

MINUTES

RECREATIONAL THERAPY LICENSING BOARD MEETING

November 4, 2025

Heber M. Wells Bldg.

ELECTRONIC MEETING – 8:30 a.m.

Salt Lake City, UT 84114

CONVENED: 8:31 A.M.

ADJOURNED: 9:13 A.M.

DOPL STAFF PRESENT:

Bureau Manager: Jeff Busjahn

Board Secretary: Kelli Arriola

CONDUCTING:

Sasha Gordon, MTRS – Chair

BOARD MEMBERS PRESENT:

Sasha Gordon, MTRS - Chair

Chelsea Oliver, MTRS

Ambree Anderson, TRT

Jackie Milton, Public

BOARD MEMBERS EXCUSED:

Allysa Beers, TRS

GUESTS:

Kirsten Shumway – DOPL

Michelle Bill – Utah Recreation Therapy Association

Kristina Couron

ADMINISTRATIVE BUSINESS:

CALL MEETING TO ORDER:

Ms. Gordon called the meeting to order at 8:31 a.m.

OATH OF OFFICE FOR NEW BOARD MEMBERS - Chelsea Oliver & Ambree Anderson

Ms. Oliver was sworn in as a new member of the Utah Recreational Therapy Licensing Board.

Ms. Anderson was sworn in as a new member of the Utah Recreational Therapy Licensing Board.

REVIEW AND APPROVAL OF THE NOVEMBER 5, 2024 MINUTES:

Ms. Gordon motioned to approve the minutes.

Ms. Milton seconded the motion.
The vote in favor was unanimous.

DISCUSSION ITEMS:

LEGISLATIVE AND ENVIRONMENTAL SCAN:

N/A

REQUIRED ANNUAL OPEN AND PUBLIC MEETINGS ACT TRAINING:

Mr. Busjahn asked the board members if they all were able to complete the annual open and public meetings act training. Ms. Milton had some problems with one of the modules but was able to complete the training after the meeting. Ms. Gordon advised she will complete the training today.

BOARD OF RECREATIONAL THERAPY CHAIRPERSON DISCUSSION:

Ms. Milton motioned to appoint Ms. Gordon as board chair.
Ms. Oliver seconded the motion.
The vote in favor was unanimous.

DISCUSSION OF PROPOSED RULE R156-40:

(Refer to audio for specifics. Audio_Part1_10:12 – 41:26)

Mr. Busjahn advised the board members that rule R156-40 became effective July of 2025. There was a discussion regarding clarifying the Certified Therapeutic Recreation Specialist (CTRS) education or equivalency requirements within the rules, with consensus that the CTRS certification should be mandatory and active for licensure. The board explored how to define "approved" degrees in the rules, noting that they should align with NCTRC requirements while ensuring programs are from nationally or regionally accredited institutions. The board considered potentially allowing a portion (specifically suggested as five hours) of the required 20 hours of face-to-face training for Therapeutic Recreation Technicians (TRTs) to be conducted virtually to accommodate rural areas, although concerns regarding the quality of virtual versus in-person training were raised.

NEXT SCHEDULED MEETING: MAY 5, 2026

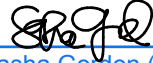
ADJOURN: 9:13 A.M.

The meeting was adjourned at 9:13 A.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred. For specific details, refer to the audio recording.

05/05/2026

Date Approved



Sasha Gordon (May 5, 2026 10:19:55 MDT)

Sasha Gordon - Board of Nursing Member

05/05/2026

Date Approved



Jeff Busjahn - Bureau Manager, DOPL