



URHS Student Athletics Handbook

2026-2027

I. Purpose and Philosophy

Participation in athletics and extracurricular activities at Uintah River High School (URHS) is a **privilege, not a right**. Student-athletes are prominent representatives of our school and community; therefore, they are held to a higher standard of conduct regardless of where or when an activity occurs.

Our mission is to promote values such as sportsmanship, respect, and a positive attitude. This handbook serves as the governing document for all matters of participation. By signing, students and guardians agree to these terms as the binding agreement for the season.

II. Eligibility Requirements

To participate in any USSA or school-sponsored activity, students must meet the following criteria:

1. Academic Standards

- **The Grading Period:** The grading period for URHS Athletics is one academic quarter.
- **The 2.0 & Zero D/F Rule:** In the preceding grading period, a student must have earned a minimum **2.0 GPA** and have **zero (0) below-average grades (D or F)**.
- **Ineligibility:** A student who fails to meet these requirements is ineligible for participation throughout the next grading period and until all requirements are met.
- **Posting & Finality:** Eligibility is determined when grades are finalized. Grade changes made **after** this date cannot restore lost eligibility, except in the case of a documented clerical error.

- **Rectifying Deficiencies:** Deficiencies from the final grading period of the school year must be made up prior to the start of the succeeding season by a method acceptable to URHS Administration. Deficiencies must be made up in the same subject area in which the student failed.
- **Limited Team Membership:** After the competition start date for any sport, players are **not allowed** to compete on any outside team in the same sport. Violation of this rule results in immediate loss of eligibility.

2. Attendance

- **Attendance & Participation:** Regular school attendance is a requirement for the privilege of participation. To remain eligible, students must maintain a minimum **70% attendance rate** during the current grading period.
- **Excused Absences & Exemptions:** Only the following "Excused" statuses are exempt from the 70% attendance calculation. **Prior administrative approval is required for all funeral leave:**
 - **School-Sponsored Trips:** Activities or athletics where the student is representing URHS.
 - **Medical:** Absences accompanied by an official doctor's note.
 - **Funeral Leave:** In accordance with Tribal/District policy, leave may be granted for:
 - **Immediate Family:** Up to five (5) days.
 - **Close Friends/Functionary:** Up to eight (8) hours
- **Official Status:** URHS Athletics follows the **Official School Attendance Policy** for all definitions and coding of absences. Eligibility is enforced based on the status recorded by the school office; it is the student's responsibility to ensure all absences are properly cleared prior to any contest or travel.

3. Required Documentation

The following must be turned in prior to any participation, including tryouts, practices, travel, and games:

- **Annual Physical:** A medical evaluation clearing the student for full participation.
- **UHSAA Tryout Checklist Form:** The official state-required form for participation eligibility.

- **Handbook Agreement:** Signed URHS Student-Athlete & Parent/Guardian Agreement.
- **Bus Policy:** Signed UIT Vehicle/Bus Transportation Policy.
- **Concussion Education Disclosure:** A signed acknowledgment form confirming that the student and parent have reviewed the mandatory concussion awareness materials (CDC "Heads Up").
- **Proof of Insurance:** Students must provide proof of accident insurance; URHS does not provide coverage.

III. Standards of Behavior & Code of Conduct

Students are expected to conduct themselves with dignity and respect at all times. As a representative of URHS, your behavior on and off campus reflects on your team, your school, and your community.

- **Sportsmanship:** Be courteous to officials, opponents, and fans. There is zero tolerance for disrespectful gestures, comments, taunting, fighting, or inappropriate language.
- **Substance-Free:** URHS maintains Zero Tolerance for the use, possession, or distribution of alcohol, tobacco, illegal drugs, or unauthorized substances.
- **Prohibited Actions:** Hazing, bullying, initiations, and any form of disrespect toward teammates, coaches, teachers, or staff are strictly prohibited.
- **Voluntary Withdrawal:** Any student-athlete who voluntarily quits a team after the official start of the season will not be allowed to rejoin that team for the remainder of the season

IV. Consequences for Violations

- **General Discipline:** Violations of the Code of Conduct may result in verbal/written warnings, loss of playing time, or dismissal from the team.
- **Misdemeanors:** Continued participation following a misdemeanor charge will be handled on a case-by-case basis depending on the severity of the offense.
- **Felonies:** Any student charged with a felony is immediately suspended from all activities until the charge is resolved.
- **Convictions:** If found guilty or entering a plea of no contest to a felony, the student is suspended from all activities for the greater of **180 school days** or the remainder of the current school year.

V. Communication & Transportation

- **The 24-Hour Rule:** To ensure respectful and productive dialogue, parents and players must wait 24 hours after an incident or event before addressing concerns with coaches or administrators. This rule applies to all team-related activities, including games, practices, and travel.
 - **Team Travel:** All students are required to travel to and from athletic events using school-provided transportation.
 - **Authorized Exceptions:** Students may only be released to their own parent or guardian following a contest if prior written authorization has been granted by the Administration.
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URHS Athletics Handbook Acknowledgment

HANDBOOK ACKNOWLEDGMENT

We, the undersigned, have received, read, and agree to the procedures, expectations, and requirements outlined in the **URHS Student Athletics Handbook**. We understand that these policies govern all aspects of participation in URHS Athletics.

STUDENT CONSENT

I agree to uphold the standards of conduct, academics, and attendance defined in the handbook. I understand that my participation is a privilege, and I agree to accept all school and team consequences should I fail to meet these requirements.

Student Name (Print): _____ Grade: _____

Student Signature: _____ Date: _____

PARENT/GUARDIAN CONSENT & CONTACT

I hereby consent to my student's participation in URHS Athletics. I have reviewed the handbook in its entirety and agree to support all policies therein, including those regarding eligibility, conduct, communication, and transportation.

Parent Name (Print): _____

Parent Signature: _____ Date: _____

Primary Phone: _____

Email: _____