened at Mountain View House in Cedar City and another incident at our Desert Haven location. Outpatient Med-Pass had an incident and there were 2 client deaths, both of which was death by suicide. Mr. Sherratt pointed out that Mr. Deal has submitted his travel reimbursements and explained one of the charges.

Mr. Sherratt brought up the report on the Outside Groups using our buildings and Commissioner Meyeres requested info on using the Kanab building for NA/AA and possibly the American Legion.

Commissioner Hollingshead asked for a motion to approve the Operations Report, Commissioner Meyeres made a motion to approve and Taylor seconded the motion. The report was unanimously approved.

APPROVAL OF BI-MONTHLY FINANCIAL REPORT

Mike Sherratt presented the Monthly Financial Status Report as of 1/31/2026. The total revenue is above and total expenditures are slightly under expectations, so we are doing well. Commissioner Hollingshead mentioned the insurance is very high.

Commissioner Hollingshead requested a motion to approve the Bi-Monthly Financial Status Report, Commissioner Taylor made the motion and Commissioner Meyeres seconded the motion. The voting was unanimous for approval.

LEGISLATIVE WRAP-UP/SUMMARY

Mike Sherratt opened up a discussion regarding a wrap up of the State's Legislative Session. Mr. Sherratt highlighted that the homeless campus up North did not go through, however there was Funding for homelessness to go to the Wasatch Front. The Behavioral Health Commission was granted 750 thousand. Nicotine taxes were raised and could generate 40 million for homelessness. HB 572 requires we report to law enforcement for a diversion program. Medicaid match removed.

MEDICAID CHANGES IN THE NEW YEAR

Mike Sherratt presented Medicaid changes in funding that was not significant, but is pretty stable. HR1 changes and Big Beautiful Bill. TAM Medicaid will fall under Capitation and ACO Medicaid for Washington County and subsequently will fall under Washington county for 4 other counties. New Year new changes with HR1.

BUDGET PREP FOR NEW FISCAL YEAR Mr. Gardiner has a meeting scheduled on April 1 with the State office of Mental Health and with the preliminary numbers it looks like the grants will look about the same as last year. An initial Medicaid budget was submitted, but there are concerns that they will not give what is asked, waiting to hear back. Health Ins for the new year, we pay more than others which was mainly due to 3 cases that were contributing to high costs and 2 cases will be dropping off, so hopefully the rates will drop, although SelectHealth is requesting another increase. Gallagher is looking for bids from other companies. Gathering requests for new building needs and repairs needed. Commissioners did give a COLA and or merit for the new year. There is a need to keep up with the inflation. Tentative budget on May 13 for approval.

CLINICAL REPORT (Prevention SHARPS Survey)

Mrs. Veater presented on Student Health And Risk Prevention Survey for Southwest Utah for 2025: Mrs. Veater shared some slides which showed comparisons from previous years of the survey. The survey is anonymous so it is believed the students are answering more honestly than they would if asked in person. The survey will begin administering in the fall for more participation. Melissa discussed Nicotine pouches, screen time and alcohol use. The Prevention Coalition is trying to get parents to talk to their kids more about all these subjects.

COUNTY BEHAVIORAL HEALTH OPEN DISCUSSION

Mr. Sherratt asked the Commissioners if there are any issues or concerns the Commissioners may have and wish to discuss in future meetings. No comments were made, other than what was stated throughout the meeting in other discussion topics.

Mr. Sherratt requested a closed meeting for possible litigation, Commissioner Meyeres moved to close the session, Commissioner Taylor seconded the motion and the meeting was unanimously closed.

Closed meetings are recorded separately from Board meeting minutes.

Board Meeting is now opened and resumed

DIRECTOR'S REPORT

Rita Cervantes addressed NATCON and reminded those Commissioners who are attending of dates, location and that the restaurant has been booked for the Monday night dinner and a text reminder with the information has been sent. Rita also mentioned that the airline per-diem is up to \$650 and hopefully flights are booked and to contact her directly with any questions.

Mr. Sherratt then stated there are two state site visits upcoming the next few weeks. The State Office of Substance Abuse and Mental Health will be on-site next week, and the Office of Licensing will be paying a visit to all our facilities between now and the end of the month. We will report in an upcoming Board meeting on the results.

MEETING ADJOURNMENT

Commissioner Taylor moved to adjourn the meeting and Commissioner Meyeres made the motion and Commissioner Hollingshead seconded the motion. The voting was unanimously in favor of adjournment.



Southwest Behavioral Health Center Authority Board Chairperson

5-13-26

Date